

Curriculum Vitae

Shirin Mostafa El-Makawi, M.B.B.Ch.,M.D., Ph.D.

Assistant lecturer, Department of Psychiatry and Addiction Treatment

Faculty of Medicine, Cairo University

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CAREER OBJECTIVE

Seeking a job opportunity as a psychiatry/ psychology teacher to invest my solid and broad experience with an international, stimulating and innovative organization. A position that would provide me with a challenge and an opportunity where my abilities and skills can be developed and my knowledge can be applied.

Contact Information

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Education

1994: Secondary Schooling Certificate, Deutsche Evangelische Oberschule (DEO), Cairo.

2000: Bachelor (M.B.B.Ch) of Medicine, Faculty of Medicine, Cairo University, with excellent grade.

2006: M.D. of Neuropsychiatry, Cairo University, Thesis "Spirituality and Addiction in Relation to Recovery Process".

2014: Ph.D. of Psychiatry, Cairo University, Thesis "Rheumatologic Diseases and its Relation with Psychiatric Disorders".

Post Graduate Education and Training

2002 – 2005: Residency, Psychiatry department, faculty of Medicine, Cairo University.

2006 – Present : Assistant Lecturer, Psychiatry department, faculty of Medicine, Cairo University.

Sept. 2002 – March 2011: Psychiatric case conference, once/week, psychiatry department, faculty of medicine, Cairo University.

Sept. 2002 – March 2011: Psychotherapy peer review, once/week, psychiatry department, faculty of medicine, Cairo University.

Sept. 2002 – May 2006: Journal club activity, once/month, psychiatry department, faculty of medicine, Cairo University.

April 2007: Communication and advanced teaching skills course, Cairo University.

April 2007: Scientific Research skills course, Cairo University.

April 2014: International publication skills course, Cairo University .

April 2014: Assessment and advanced examination methods course, Cairo University .

Employment History

Clinical Activities

Responsibilities:

Treated mentally ill patients having mild and severe cases of mental disorders.

Coordinated with other health workers, psychologists, psychiatric nurses and psychiatric social workers to diagnose and treat patients with retardation and disturbed behavior.

Conferred with patients' family and relative to discuss about the mental health problems of the patient.

Facilitated therapy such as shock and psychotherapy and even prescribed medications in order to treat patients.

Facilitated discussions and conversations with patients to analyze with them the scope of their illness and to encourage them to have a treatment and to cope with their problems.

Conducted researches to further enhance skills and develop medicines and therapy for mental disorders.

Teaching Service

Responsibilities:

Assisting residents and medical students in examination, diagnosis and proper choice of treatment of mental ill patients during weekly round discussion and in daily outpatient clinic.

Assisting in corrections of round psychiatric exams of 6th grade medical students.

Medical Student Teaching

2006 – 2011: Psychiatry round lectures for 6th grade medical students, basic knowledge of psychiatry, once/week, ≈30 students.

2006 – 2011: Psychiatry round lectures for 6th grade medical students, clinical examination of mental ill patients, once/week, ≈30 students.

Resident and Post – Graduate Teaching

2006 – 2011: Journal club activity, once/month, psychiatry department, faculty of medicine, Cairo University.

2006 – 2011: Psychotherapy case conference, once/month, psychiatry department, faculty of medicine, Cairo University.

Management Skills

Possess strong communication skills that provide me with the tools to negotiate, deal and mix with people and cultures in the different environments.

Computer and Language Skills

Computer Course at faculty of medicine, Cairo University

And basic knowledge sufficient for academic work.

Languages: Fluent in spoken and written Arabic, English and German.

Fair knowledge of French.

Hobbies

Reading

Traveling

Personal data

Gender : Female

Date of birth : 21/05/1976

Nationality : Egyptian / German

Marital status : Married + 3 children