

CURRICULUM VITAE

Personal Data

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Educational Experience

- PhD degree in physical therapy, Faculty of Physical Therapy, Cairo University, Egypt, in 2021, with "very good" grade.
- MSc. degree in physical therapy, Faculty of Physical Therapy, Cairo University, Egypt, in 2017, with "very good" grade.
- BSc. degree in physical therapy, Faculty of Physical Therapy, Cairo University, Egypt, in September 2010," Excellent with an honor degree".

Professional Experience

- **Position held:** lecturer (from 8/2021 to date).
- ❖ **Duties:** Teaching undergraduate courses for fourth year students, preparing and giving examinations, grading examinations and supervising protocols and seminars for postgraduate students.

- **Position held:** Assistant lecturer (from 7/2017 till 7/2021).
- ❖ **Duties:** Teaching some undergraduate clinical and practical courses for third and fourth years students, developing teaching materials, preparing and giving examinations, grading examinations or papers and supervising interns in the out-patient clinic facilitating their learning process and assessing their performance.
- **Position held:** Demonstrator (from 12/2012 till 6/2017)
- ❖ **Duties:** Teaching some undergraduate clinical and practical courses for third year students and practical courses of anatomy for first and second years students in January 2013 , developing teaching materials and supervising interns in the out-patient clinic facilitating their learning process and assessing their performance.

Scientific Activities:

-Attendance and participation in conferences, workshops....

Conferences

Activity Attendance/ Participation	Date	Title of Conference	Type Local/ International	Organiser
Attendance	4-6 March 2009	Physiotherapy towards modernization and development	International	Physical Therapy Faculty, Cairo University
Attendance	25-26 April 2013	Physical Therapy The Future of Treatment	International	Physical Therapy Faculty, Cairo University
Attendance	6-7 March 2014	Manual Therapy & Technology in Physical Therapy	International	Physical Therapy Faculty, Cairo University
Attendance	10-11 March 2016	Empowering Disability	International	Physical Therapy Faculty, Cairo University

Attendance	19-20 May 2016	Scientific view of obesity management	Local	Middle East Association of Alternative Treatment
Attendance	27-28 July 2023	Physical Therapy and Quality of life	International	Physical Therapy Faculty, Cairo University

Workshops and Training Courses

Activity Attendance/ Participation	Date	Title of workshop/ course	Organiser
Attendance	2007-8-18 to-8-30 2007	Emergency-1stAid course	General organization of teaching hospitals & institutes (Banha teaching hospital)
Attendance	2009-3-5	Quality education opportunities	Physical Therapy Faculty Cairo university
Attendance	2009-3-6	Student reference assessment	Physical Therapy Faculty Cairo university
Attendance	2009-3-5	Integrating the disabled in education and work to reach development	Physical Therapy Faculty Cairo university
Attendance	2009-3-6	Towards a better integrated care for the elderly	Physical Therapy Faculty Cairo university
Attendance	4-7-2010 to-7-8 2010	Radiology for physiotherapists course	National training institute
Attendance	2010	Back management and manual therapy course	The General Physical Therapy Syndicate of Egypt
Attendance	28-12- 2010 to-1-23 2011	Stroke Rehabilitation course	New Kasr Al- Aini Teaching Hospital
Attendance	2012	Conversation English course of pre-advanced level	Amideast organization
Attendance	2013-3-27	Postgraduate Studies and scientific research	Quality Assurance and Accreditation Centre, Cairo University
Attendance	2013-3-4	Personality patterns and ways of dealing	Physical Therapy Faculty Cairo university
Attendance	2013-3-6	Scientific writing method	Physical Therapy Faculty Cairo university
Attendance	2013	Rehabilitation workshop	Physical Therapy Faculty

		for patients after open heart operations	Cairo university
Attendance	1/4 to 2013/4/3	E-Learning " Course code 19 "	FLDC
Attendance	7/5 to 2013/5/9	Exams and standards " Course code 34"	FLDC
Attendance	2/8 to / 2/9 2014	Effective Presentation Skills " Course code 11"	FLDC
Attendance	8/13 to 2014/8/14	Quality " Course code 35"	FLDC
Attendance	9/8 to 2014/9/9	Meeting and managing time " Course code 42"	FLDC
Attendance	12/9 to 2015/12/10	International publishing of scientific research " Course code 36"	FLDC
Attendance	2016	How to deal with different life stresses	Physical Therapy Faculty Cairo university
Attendance	2017	How to write and publish research	Medical Research Group of Egypt (MRGE)
Attendance	2017	English phonetics course	Jomana from A to Z
Attendance	-12-18 2017 to -12-19 2017.	The management of change	FLDC
Attendance	2018-8-8 to-8-9 2018	Professional ethics and conduct in university work	FLDC
Attendance	-12-24 2018 to -12-25 2018	Making decisions and solving problems	FLDC
Attendance	-08-2019 28 to -08-2019 29	The Creative thinking	FLDC
Attendance	-03-2020 09 to-03-2020 10	Work stress management	FLDC
Attendance	-11-2020 02 to-11-2020 03	The Critical thinking	FLDC
Attendance	-01-2021 11 to	Fundamentals of blended Learning	FLDC

