

# CURRICULUM VITAE

**Dr. Mona Mohamed Taha El sayed**

---

## PERSONAL DATA

**Position** lecturer

Physical Therapy Department for Cardiovascular\Respiratory,  
Disorders and Geriatrics,  
Faculty of physical Therapy,  
Cairo University,  
Egypt.

**Mobile No.:** 01111351518, 01156299222, 01149008348

**Born** : Cairo, Egypt, 16<sup>th</sup> May 1981

**Nationality** : Egyptian

**Marital Status** : Married

**ID :** 28105160103908

**Address:** 2- Street No.9- Manshiat Gamal Abd El Naser-Helwan-cairo.

**E-mail** : monady2007@yahoo.com ,  
[rabusalem@gmail.com](mailto:rabusalem@gmail.com)

**General Speciality:** PHYSICAL THERAPY

**Specialization** : physical therapy for  
**Cardiovascular\Respiratory,  
Disorders and Geriatrics,**

## EDUCATIONAL BACKGROUND

Physical Therapy Department for Cardiovascular\Respiratory,  
Disorders and Geriatrics, Faculty of physical Therapy, Cairo  
University, Egypt.

**Ph.D. in Physical Therapy for Cardiovascular\Respiratory,  
Disorders and Geriatrics Awarded on November  
2011.**

Ph.D. Thesis entitled "**Response of Fatty Liver Patients To Moderate Versus High Intensity Aerobic Exercise.**"

**Doctoral Exam.:** April/2009.

**Rank:** Very Good

Physical Therapy Department for Cardiovascular \ Respiratory, Disorders and Geriatrics, Faculty of physical Therapy, Cairo University, Egypt.

**M.Sc in Physical Therapy for Cardiovascular\Respiratory, Disorders and Geriatrics Awarded on October 2007.**

M.Sc. Thesis entitled "*Predicted Peak Oxygen Consumption And Walk Test As A measure Of exercise capacity in COPD Patient*"

**Master Exam .:** april /2007.

**Rank:** 1<sup>st</sup> /Very Good

Physical Therapy Department for Cardiovascular \ Respiratory, Disorders and Geriatrics, Faculty of physical Therapy, Cairo University, Egypt

**B. Sc. in Physical Therapy May 2001.**

**General Estimation of "Very good with Honor" .**

**Last year grade: Very Good.**

## ***PROFESSIONAL EXPERIENCE***

***2011 till present***

### **Lecturer**

Physical Therapy Department for Cardiovascular\Respiratory, Disorders and Geriatrics,  
Faculty of physical Therapy,  
Cairo University,

## ***2007-2011***

### **Assistant Lecturer**

Physical Therapy Department for Cardiovascular\Respiratory,  
Disorders and Geriatrics,  
Faculty of physical Therapy,  
Cairo University,

## ***2003-2007***

### ***Demonstrator***

Physical Therapy Department for Cardiovascular\Respiratory,  
Disorders and Geriatrics,  
Faculty of physical Therapy,  
Cairo University.

## **Conferences Attendances:**

- The Scientific Conference, Arab Confederation for Physical Therapy (ACPT ) Cairo University, Egypt, 2010.
- Physical Therapy Conference Alexandria July 2012 under the title of Musculoskeletal Disorder
- Physical Therapy Conference (cairo university) 2013
- National Research Centre The 11<sup>th</sup> international congress of medical science 2013.
- Physical Therapy Conference (cairo university) 2014
- 10<sup>th</sup> national conference of human performance in health and disability 2014
- Physical Therapy Conference (cairo university) 2015
- 10<sup>th</sup> national conference of human performance in health and disability 2015

## **Workshops Attendances:**

- Workshops in Faculty and Leadership Development Project , Cairo university ,include:

**Scientific Writing and international publication (3-5 /7/ 2006)**

**Thinking Skills (14-16 /8/ 2006)**

**Scientific research methods (28- 31 /8 / 2006)**

**New Directions in teachings (4- 6 / 9/ 2006)**

**Credit hour system (10-12 / 1/ 2011)**

**Research Team Management (7- 9 / 3/ / 10/ 2011)**

**Communications skills (14- 16 / 7/ 2012)**

- Workshop in evaluation of question paper, Cairo university/2012
- Workshop in quality culture Cairo university/2012
- Workshop in academic guidance Cairo university/2012
- Workshop in active leadership Cairo university/2012
- Workshop in" DPT Curriculum Instruction Training"
- Workshop in "DPT Curriculum Instruction Training" Building an Online Course 2013
- Workshop about (Active Leadership)2013
- Workshop about (strategy planning) 2013
- Workshop about ( E learning) 2013
- Workshop about(international publication) 2013
- Workshop about biomedical statistics 2013
- Workshop about ethics and law of job 2014

- Workshop about ethics of scientific research 2015

## **Teaching Duties:-**

- **Subjects:** P.T. for internal medicine and geriatric for undergraduate
- **Subjects:** P.T. for Cardiovascular \Respiratory, Disorders for undergraduate
- Teaching Physical Therapy for Cardiovascular \Respiratory, Disorders and Geriatrics subjects for post graduates.

