



Curriculum Vita

Name: Reda Mohamed Nabil Aboushady

Age: 38 years

Date of birth: 15 - 4 -1977

Marital status: Married with three children

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Present position: Lecturer in Maternal and Newborn Health Nursing.

Scholarship: Joint scholarship for two years USA for doctor degree.

Years	Academic positions
2012till present	Assistant professor at College of Applied Medical Sciences At Shaqra
2011-2012	Lecturer in Maternity and newborn health nursing, Faculty of Nursing, Cairo University, Egypt.
2009- 2011	PhD student, France Payon Bolton School of Nursing, Case Western Reserve University, Cleveland, OH.
2006 – 2011	Assistant lecturer, Maternity and Newborn Health Nursing, Faculty of Nursing, Cairo University, Egypt.
2000 – 2005	Clinical instructor of Maternity and Newborn Health Nursing, Faculty of Nursing, Cairo University, Egypt.

Years	Learning qualifications
2011	PhD degree in Maternity and newborn health nursing, Faculty of Nursing, Cairo University, 2011. Dissertation title: Patterns of Weight Gain and Maternal Outcomes among Hypertensive Egyptian Women: Implementing A plan of Action.
2009-2011	PhD courses from 2009- 2011 in Case Western Reserve University, USA <u>Nurs 531 basic statistics</u> <u>Nurs 630 Advanced statistics</u> Nurs 531 Research methods
2007-2009	PhD courses, Faculty of Nursing, Cairo University, Egypt
2006	Master degree in Maternity and newborn health nursing, <u>excellent degree</u> , Faculty of Nursing, Cairo University, 2006. Thesis title: “Electronic Fetal Heart Patterns and Pregnancy outcomes of Women undergoing Induction of labor by using Different Doses of Misoprostol”.
2001-2003	Master courses
2000-2002	Studying many courses about different nursing skills including basic skills, and skills in ICU. Courses about research process, Curriculum Science, Nursing Administration, Clinical teaching, and in-service education
1999-2000	Bachelor of nursing science: degree award by Cairo University with grade <u>very good with honor degree.</u>

Years	Language & Computer
2009	International English Language Testing System (IELTS) with score 5.5
2009	International Computer Driving License (ICDL)
2002	Training program in computer science in the following Microsoft programs: (Word, Power Point, Excel, Access, internet searching).
2001	International Test of English as a Foreign Language (TOEFL) test score of 517

Years	Professional Experience
2012- till now	<p>Assistant professor in Maternity and newborn health nursing, at College of Applied Medical Sciences At Shaqra, KSA.</p> <ul style="list-style-type: none"> - Clinical supervision for undergraduate student(Maternity and newborn Health Nursing) - Clinical supervision for undergraduate student(communitiy Health Nursing) - Clinical supervision for Bridging student(Maternity and newborn Health Nursing) - Clinical supervision for undergraduate student(Psychiatric Health Nursing). - Responsible for teaching local and global issue in nursing for undergraduate & postgraduate level. - Responsible for teaching evidenced-based practice &critical thinking. - Responsible for teaching Health assessment in nursing for undergraduate level.
2011- 2012	<p>Lecturer in Maternity and newborn health nursing, Faculty of Nursing, Cairo University.</p> <ul style="list-style-type: none"> - Responsible for teaching Maternal and Newborn Health Nursing for undergraduate level. - Responsible for teaching Midwifery for postgraduate students. - Responsible for training of postgraduate students. - Clinical supervision for undergraduate & postgraduate students. - Responsible for construction of undergraduate exam. - Participate in preparation of workshop, and conferences. - Sharing in preparation course specification for undergraduate, master and doctorate. - Supervision in clinical evaluation of undergraduate & postgraduate students. - Sharing in preparation master program 2011-2012 - Participate in training internship students.

2006 – 2011	Assistant lecturer, Maternity and Newborn Health Nursing, Faculty of Nursing, Cairo University.
2000 – 2005	Clinical instructor of Maternity and Newborn Health Nursing, Faculty of Nursing, Cairo University.
Years	Training courses
2011	The Credit Hour System, Cairo University.
2011	Financial Aspects & University , Cairo University.
2011	Communication Skills ,Cairo University.
2011	Competitive Research Projects, Cairo University.
2009	Quality in clinical area, Cairo University.
2006	Critical thinking skills, Cairo University.
2006	E-learning ,Cairo University.
2006	decision making & problem solving, Cairo University.
2006	Scientific Research ,Cairo University.
2005	Family planning, infection control, diabetes, hypertension, nutrition through life span (Giza, Elwahat) Egypt.