	-01-2021 12		
Attendance	-03-2021 20 to -03-2021 21	Fundamentals of Database	FLDC
Attendance	من : 2021 الي: 24-03 -03-2021 25	Presentations	FLDC
Attendance	-03-2021 22 to -03-2021 23	Introduction to Computer Networks	FLDC
Attendance	-03-2021 17 to -03-2021 18	Operating System	FLDC
Attendance	-03-2021 15 to -03-2021 16	Fundamentals of IT	FLDC
Attendance	-03-2021 15 to-2021 16-03	Word Processing	FLDC
Attendance	-03-2021 22 to -03-2021 23	Spreadsheet	FLDC
Participation	2021-9-12	1-Role of Physical therapy in urinary dysfunctions. 2- Aerobic Versus Resistance Exercises on Liver Enzymes Following Burn Injuries.	Workshops for internship students under the supervision of the Clinics Complex, Faculty of Physiotherapy, Cairo University
Participation	2022-1-4	Role of Physical therapy after hernial repair operations.	Workshops for internship students under the supervision of the Clinics Complex, Faculty of Physiotherapy, Cairo University
Attendance	9-8-2023	Basics in Manual Lymphatic drainage (Vodder technique): Hands on level one.	Physical Therapy Faculty Cairo university
Attendance	22-10- 2023 & 9-11-2023	Wound from A to Z	Physical Therapy Faculty Cairo university

Theses (Doctoral and Master) Supervision

No	Thesis Doc./ Master	Year	Student's Name	Title of Thesis	Co-authors
1	Master	2022	Osama Fouad Sayed	Efficacy of two different pulsed electromagnetic field therapy programmes on post-herpetic neuralgia of the sciatic nerve.	Prof.Dr. Zakaria Mowafy and Prof.Dr. Hamed Abd Allah Hamed
2	Master	2022	Dina Ibrahim Yosuf El Shaed	Microcurrent versus trans cutaneous electrical nerve stimulation in treatment of post herpetic neuralgia.	Prof.Dr. Haidy Nady Asham and Prof. Dr. Ahmed S. Abd Elshafy
3	Master	2022	Alaa Tarek Bendary	Effect of diclofenac sodium Phonophoresis on carpal tunnel syndrome post burn.	Assist. Prof. Dr Hussein Gamal Hussein and Dr. Amr Ahmed Zaki.
4	Master	2022	Eva Saab kamel	Aerobic Exercises versus Laser Puncture Therapy on Immune Response Following Neck Lymph Nodes Dissection	Prof.Dr. Zakaria M. Emam And Dr. Ahmed R. Abd El-Fatah
5	Master	2023	Aya Talaat Mustafa	Pulsed Electromagnetic Therapy versus Whole Body Vibration on Quadriceps Strength Post Burn	Prof. Dr. Hesham Mahran and Ass.Prof.Dr. Ahmed Kamal Eldin Eltaher
6	Master	2023	Amira Fayed Ali	Pulsed High Intensity Laser versus Extracorporeal Shockwave Therapy On Hypertrophic Scar Post Burn	Prof.Dr. Haidy Nady Asham and Prof.Dr. Mohammad Reda Ahmed
7	Master	2023	Rana Mahmoud Hamouda	The Impact Of Shoulder Pain Following General Abdominal Laparoscopic Surgery On	Assist. Prof. Dr Hussein Gamal

				Shoulder Proprioception	Hussein
8	Master	2023	Sohaila Mamdouh Abd ElGawad	Low level laser versus polarized light in the treatment of acne vulgaris	Prof. Dr. Hesham Mahran
9	Master	2023	Ahmed Mohamed Tarek Hassan	Pulsed Electro Magnetic Field Therapy On Hand Vascularity Post Burn Injury	Assist. Prof. Dr Nessrien Afify Abdel Rashed And Assist. Prof. Dr Ayman Noaman Elhenawy
10	Master	2023	Nesma Ahmed Hassan	The Effect Of Manual Lymphatic Drainage On :Cellulite Post Liposuction Systematic Review	Assist. Prof. Dr Nessrien Afify Abdel Rashed
11	Master	2023	Haitham Mustafa Yusuf Mahmoud	Immersive Virtual Reality Versus Passive Virtual Reality on Upper Limb Pain and Range of Motion In Pediatric Burn	Assist. Prof. Dr. Khadra
12	Master	2023	Magdy Helmy Badra	Effect Of Dynamic Hand Splint On Hand Rom Post Extensor Tendons Repair	Ass.Prof. Dr. Eman Mohamed Othman And Prof. Dr. Ibrahim Fathy Eldesouqi
13	Doctoral	2023	Zeinab Adel Mohamed	Whole Body Vibration Versus Aerobic Training On Interleukin 6 And Endurance After Renal Transplantation	.Prof. Dr Zakaria Mowafi Emam Mowafi and .Prof. Dr Ahmed Abdel Latif Muharram