## **Quality assurance and accreditation center :**

- Member in Standard of scientific research from 2011 till 2015
- Our faculty got accreditation at 2015

## **Supervisor on many master and doctoral thesis**

## **Control & Exams Duties:-**

- Member in Post graduates Control /November 2011.
- Member in Post graduates Control /April 2012.
- Member in Post graduates Control /April / November 2013
- Member in Post graduates Control /April /november 2014

- Member in Post graduates Control /April / november 2015
- 

## **The Library Committee:**

**Member in The Library Committee**

## **Electronic Learning:**

Physical therapy for geriatric course

## **Publications:**

- **Mona Mohamed Taha<sup>1</sup> and Shereen Hamed El sayed <sup>2</sup>**  
:Effect of resistive training on serum adiponectin and liver fat in prediabetic fatty liver, bulletin of physical therapy cairo university.2013
- **Gihan Samir Mohamed and Mona Mohamed Taha**  
<sup>2</sup>Aerobic versus resistive training effect on immunoglobins in obese women ,Physical Therapy Conference (cairo university) 2014
- **Ashraf Abdelaal Mohamed Abdelaal<sup>1</sup> ,Mona Mohamed Taha <sup>2</sup> and Heba Bahey:**Effects of Positive Expiratory Pressure Breathing on Functional Outcomes in patients with Chronic Obstructive Pulmonary Disease after Major Abdominal Surgeries: Randomized Controlled Trial ,International journal of advanced research ,International Journal of Advanced Research (2014), Volume 2, Issue 7, 784-801.

- **Mohamed Ibrahim Ahmed Ibrahim Mabrouk<sup>1</sup>, Nagwa Mohamed Badr<sup>2</sup>, Mona Mohamed Taha<sup>3</sup>, Ahmed Mohamed Fathi El Shiwi<sup>4</sup>, Ashraf Abdelaal Mohamed Abdelaal<sup>5</sup>, Shymaa Mohamed Ali<sup>6</sup>, Alaa Mohamed Abd El Hamed<sup>7</sup>** Effect of extracorporeal shock wave therapy on skin blood perfusion in patients with diabetic foot: Randomized controlled trial. International Journal of Advanced Research (2015), Volume 3, Issue 3, 689-696
- <sup>1</sup>**Mona Mohamed Taha**    <sup>2</sup>**Marwa Abd El-Rahman Mohamed**    <sup>3</sup>**Marwa Esmael Hasanin** **EFFECT OF HIGH INTENSITY INTERVAL TRAINING ON ENDOTHELIAL FUNCTION IN POSTMENOPAUSAL HYPERTENSIVE PATIENTS: RANDOMIZED CONTROLLED TRIAL** Int J Physiother. Vol 3(1), 39-44, February (2016)
- *Mona M. Taha<sup>1</sup>, Faten E. Ali* **Pulmonary muscle function response to inspiraory muscle training in multiple sclerosis patients** International Journal of Therapies and Rehabilitation Research 2016, 5: 4
- **Mona Mohamed Taha<sup>1,\*</sup>, Heba Ahmed Abdeen<sup>1</sup>, Rafeek Abdallah Abdelsamaia<sup>2</sup>** **High Intensity Interval Versus Continuous Moderate Aerobic Training as a Prophylaxis of Diabetic Nephropathy** International Journal of Diabetes Research 2016, 5(1): 14-19

**Mona Mohamed Taha <sup>2</sup>Marwa Abd El-Rahman Mohamed •**

**<sup>3</sup>Marwa Esmael Hasanin** EFFECT OF HIGH INTENSITY  
INTERVAL TRAINING ON ENDOTHELIAL FUNCTION IN  
POSTMENOPAUSAL HYPERTENSIVE PATIENTS:  
RANDOMIZED CONTROLLED TRIAL Int J Physiother. Vol  
3(1), 39-44, February (2016





