


# ITPA gene polymorphism (94C>A) effects on ribavirin-induced anemia during therapy in Egyptian patients with chronic hepatitis C

Maissa El Raziky<sup>1</sup> | Naglaa A. Zayed<sup>1</sup> | Amin Abdel Baki<sup>2</sup> |  
Shimaa A. Mansour<sup>2</sup> | Rasha M. H. Shahin<sup>3</sup> 

<sup>1</sup>Department of Endemic Medicine and Hepatology, Kasr Al Ainy Hospital, School of Medicine, Cairo University, Cairo, Egypt

<sup>2</sup>Department of Tropical Medicine, National Hepatology and Tropical Medicine Research Institute (NHTMRI), Cairo, Egypt

<sup>3</sup>Department of Clinical Pathology, Kasr Al Ainy, School of Medicine, Cairo University, Cairo, Egypt

## Correspondence

Rasha M. H. Shahin, Assistant Professor of Immunology, Department of Clinical Pathology, School of Medicine, Cairo University, 11c, Street 199, Apt 9, Degla, Maadi, Cairo, Egypt.  
Email: rasha.shaheen@kasralainy.edu.eg

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Inosine triphosphatase (ITPA) gene variants can protect against ribavirin (RBV)-induced anemia in patients treated for chronic hepatitis C. The aim of this study was to determine the relationship between genetic variants of ITPA polymorphism, anemia, RBV dose reduction, and treatment response in hepatitis C virus (HCV)-infected patients. This study was conducted on 97 Egyptian chronic HCV patients who were scheduled for pegylated-interferon (PEG-IFN) /RBV therapy. ITPA genotypes *rs1127354* were determined by Real Time PCR melting curve analysis. Effects of ITPA polymorphism on hemoglobin (Hb) levels, RBV dose reduction and treatment response were analyzed. The homozygous wild genotype (CC) was associated with Hb reduction at week 4 ( $P = 0.004$ ). The minor allele protected against Hb reduction. No association with sustained virological response was observed ( $P = 0.492$ ). Female gender; lower baseline Hb and higher baseline WBC were associated with week 4 anemia ( $P = 0.04$ ;  $P = 0.023$ ;  $0.033$ , respectively). The ITPA gene polymorphism *rs1127354* heterozygous genotype (CA) may influence Hb levels and protect against hemolytic anemia during RBV-containing regimens for HCV. However, such findings were not significantly related to treatment outcomes. Patients with wild ITPA genotype (CC) experienced a more Hb drop and RBV dose reductions more frequently.

## KEYWORDS

anemia, chronic hepatitis C, ITPA polymorphism, ribavirin

## 1 | INTRODUCTION

Worldwide, 130-170 million people are infected with hepatitis C virus (HCV).<sup>1</sup> Globally, it was found that HCV is responsible for 27% and 25% of cirrhosis and hepatocellular carcinoma (HCC) patients, respectively.<sup>2</sup> The highest prevalence rate of HCV infection in the world is present in Egypt, evaluated nationally at 14.7%.<sup>3</sup>

For many decades, the standard of care treatment was the combination of pegylated interferon (PEG-IFN) and ribavirin (RBV)

until the introduction of directly acting anti-viral therapy (DAA). With the change in paradigm in HCV treatment, RBV is still an important component of IFN-containing regimens, and is also included in many IFN-free regimens currently in development.<sup>4-7</sup> Even in the era of DAAs, RBV is still favored in different combination regimens as another option to prolonging duration of therapy.<sup>8</sup> RBV (a guanosine analog) is an antiviral drug acting through the interruption of the metabolism of viral RNA.<sup>9</sup>

Cytopenias, including RBV-induced hemolytic anemia, are one of the crucial side effects that have been frequently associated with

PEG-IFN and RBV. Moreover, RBV-induced hemolytic anemia has been detected in IFN-free, RBV-containing clinical trials.<sup>6,7,10,11</sup> RBV-induced hemolytic anemia often results in reduction or discontinuation of RBV dose which may ultimately compromise treatment efficacy. Lowering the RBV dosage may decrease the chance of sustained virologic response (SVR) and increase the rate of relapse.<sup>12</sup> RBV-induced anemia is likely to be dose-dependent as most patients show improved hemoglobin (Hb) levels with the reduction of RBV dose and it is reversible after the end of treatment.<sup>13</sup> The myelosuppressive action of PEG-IFN may worsen RBV-hemolytic anemia.<sup>6,7,10,11</sup>

