

The relative contribution of psychological resilience and social support and the use of music during treatment to predict the meaning of life for those recovering from the Corona pandemic [Coffid-19]

Abstract :

The current study aimed to know the levels of psychological resilience and social support and the use of music during treatment and the meaning of life among a sample of those recovering from the Corona pandemic, as well as the nature of the relationship between psychological resilience and social support and the use of music and the meaning of life, and the possibility of using psychological resilience and social support and the use of music in predicting the meaning of life. The sample of the exploratory study consisted of [201] and the final study sample consisted of [405] of those recovering from the Corona pandemic. The study used measures of psychological resilience, social support, use of music and meaning of life, which were prepared by the researcher. The results of the study resulted in those who recovered from the Corona pandemic had high levels of psychological resilience, social support, use of music during treatment, and the meaning of life and on the existence of a statistically significant correlation at the level of [0.01] between psychological resilience and social support and the use of music and the meaning of life and the possibility of using some factors of psychological resilience and social support and the use of music [the total score and dimensions] in predicting the meaning of life. The results of the study also reached the ability of independent variables [psychological resilience, social support and use of music] to explain [91.9%] of the variance in the degrees of the dependent variable represented by the recovering awareness of the meaning of life, which indicates a high level of practical significance for the proposed model.