Year	Clinical experience
2015	Attending and active participating in the third international Cairo university conferences
2015	Attending and active participating in International conferences at Faculty of Nursing, Menoufia University
2012	Responsible about the clinical practice for the master students in course of Maternal & Newborn Health Nursing
2011 till now	Participating in different research studies in the field of maternity nursing, obstetrics, and gynecology
2011	Teaching undergraduate and postgraduate students
2004 till now	Teaching Maternal and Newborn health nursing for undergraduate students in Faculty of Nursing (Cairo University)
2001-2009	Acting as member in the internship affairs committee, faculty of nursing, Cairo University

Years	Membership
2015	Reviewer in British Journal
2012-2013	Coordinator second and third student forum at shaqra college. KSA
2013	day cancer in coordinator
2013	services community,
2013 till now	Responsible college activity at shaqra college. KSA
2012-2013-2014	Member in nursing control
2012	Nursing coordinator of Academic advising at shaqra college. KSA
2011-2012	Acting as member in research project unit, faculty of nursing, Egypt.
2011	Acting as member in equipment maintenance unit, Faculty of Nursing.
2011	Acting as member in quality assurance unit.
2001-2005	Acting as member in the internship affairs committee, faculty of nursing, Cairo University

Years	Publication
2013-2014	Manual of maternity and Newborn Health Nursing Department, Faculty of Nursing, at shaqra college, KSA
2011-2012.	Manual of maternity and Newborn Health Nursing Department, Faculty of Nursing, Cairo University
2010	Poster of:“Electronic Fetal Heart Rate Pattern and Pregnancy Outcome of Women Undergoing Induction of Labor by Using Different Doses of Misoprostol”, <u>presented in research show case “Event Program” case Western Reserve University April15, 2010.</u>

Years	Conferences
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2013	Attending the 4 th scientific forum of students at Shaqra University, KSA.
2012	Attending the 3 rd scientific forum of students at Shaqra University, KSA.
2008	Attending the 4th International Conference of Scientific Research and its Applications. Cairo University.
2007	Attending the 3 rd international annual scientific, conference of Maternal and Newborn Health, Nursing department. Faculty of Nursing, Cairo University.
2007	Attend the 3 rd International Conference of Scientific Research and its Applications, Cairo University.
2006	Participating in the international conference, Faculty of Medicine.
2005	Attending the 2 nd international annual scientific conference of Maternal and Newborn Health Nursing department. Faculty of Nursing, Cairo University.
2004	Attendance in the 1 st international annual scientific conference of Maternal and Newborn Health Nursing department. Faculty of Nursing, Cairo University.
2004	Attend the second International Annual Scientific Conferences of Maternal and Newborn Health Nursing Department Faculty of Nursing Cairo university (Women's and family Health Millennium: Evidence Based Practice.
2003	Attend the first International Annual Scientific Conferences of Maternal and Newborn Health Nursing Department Faculty of Nursing Cairo university (Discovering women's and Family Health Reality: A road for Nursing success)

Years	Workshops
2013	Human resources, Applied Medical Science At Shaqra. KSA.
2012	Time management, Applied Medical Science At Shaqra. KSA.
2012	Annual report ,Applied Medical Science At Shaqra. KSA.
2012	حضور ورشة عمل عن التقويم الذاتى والتقدير النجمى - بالمركز الثقافى بشقراء.
2012	Stem cells and its uses in the treatment , Cairo University.
2011	"Nursing Education in Japan" by Toyoaki Yamauchi MD, ND, PhD. March 14, 2011 in Case Western Reserve University, USA.

2011	"Research Best Practice Day", Friday March 18, 2011. USA.
2010	"The research practice gap" the institute of health care improvement (IHI), September 23 the 2010, in Case Western Reserve University, USA."
2009	Attend the workshop impact of supportive teaching for maternity & pediatrics nursing student on their knowledge and skills.
2009	Attend workshop of clinical teaching
2009	Attend workshop of an introduction of OSCE versus traditional methods in nursing education. Faculty of Nursing, Cairo University.
2009	Attend self-learning workshop for faculty staff, Cairo University.
2008	Attend workshop entitle " credit hours" at faculty of nursing, Cairo university.
2007	Attending Training program in course specification, at faculty of nursing, Cairo university.

Years	Research Seminars
2014	Participate in Statistical analysis (Basic& advanced) seminar, KSA
2013	Participate in Research Methodology, KSA
2012	Attending in Total quality management, KSA
2011	Attended a seminar entitled Leadership Styles at Faculty of Nursing- Cairo University.
2011	Decision support: Helping Surrogate Decision Maker Make Informed Decisions", 2011. USA.
2011	Informed Consent process, in lakeside 1400, USA.
2011	UH Case Medical Center IRB- IRIS. Request for revision. Revising document and responding to the IRB. USA.
2011	UH Clinical Research policies. USA.
2011	Research Best Practices: Monitoring for success. USA.
2011	How to use Research Match as a Recruitment Tool,in lakeside 1400, USA.
2011	Improving Community Based Chronic Care Management with mHealth Technologies, USA.