Inosine triphosphatase (ITPA) gene, located on chromosome 20, is involved in the protection against RBV-induced hemolytic anemia. Genetic polymorphisms in ITPA gene were associated with two functional variants that resulted in ITPase deficiency with subsequent prevention of depletion of erythrocyte adenosine triphosphate (ATP), oxidative damage to the erythrocyte membrane<sup>14</sup> and eventual protection against RBV-induced hemolytic anemia.<sup>15</sup> The highest reduction in ITPA activity was due to mutation in exon 2 (94C>A), where heterozygotes (CA) had 22.5% residual activity and homozygotes (AA) had zero activity.<sup>16</sup>

ITPA hydrolyzes inosine triphosphate (ITP) and deoxyinosine triphosphate. Deficiency or reduced function of the ITPA protein leads to accumulation of ITP. ITP can substitute for guanosine triphosphate (GTP) (which is depleted by RBV) as a substrate for adenylosuccinate synthase to produce adenylosuccinate, which can be further converted into ATP. It has been shown that RBV reduces erythrocyte ATP levels. Thus, in ITPA deficient patients, ITP accumulates in the erythrocytes and helps restore ATP levels, preventing lysis due to loss of ATP.<sup>14</sup>

In this study, the impacts of ITPA variant *rs1127354* on RBV-induced anemia, RBV dose reduction or treatment discontinuation were investigated in Egyptian HCV patients treated with PEG-IFN plus RBV.

## 2 | SUBJECTS AND METHODS

### 2.1 | Subjects

This study was performed on a sample of 97 Egyptian HCV infected patients; 71 males (73.2%) and 26 females (26.8%), with mean  $\pm$  SD age 45.17  $\pm$  9.73 years; recruited from Hepatology clinic, National Hepatology and Tropical Medicine Research Institute (NHTMRI), Ministry of Health and Population (MOHP), Egypt. These patients were tested for eligibility of PEG-INF/weight adjusted dose of RBV for 48 weeks, according to the program of The National Committee for Control and Prevention of Viral Hepatitis, Ministry of Health and Population (MOHP), Egypt.

Patients were diagnosed for positivity of HCV antibody using a 2nd generation enzyme-linked immunosorbent assay (ELISA), positivity of HCV RNA by polymerase chain reaction (PCR) and liver biopsy. HCV genotyping was determined using reverse hybridization line probe assay (INNO LiPA HCV II kit, Innogenetics, Belgium).

The patients were evaluated for antiviral therapy, according to national guidelines for HCV, including the following inclusion and exclusion criteria.

- **Inclusion criteria:** Treatment-naïve chronic HCV patients aged 18-60 years old, BMI  $\leq$  35, serologic, virologic, and histologic diagnosis of chronic HCV.
- **Exclusion criteria:** Decompensated hepatic disease, hepatitis B surface antigenemia (HBsAg) or infection with human immunodeficiency virus (HIV), serum creatinine above upper limit of normal, hemoglobin <13 g/dL for men and <12 g/dL for women, white blood cell count of <4000/mm<sup>3</sup> or neutrophil count of <2000/mm<sup>3</sup>, poorly controlled diabetes mellitus or hypertension or under care of a psychiatrist.

The concept of the study was clearly explained to all participants who then provided informed consent. The study protocol conformed to the ethical guidelines of the Declaration of Helsinki and was approved by both the National Committee for Prevention and Control of Viral Hepatitis and national Hepatology and tropical medicine research institute (NHTMRI).

All 97 patients were treated with PEG-INF-alfa once weekly and initial dose of 800-1400 mg RBV daily according to the patient's weight. Dose reduction of RBV by 50% and 35% was carried in eight patients reaching 600 mg/day and 27 patients reaching 800 mg/day, respectively.

Treatment response (achievement of SVR) was defined by undetectable serum HCV RNA by real time PCR (<50 IU/mL) 24 weeks after the completion of therapy.<sup>17</sup>

All patients were subjected to initial baseline evaluation in the form of full history taking, proper physical examination, laboratory investigations, abdominal ultrasound, histopathological examination of liver biopsy according to METAVIR scoring system<sup>18</sup> and determination of ITPA 94C>A *rs 1127354* gene polymorphism by real-time PCR.<sup>19</sup>

All participants were scheduled to weekly follow up in the first month of treatment then monthly for 48 weeks. Follow up included clinical, laboratory assessment (CBC, serum bilirubin, liver enzyme, serum creatinine), treatment dose modifications or discontinuation, virological response at week 12, 24, 48, and 72. Clinically significant decline in Hb was defined as a decrease of at least 3.0 g/dL or an absolute value lower than 10 g/dL.<sup>20</sup> These thresholds were also used in other studies on ITPase deficiency.<sup>21-23</sup>

## 3 | METHODS

### 3.1 | Genotyping of ITPA 94C>A *rs 1127354* polymorphism by real-time PCR

Two milliliters of blood were put into vacutainers containing ethylene diamine tetra-acetic acid (EDTA) for DNA extraction and analysis of ITPA 94C>A polymorphism using Real time PCR-assay.

