

CURRICULUM VITAE

Personal Data

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Date of Birth: 1-6-1988.

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Educational Experience

- PhD degree in physical therapy, Faculty of Physical Therapy, Cairo University, Egypt, in 2023, with "very good" grade.
- MSc. degree in physical therapy, Faculty of Physical Therapy, Cairo University, Egypt, in 2017, with "very good" grade.
- BSc. degree in physical therapy, Faculty of Physical Therapy, Cairo University, Egypt, in September 2009," Excellent with an honor degree".

Professional Experience

- **Position held:** lecturer (from 4/2023 to date).
- ❖ **Duties:** Teaching undergraduate courses for fourth year students, preparing and giving examinations, grading examinations and teaching diploma courses, supervising protocols and seminars for postgraduate students.
- **Position held:** Assistant lecturer (from 11/2017 to date).

- ❖ **Duties:** Teaching some undergraduate clinical and practical courses for third and fourth years students, developing teaching materials, preparing and giving examinations, grading examinations or papers and supervising interns in the out-patient clinic facilitating their learning process and assessing their performance.
- **Position held:** Demonstrator (from 11/2011 till 10/2017)
- ❖ **Duties:** Teaching some undergraduate clinical and practical courses for third year students and practical courses, developing teaching materials and supervising interns in the out-patient clinic facilitating their learning process and assessing their performance.

Scientific Activities:

-Attendance and participation in conferences, workshops....

Conferences

Activity Attendance/ Participation	Date	Title of Conference	Type Local/ International	Organiser
Attendance	4-6 March 2009	Physiotherapy towards modernization and development	International	Physical Therapy Faculty, Cairo University
Attendance	10-11 March 2016	Empowering Disability	International	Physical Therapy Faculty, Cairo University
Attendance	19-20 May 2016	Scientific view of obesity management	Local	Middle East Association of Alternative Treatment
Attendance	27-28 July 2023	Physical Therapy and Quality of life	International	Physical Therapy Faculty, Cairo University

Workshops and Training Courses

Activity Attendance/ Participation	Date	Title of workshop/ course	Organiser
Attendance	2009	Emergency-1stAid course	General organization of teaching hospitals & institutes (Cairo teaching hospital)
Attendance	2009	obesity management	Physical Therapy Faculty Cairo university
Attendance	2010	Radiology for physiotherapists course	Kasr Al- Aini Teaching Hospital
Attendance	2012	Conversation English course of pre-advanced level	Amideast organization
Attendance	2015	E-Learning " Course code 19 "	FLDC
Attendance	2015	Exams and standards " Course code 34"	FLDC
Attendance	2015	Effective Presentation Skills " Course code 11"	FLDC
Attendance	2016	Quality " Course code 35"	FLDC
Attendance	2016	Meeting and managing time " Course code 42"	FLDC
Attendance	2016	International publishing of scientific research " Course code 36"	FLDC
Attendance	2016	How to deal with different life stresses	Physical Therapy Faculty Cairo university
Attendance	2017	How to write and publish research	Medical Research Group of Egypt (MRGE)
Attendance	2017	The management of change	FLDC
Attendance	2018	Professional ethics and conduct in university work	FLDC
Attendance	2018	Making decisions and solving problems	FLDC
Attendance	2019	The Creative thinking	FLDC
Attendance	2020	Work stress management	FLDC
Attendance	2020	The Critical thinking	FLDC
Attendance	2021	Fundamentals of blended Learning	FLDC
Attendance	2021	Fundamentals of Database	FLDC
Attendance	2021	Presentations	FLDC
Attendance	2021	Introduction to Computer	FLDC

		Networks	
Attendance	2021	Operating System	FLDC
Attendance	2021	Fundamentals of IT	FLDC
Attendance	2021	Word Processing	FLDC
Attendance	2021	Spreadsheet	FLDC
Attendance	2022	Modern Trends in Teaching	FLDC
Attendance	9-8-2023	Basics in Manual Lymphatic drainage (Vodder technique): Hands on level one.	Physical Therapy Faculty Cairo university
Attendance	22-10-2023 & 9-11-2023	Wound from A to Z	Physical Therapy Faculty Cairo university
Attendance	2024	Egyptian Knowledge Bank and Researching Sources	FLDC
Attendance	2024	Methods of Preventing and Combating Administrative Corruption	FLDC
Attendance	2025	Financial and Legal Aspects in University Affairs	FLDC