	Attending the 4th International Conference of Scientific Research and its Applications. Cairo University
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Years	International Publication of Research articles
2014	Knowledge of Pregnant Women Regarding Folic Acid: A Suggested Plan of Action. <i>International Journal of Health Sciences and Research</i> <i>www.ijhsr.org</i> ISSN: 2249-9571
2015	Effect of Organized Educational Sessions on Women's Knowledge and Perception Toward the Risk Factors for Osteoporosis. <i>. International of Journal of Research in Nursing and Midwifery (JRNM)</i>
2015	Sider Honey Vs. Fluconazole and the Cure Rate of Vulvovaginal Candidiasis. <i>IOSR Journal of Nursing and Health Science (IOSR-JNHS) e-ISSN: 2320-1959.p- ISSN: 2320-1940 Volume 4, Issue 3 Ver. III (May. - Jun. 2015), PP 05-14</i> www.iosrjournals.org
2016	Clinical instructor's behavior: Nursing student's perception toward effective clinical instructor's characteristics. <i>Journal of Nursing Education and Practice</i> 2016, Vol. 6, No. 2
2015	Effect of postpartum exercise on maternal physical and psychological well-being (on going process)
2016	Effect of Two Different Nursing Care Approaches on Reduction of Breast Engorgement among Postnatal Women. <i>In review of Journal of Nursing Education and Practice</i>

Years	National Publication of Research articles
2013	Risk Factors of Contact Lens-Related Complications: Basic Nursing Principles for Healthy Contact Lens Habits. <i>Nursing Journal, Faculty of Nursing, Cairo University.</i>
2013-2014	Effect of Stretching exercise on alleviates premenstrual symptoms among students). <i>At international conferences At Hellwan, Faculty of nursing, Egypt.</i>
2014	Effect of Educational Sessions on Women's Knowledge about Symptoms and Risk Factors for Ovarian Cancer. <i>International conferences at Faculty of Nursing, Menoufia University</i> <i>And published in ZagZage Journal</i>
2015	Impact of physical exercise on daily living activity among women with early osteoarthritis. <i>Nursing Journal, Faculty of Nursing, Cairo University</i>
2015	Breathing Technique and Effleurage Modalities: A Comparative Study on Pain Intensity and Course of labor among laboring Women. <i>In review of Nursing Journal, Faculty of Nursing, Ain Shams University</i>
2016	The Effect of Post-Birth Immediate Maternal and Newborn Skin to Skin Contact on Duration of Third Stage of Labor and Initiation of Breast Feeding among Primiparea. <i>(on going process)</i>

Years	Clinical Activity
2013-2014	كلية العلوم الطبية التطبيقية بشقراء (مشرفة الانشطة بالكلية منسق الايام العالمية بالكلية: يوم العالمي للتمريض- يوم العالمي للسرطان- يوم الصحة – يوم الشجرة مسئولة حملة النهر الجاري- حملة اتركها نظيفة- فعاليات يوم اليتيم
2011-2012	Work as Coordinator for the workshop ,research seminar , KSA
2001-2005	الاشترارك بالقوافل الطبية في كافة انحاء الجمهورية –مصر الجيزة وضواحيها (Community Services in Egypt)
2001-2009	Health educator in different area in maternity

Award		
Years	Award by	
2015	The fifth scientific forum of students at Shaqra University, KSA	Coordinator
2014	Activities coordinator	Coordinator
2014	The fourth scientific forum of students at Shaqra University, KSA	Judgment of research
2013	The third scientific forum of students at Shaqra University, KSA	Judgment of research
2008	The community services	Sharing and participate-
2007	The community services	Sharing and participate
2006	Department of Maternal and Newborn Health Nursing, faculty of Nursing, Cairo University. Based on student selection	Best assistant lecture
2005	Department of Maternal and Newborn Health Nursing, faculty of Nursing, Cairo University. Based on student selection	Best clinical instructor
2004	Department of Maternal and Newborn Health Nursing, faculty of Nursing, Cairo University. Based on student selection	Best clinical instructor
2003	Department of Maternal and Newborn Health Nursing, faculty of Nursing, Cairo University. Based on student selection	Best clinical instructor
2002	Department of Maternal and Newborn Health Nursing, faculty of Nursing, Cairo University. Based on student selection	Best clinical instructor
2001	Cairo University, Staff Club	Best clinical instructor

2001	Department of Maternal and Newborn Health Nursing, faculty of Nursing, Cairo University. Based on student selection	Best clinical instructor
2001	Clinical instructor in department of Maternal and Newborn Health Nursing, faculty of Nursing, Cairo University	Work volunteer for three months