Total genomic DNA of patients was extracted using Qiagen extraction kit (catalog number 51104, USA).

Forward (5'-CTT TAG GAG ATG GGC AGC AG-3') and reverse (5'-CAC AGA AAG TCA GGT CAC AGG-3') primers were utilized for amplification of selected region in *ITPA* gene. Monitoring the accumulation of specific PCR product is by Hybridization probes. One probe was labeled with fluorescein (FLU) at 3' end, while 5' end of an adjacent anchor probe was labeled with Cy5.5. 3'-phosphorylation prevented anchor probe elongation by *Taq* polymerase. All oligonucleotides were manufactured by Roche (Germany). Fluorescence resonance energy transfer (FRET) occurs when both probes hybridize closely and is detected by the Light Cycler.

The classification of *ITPA* 94C>A gene as homozygous *wild* (CC), polymorphic homozygous (AA), or heterozygous (CA) was performed by a melting curve analysis.

Slowly increasing the temperature of reaction causes dissociation of the probe from its target accompanied by a loss of fluorescence resulting in a temperature/fluorescence curve from which the melting point of the probe can be known.<sup>19</sup>

The 3'-FLU-tagged probe: 5'AGT TTC CAT GCA CTT TGG 3' and 5'-CY5.5-tagged anchor probe: 5'GGC ACA GAA AAT TGA CCG TAT GTC TC 3' were utilized for The *ITPA* 94C wild type. They were made to get the maximal difference in the melting temperature between the genotypes.

One low temperature peak (55°C) indicates the homozygous wild genotype (CC). Double peaks indicate a heterozygous genotype (CA). A single high temperature melting peak (62°C) indicates homozygous minor genotype (AA).

PCR reactions were carried out in Light Cycler glass capillaries. The 20 µL reaction mixture consisted of 1-5 µL (50 ng) of DNA solution, 1.6 µL MgCl<sub>2</sub>, 14.4-10.4 µL H<sub>2</sub>O, 1.0 µL reagent mix (one reagent vial contains all primers and probes to run 97 Light Cycler reactions), 2.0 µL Fast Start DNA Master and a Final MgCl<sub>2</sub> conc 3.0 mM (Roche Diagnostics).

### 3.2 | HCV genotyping

The line probe assay was utilized to evaluate HCV genotypes, which depends on genotype-specific oligonucleotides that are immobilized on a nitrocellulose strip. The 5' untranslated (UTR) core region of HCV was amplified using reverse transcriptase (RT-PCR), and the oligonucleotides were probed with a biotin-tagged 5' UTR amplicon. After washing, streptavidin labeled with alkaline phosphatase was utilized to detect the hybridized products, and BCIP/NBT chromogen was used as a substrate as indicated by the manufacturer's instructions. The probe reactivity patterns were interpreted using the chart provided by the manufacturer.<sup>24</sup>

### 3.3 | Statistical analysis

The data were evaluated in statistical program SPSS version 16.0. Qualitative data included descriptive statistics (frequency and percentage of categorical parameters were presented as No, %), Fisher's exact and chi-square which were applied with 95% confidence interval. Continuous variables were expressed as Mean ± Standard Deviation

and Student's test (2 tailed) which was used to compare the means. *P* value <0.05 was considered statistically significant for all comparisons.

## 4 | RESULTS

Clinically significant RBV-induced anemia; a drop of 3g/dL of Hb at week 4 from the initial level in patients on a RBV weight-adjusted dose; occurred in 46 (47.4%) of treated HCV patients.

At week 4 of treatment, female gender; lower baseline Hb and higher baseline WBC were more common in patients who developed RBV induced anemia. Factors associated with week 4 anemia are shown in Table 1.

Reduction of RBV doses occurred during the course of treatment as a result of development of anemia. Patients who developed anemia received lower doses of RBV and the difference was statistically significant as shown in Table 2.

### 4.1 | *ITPA* (94C>A) genotypes distribution

We genotyped *ITPA* rs1127354 in 97 HCV-infected patients. Eighty-eight (91%) patients possessed *ITPA* rs1127354 homozygous wild genotype (CC) and nine (9%) patients possessed *ITPA* rs1127354 heterozygous genotype (CA).