Theses (Doctoral and Master) Supervision

No	Thesis Doc./ Master	Year	Student's Name	Title of Thesis	Co-authors
1	Master	2023	Sarah Mohsen Fayad	Effect of range of motion exercises based on mirror therapy on shoulder dysfunction after mastectomy.	Assist.prof.dr. Hussein Gamal Mogahed Prof.dr. Mohamed Gamil Abdelmeniem
2	Master	2024	Ahmed Samy Abdelgaid	Effect of ultrasound therapy and manual drainage techniques on chronic rhinosinusitis	Prof.dr. Hesham Mahran Prof.dr. Mohamed Aly Abouzeid
3	Master	2024	Radwa Gamal-Eldin Mohamed	Pilates Exercises versus Laser Puncutur on liver Enzymes post burn	Prof.dr.Haidy Nady Ashem Assist.prof.dr.Ahmed Mohamed Kenawy
4	Master	2024	Sarah Atef	Effect of intermittent pneumatic compression versus manual lymphatic drainage on lymphedema: Systematic	Prof.dr. Nesreen Afifi

				review	
4	Master	2024	Walaa Mohammad Ali Abou	Transcutaneous Electrical Nerve Stimulation Versus Low Level Laser on Radiotherapy induced xerostomia in cancer patients	Prof.dr. Wafaa Borhan
5	Master	2024	Asmaa Saied Gaber	Efficacy of intelligent negative pressure massage on pain and leukocytes count in paralytic ileus post laprascopic cholecystectomy.	Prof.dr. .Zakaryia Mewafy

Scientific Publications

N	Type of paper	Year	Title	Participants (Co-authors)	Journal/Conference	Type Local/International
1	Original Article	2017	EFFICACY OF LASER PUNCTURE ON NEUTROPHILS AND T-LYMPHOCYTES IN BURNED PATIENT.	Prof. Dr. Mohamed M. Khallaf, Prof. Dr. Ahmed M. Yousef	Cairo university Journal	Local
2	Original Article	2022	Adjunctive effect of pulsed electromagnetic field therapy on quadriceps muscle strength after burn injury	Prof.dr. Wafaa Hussein Borhan, Prof.Dr. Haidy Nady Ashem, Prof.dr. Ashraf El Sebaie Mohammed	Fizjoterapia polska Journal	International

Other Activities

- 1- Member of the Internal Committee in the Continuous Quality Assessment Standard, 2012.
- 2- Participation in quality work in the department for from 2015 to date.
- 3- Participation in the control work for the second year, the first round of the first term 2012 and the delays of the second round of February 2012.

4- Participation in the control work for the third year, Orthopedic, the first round of the first and second term of 2016-2017-2018 and the fifth year, pediatrics, the first round of the first and second term 2019-2021.

5- Supervisor in the control work for the 5th year, Pediatric department, from May 2023 to date.

6- Supervise the outpatient clinic for burn and surgery at the Faculty of Physical therapy, Cairo University, one or two days per month.

7- Teaching some undergraduate clinical and practical courses for Credit hours students, developing teaching materials, preparing and giving examinations, grading examinations or papers.

8- Participation as an external examiner in the committees of oral and practical examinations for a course of physical therapy, general surgery, burns and membranes, and practical training of general surgery and burns for Credit hours students during the second semester, spring 2021-2022.

9- Participate as an external examiner in the committees of oral and practical examinations for a course of physical therapy, general surgery, burns and membranes and practical training of general surgery and burns at October 6 University, Misr University for Science and Technology, Horus University, Heliopolis University during Academic year 2023-2024.

10- Coordinator for courses of physical therapy, general surgery, Plastic surgery, burns and membranes, and practical training of general surgery and burns for Credit hours students at department of P.T for surgery and burn from 2022 to date.

11- Coordinator of practical training of P.T for general surgery and burns course and P.T for integumentary disorders from Feb 2023 to date.

12- Coordinator for the International Students Committee at the Faculty of Physical Therapy, in the Department of Physical Therapy for Surgery. My

responsibilities include assisting international students with administrative procedures, facilitating their integration into the academic environment, coordinating with faculty members to address their academic needs, and organizing activities that enhance their educational experience from Nov 2023 to date.

13- Participation in the Postgraduate control work form Nov 2023 till date.

14- Secretary of the Council of the Department of Physical Therapy for surgery and burn from Oct 2024 to date.

15- A member of the Council for Education and student's affairs at faculty of physical therapy from Oct 2024 to date.

16 -Participate as an external examiner in the committees of oral and practical examinations for a course of physical therapy, general surgery, burns and membranes and practical training of general surgery and burns at October 6 University, Misr University for Science and Technology, Horus University, Heliopolis University during Academic year 2024-2025.

17- A member of Physical Therapy Artificial Intelligence Unit At faculty of physical therapy, Cairo University from Jan 2025 to date.

18- Supervise and manage the outpatient clinic for burn and surgery at the Faculty of Physical therapy, Cairo University from April 2024 to date.

Appreciation and Honoring:

Last updated: Feb 2025