

## **Mohamed Marzouk Mohamed Ragab**

**Academic Rank:** Lecturer of physical therapy, Physiotherapy for basic science

**Contact:** [mohammed.marzouk@cu.edu.eg](mailto:mohammed.marzouk@cu.edu.eg) , [Marzouk\\_1312@outlook.com](mailto:Marzouk_1312@outlook.com) , T: 0201008567831

**CU Scholar:** [https://scholar.cu.edu.eg/mohamed\\_ragab/](https://scholar.cu.edu.eg/mohamed_ragab/)

**Cairo University Scholar:** Mohamed Ragab

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**Personal Information**, Date of birthday: 13 December 1988, Cairo, Egyptian.

Academic Qualifications:

- **(Bsc)** Bachelor of physical therapy, Cairo University, Egypt, 2009
- **(Msc)** Master of physical therapy, Cairo University, Egypt , 2015
- **(PHD)** of physical therapy, Cairo University, Egypt, 2019

**Work Experience and Employment History:**

- **Lecturer** of Basic Science Department, Cairo University, Egypt from 2021 to present
- **Associate Lecturer**, Faculty of physical Therapy, Cairo University, Egypt, from 2015 to 2021
- **Instructor**, Faculty of physical Therapy, Cairo University, Egypt, from 2009 to 2015

**Publication and Conferences:**

- “Effectiveness of Adding Cognitive Behavioral Approach to Physical Therapy for Chronic Cervical Radiculopathy” (2019). Journal of Medical Sciences, 19(2), 75-80.
- “Active Release Technique versus Muscle Energy Technique on Hamstring Flexibility in Normal Adults” (2016). Asian Confederation of Physical Therapy Congress.
- “Effect of Submaximal Eccentric versus Maximal Isometric Contraction on Delayed Onset Muscle Soreness” (2015). International Journal of Medical and Health Sciences, 9(8), 613-619.
- The 3rd International Conference of Experts on Disability and Rehabilitation Organized by Uniazah Association for Humanitarian Services in Collaboration with Qassim University held 6-8 / 3 / 2018 in Qassim, Saudi Arabia.

**Continuing Education:**

- “Geriatrics care” workshop at 12th International scientific conference on physical therapy, Cairo University, Egypt, 4 – 6 March -2009.
- “Therapeutic management from infancy to adulthood in individuals with neuromotor impairments” International workshop - faculty of physical therapy, Cairo University, 21-22 March 2015.
- “Strategic Planning” course at faculty and leadership development center, Cairo University, Egypt, 19-20 June -2019.
- “Arabic and English Editing in Scientific Research” course at faculty and leadership development center, Cairo University, Egypt, 1-2 July -2019.
- “Use Letters as Keys in Practice” Saudi Physical Therapy Association, Qassim, Saudi, 3 August -2019.
- “Infants Handling and Positioning at Tummy Life” workshop, Saudi Physical Therapy Association, Qassim, Saudi, 25 January -2020.

**skills:** Effective communication, Analytical thinking, planning, Organization and prioritization, Team leadership, and Excellent in Microsoft office and internet.