

Name: Noran Ahmed Mohammed Elbehary

Personal Information:

Date of Birth : 01-08-1978

Place of Birth: Cairo

Marital Status: Married

Nationality : Egyptian

Address : 8 (A) Helwan St. Elkasr Elainy, Cairo.

Telephone : 0223681337-01008423350

Email : noranelbehary@yahoo.com



Education:

Year	Degree	Department, Faculty, and University	Grade
1999	Bachelor Degree in Physical Therapy	Faculty of physical therapy-Cairo University	Very Good
2006	Master Degree in Physical Therapy	Basic science Department-Faculty of physical therapy-Cairo University	Very Good
2011	Doctoral Degree in Physical Therapy	Basic science Department-Faculty of physical therapy-Cairo University	Very Good

Licensure:

1. Egyptian professional license, Practitioner Physical Therapist (2000).

Work Experiences:

From	To	Job	Job description
2022	Till now	Assistant Professor of Physical Therapy, Basic Science department, Faculty of Physical Therapy-Cairo University	Teaching theoretical part of the basic science under graduate and post graduate courses
April 2011	2022	Lecturer of Physical Therapy, Basic Science department, Faculty of Physical Therapy-Cairo University.	Teaching theoretical part of the basic science under graduate courses.
2006	2010	Assistant lecturer at Basic Science department, Faculty	Teaching practical part of

		of Physical Therapy-Cairo University, 2006 to 2010.	the basic science under graduate courses.
2002	2006	Demonstrator at Basic Science department,–Faculty of Physical Therapy-Cairo University.	Teaching practical part of the basic science under graduate courses.

Professional Affiliations:

From	To	Job	Job description
Courses & Teaching Skills:			
Title		Year	
Thinking skills course, Cairo University.		2006	
Teaching evaluation course, Cairo University.		2006	
Effective communication course, Cairo University.		2006	
Effective demonstration course, Cairo University.		2006	
Time and Meetings administration course, Cairo University.		2010	
Legal and financial aspects in university environment course, Cairo University.		2010	
Use of technology in teaching course, Cairo University.		2011	
International publication course, Cairo University.		2011	
Credit hour system course, Cairo University.		2011	

Statistical Analysis, Cairo University.	2019
Strategic planning	2020
Editing text in Arabic and English	2020
Interactive E-learning Courses	2020
Critical Thinking	2020
New trends in teaching	2020
Certified International Professional trainer (CIPT)	2023

Conferences	
Title	Year
International annual conference on physical therapy- Cairo University,	2001 to 2017
1 st Scientific Conference of physical therapy	2019

Publications:

Peer-reviewed Research

Title	Year	Journal	Country
Effect of core stability exercises on postpartum lumbopelvic pain: A randomized controlled trial.	2019.	Journal of Back and Musculoskeletal Rehabilitation. Vol. 32, No. 2	
Mechanical Response of Hip and Knee Muscles Following Randomized Crossover Trials in Patellofemoral pain syndrome.	2020	Polish journal of physiotherapy.	

Impact of aerobic training on plasma leptin and pulmonary functions in obese adolescents.	2018	Journal of Clinical & Analytical Medicine. Vol. 10, No. 3	
Effect of Pilates Exercise on Shoulder dysfunction Post Thyroidectomy: A Prospective Randomized controlled Trial.	2019	Polish Journal of physiotherapy.	
Effect of Anodyne Therapy versus Traditional Physiotherapy in Treating de Quervain Tenosynovitis.	2018	Bioscience research. Vol. 15, No. 4	
Osteopathic Manual Therapy Versus Traditional exercises in the Treatment of Mechanical Low Back Pain.	2015	American Journal of Medicine and Medical Sciences. Vol. 5, No. 2	
Influence of Dense Disperse Current Via Electroacupuncture on Knee Osteoarthritis.	2014	Medical Journal, Cairo University. Vol. 82, No. 1.	
Weight bearing aerobic exercises versus whole body vibration on bone mineral density post thyroidectomy.	2020	Journal of Human Sport and Exercise. Special issue.	

Presentations:

Site	Type (Poster, Oral presentation)	Year	Country

Skills:

Language Skills: Arabic: Mother language
English: Excellent

Computer Skills: Excellent