Scientific Publications

N	Type of paper	Year	Title	Participants (Co-authors)	Journal/Conference	Type Local/ International
1	Original Article	2017	Effect of Aerobic Exercises on Liver Enzymes Post Burn	Prof. Dr. Mohamed M. Khallaf, Prof. Dr. Ahmed M. Yousef and Dr. Heba M.	Cairo university Journal	Local

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2	Original Article	2021	Aerobic Versus Resistance Exercises on Liver Enzymes Following Burn Injuries	Prof. Dr. Amal Mohammed Abd El Baky and Dr. Ahmed Adel Nawar	Fizjoterapia polska Journal	International
3	Original Article	2023	Aerobic Exercises versus Laser Puncture Therapy on Immune Response Following Neck Lymph Nodes Dissection	Prof.Dr. Zakaria M. Emam, Eva S. Kamel and Dr. Ahmed R. Abd El-Fatah	The Egyptian Journal of Hospital Medicine	Local
4	Original Article	2023	Effect of Laser Puncture on Liver Enzymes Post Burn.	Dr. Shaimaa M. A. Elsayeh , Dr. Rokaia A. Toson , Dr. Sara S. Youssef and Dr. Nada M. Yousef	Fizjoterapia polska Journal	International

Other Activities

- 1- Member of the Internal Committee in the Continuous Quality Assessment Standard, November 2013.
- 2- Member of the educational committee in the department of Physical Therapy for burn and surgery from 1/1/2013 to 30/9/2013.
- 3- Participation in quality work in the department for the months of January and February 2013, then 2016 to 2020 for subjects SURG708-SURG709-SURG710-SURG711-SURG712 and then 2021 for subjects PT701-SURG704-SURG707 and by 2022 for subjects SURG701,704,707,712,508 &511 to date.

4- Coordinator and emergency committee member for undergraduate subject, General surgery and burn (M 407) from the second term of 2021-2022 year to date and for postgraduate subjects PT701-SURG704-SURG707 starting from 2021 to date, subjects SURG608-SURG609-SURG610 for the third term, Master's degree, May 2022 and subjects SURG 508, 712 starting from 2022 to date.

5- Participation in the control work for the second year, the first round of the first term 2013 and the delays of the second round of February 2013.

6- Participation in the control work for the third year, Orthopedic, of the first round of the second term 2013 and the first round of the first term 2014, the first round of the first and second term of 2016-2017-2018 and the fifth year, pediatrics, the first round of the first and second term 2019-2021.

7-Vice President of pediatrics' Control for the Fifth year students in the first and second terms for the year 2021-2022 and first term of the year 2022-2023.

8-Supervise the outpatient clinic for burn and surgery at the Faculty of Physical therapy, Cairo University, one or two days per month, starting from 8-2021 to date.

9- Participate as an external examiner in the committees of oral and practical examinations for a course of physical therapy, general surgery, burns and membranes and practical training of general surgery and burns at Kasr Al-Aini Hospital for students of October 6 University during the first semester of fall 2021-2022 and fall 2022-2023.

10-Participation as an external examiner in the committees of oral and practical examinations for a course of physical therapy, general surgery, burns and membranes, and practical training of general surgery and burns at Kasr Al-Aini Hospital for students of Misr University for Science and Technology during the second semester, spring 2021-2022 and at Om El Masreen Hospital at fall and spring semester 2022-2023.

11-Participation as an external examiner in the committees of oral and practical examinations for a course of physical therapy, general surgery, burns and membranes, and practical training of general surgery and burns of MTI University during the second semester, spring 2021-2022.

12-Academic leader for the First level students of credit hours program of faculty of Physical Therapy, Cairo University from spring semester 2022-2023 till now and coordinator of anatomy1, Histology 1, English and Chemistry1 subjects of spring semester 2022-2023 and of Histology1 and English subjects of fall semester 2023-2024.

13-Partial assignment at Innovation University every Tuesday for the year of 2023-2024 to train demonstrators and assistant lecturers in burn, surgery and skin disorders lectures and sections.

Appreciation and Honoring:

A certificate of thanks and appreciation from Prof. Dr. Alaa Balbaa, Dean of the Faculty of Physiotherapy, Cairo University, to Dr. Aya Gamal Fawzy El-Sayed, for the efforts made and effective participation in obtaining the college accreditation from the National Authority for Quality Assurance of Education and Accreditation.

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