

CURRICULUM VITAE

Personal Data

Name: Salma Elsayed Mohammed Elsayed Elsheikh

Date of Birth: 27-4-1992

Nationality: Egyptian

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Educational Experience

- Bachelor's degree in physical therapy in 2013 from the faculty of physical therapy, at Cairo University.
- Master's degree in physical therapy in 2020 specializing in physical therapy for cardiopulmonary disorders and geriatrics
- Doctoral degree in physical therapy in 2024 specializing in physical therapy for cardiopulmonary disorders and geriatrics

Professional Experience

- Working as a physiotherapist in the physiotherapy department at Zifta General Hospital, Gharbiya Governorate.
- Working at the outpatient clinics of the faculty of physical therapy, at Cairo University.

Scientific Activities:

-Attendance and participation in conferences, workshops....

Conferences

Activity Attendance/ Participation	Date	Title of Conference	Type Local/ International	Organiser
Attendance	27,28 July 2022	Physical therapy and quality of life	International	
Attendance	27,28 July 2023	Physical therapy and quality of life	International	
Organization	25,26 July 2023	Physical therapy and quality of life	International	
Organization	29 May 2024	The third scientific day of the Department of P.T. for Cardiovascular/Respiratory Disorders & Geriatrics	Local	

Workshops and Training Courses

Activity Attendance/ Participation	Date	Title of workshop/ course	Organizer
Participation	2018	Evidence-Based Strategy in Medical Practice	
Participation	2019	Exams and Student Evaluation Systems	
Participation	2019	The Credit Hours Systems	
Participation	2019	Managing Time and Meetings	
Participation	2020	International Publishing of Scientific Research	
Participation	2021	Critical Thinking	
Participation	2021	Essentials of Integrated Education.	
Participation	2022	Decision Making and Problem Solving	
Participation	2022	Interactive Electronic Courses	
Participation	2022	Fundamentals of Digital Transformation Certificate	
Participation	2023	Stress Management	
Participation	2024	Academic Research Skills	
Participation	2024	Lymphedema Management: Complex Decongestive Therapy (Hands-on)	

Theses (Doctoral and Master) Supervision

No	Thesis Doc./ Master	Year	Student's Name	Title of Thesis	Co-authors
1	Master	2020	Salma Elsayed Mohammed Elsheikh	Effect of High-Intensity Interval Training on Blood Glucose Levels in Type 2 Diabetes	-Salma E. Elsheikh -Heba A. Abdeen -Mary.W. Fawzy,
2	Doctoral	2024	Salma Elsayed Mohammed Elsheikh	Effect of Bhramari versus Sheetali pranayama on quality of life in hypertensive patients.	-Salma Elsayed Mohammed, -Nesreen Gharib Mohamed Elnahas, -Abdel Wahab Mohammed Lotfy Mohammed Soliman, and -Ali Mohammed Ali Ismail.
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Scientific Publications

N	Type of paper	Year	Title	Participants (Co-authors)	Journal/ Conference	Type Local/ International
1	Original Article	2020	Effect of High-Intensity Interval Training on Blood Glucose Levels in Type 2 Diabetes	-Salma E. Elsheikh -Heba A. Abdeen -Mary.W. Fawzy,	Medical journal of Cairo university	Local
2	Original Article	2023	Effect of Bhramari versus Sheetali pranayama on quality of life in hypertensive patients.	-Salma Elsayed Mohammed, -Nesreen Gharib Mohamed Elnahas, -Abdel Wahab Mohammed Lotfy Mohammed Soliman, and - Ali Mohammed Ali Ismail.	Advances in Rehabilitation journal.	International
2	Conference Paper					

3	Book chapter					
4	Systematic review					

Scientific Research Review

Editor/Reviewer in international or local scientific journal

Journal Title	Type Local/ International	Number of reviewed researches

Other Activities

e.g.

- Teaching..... lecturer in the Department of Physical Therapy for Cardiopulmonary Disorders and Geriatrics, Faculty of Physical Therapy, Cairo University.
- Working as a coordinator in the lab training for the third level.
- Working as a coordinator for the scientific research standard for the credit hour program.
- Participation in credit hours for 3rd-level quality work from 2019.
- Membership in committee/ council/ control: Participation Control works.
- Participation in exams/ Participation in the practical and lab exams for the third level.

Appreciation and Honoring:

Last updated
month/year

August, 2024