*ITPA* rs1127354 wild type was significantly associated with more RBV-induced anemia at week 4 than *ITPA* rs1127354 minor type in Egyptian patients during PEG-INF plus RBV treatment (Table 3).

Sustained virological response (SVR) was achieved in 51 (52.6%) patients. Treatment response was compared among patients according to *ITPA* genotypes; *ITPA* rs1127354 was not significantly related to SVR (Table 4). We compared RBV doses among patients according to *ITPA* genotypes. *ITPA* rs1127354 was not related to RBV doses (Table 4).

HCV genotype 4 was only detected in our patients.

## 5 | DISCUSSION

It is worthwhile that we can predict RBV induced anemia among chronic HCV and various prognostic factors have been proposed.

Several related studies have been conducted, expressing the association between genetic variants of the *ITPA* gene and RBV induced anemia. Chronic HCV patients with lower *ITPA* enzyme activity have a less likelihood of facing hemolytic anemia during RBV-treatment regimens.<sup>20,25,26</sup>

In our study, a functional single nucleotide polymorphism (SNP) in *ITPA* gene rs1127354 was associated with RBV induced anemia among 97 Egyptian patients. Of these 97 patients, 88 (91%) had the RBV-sensitive CC genotype, and 9 (9%) the RBV-resistant CA genotype.

Our results coincide with those of European,<sup>25,27-29</sup> Asian,<sup>26,30,31</sup> and Brazilian studies.<sup>13</sup> On the other hand, these frequencies were distinct from those reported by Fellay et al<sup>15</sup> who showed that 47.6% of Americans had the CC genotype.

**TABLE 1** Factors associated with week 4 clinically significant anemia in HCV patients receiving PEF-IFN and weight-based RBV therapy

Variable (No.)	Anemia N (%)		P value
	Yes (n = 46)	No (n = 51)	
Sex [No (%)]			
Male (71)	29 (40.8)	42 (59.2)	0.040*
Female (26)	17 (65.4)	9 (34.6)	
Fibrosis [No (%)]			
≤F2 (63)	31 (49.2)	32 (50.8)	0.67
>F2 (34)	15 (44.1)	19 (55.9)	
Age (yrs) (Mean ± SD)	46.33 ± 10.49	44.14 ± 8.98	0.271
Baseline WBCs (Mean ± SD)	7.01 ± 1.89	6.17 ± 1.91	0.033*
Baseline Hb (g/dl) (Mean ± SD)	13.7 ± 1.44	14.5 ± 1.56	0.023*
Baseline PLT (Mean ± SD)	209.65 ± 59.06	206.31 ± 50.38	0.765
Baseline ALT (U/L) (Mean ± SD)	71.90 ± 36.25	76.45 ± 45.59	0.590
Baseline AST (U/L) (Mean ± SD)	58.34 ± 27.60	59.26 ± 29.52	0.875
Baseline ALP (U/L) (Mean ± SD)	115.31 ± 43.21	101.91 ± 39.14	0.112
Baseline Total Bilirubin (mg/dl) (Mean ± SD)	0.75 ± 0.29	0.81 ± 0.34	0.397
Baseline Albumin (g/dl) (Mean ± SD)	4.09 ± 0.39	4.19 ± 0.39	0.238
Baseline INR (Mean ± SD)	1.23 ± 1.18	1.05 ± 0.10	0.285
Baseline TSH (Mean ± SD)	2.05 ± 2.18	1.67 ± 0.94	0.262
Baseline HCVRNA (10 <sup>5</sup> ) (IU/mL) (Mean ± SD)	4.250 ± 7.4	90.96 ± 2.59	0.227

\*P < 0.05 is considered statistically significant.

Interestingly, the distribution of different ITPA genotypes in our cohort group was compatible with two other Egyptian studies that reported that 93% of the studied populations were CC genotype.<sup>32,33</sup>

Many factors, including ITPA gene SNP *rs 1127354*; female gender; old age; amount of the drugs; baseline platelets and Hb levels, were reported to be associated with evolvement of anemia during antiviral therapy.<sup>34</sup>

Scherzer et al<sup>35</sup> in their study detected gender differences in the development of RBV-hemolytic anemia at week 4 during treatment of Austrian patients with PEG-IFN/RBV.

In our study, female gender; lower baseline Hb; higher baseline WBC, and *rs1127354*, were independently associated with RBV induced anemia. We found that *rs1127354* might be a useful prognostic marker of RBV induced anemia. ITPA *rs1127354* wild type led to significantly greater RBV-induced anemia at week 4 than ITPA *rs1127354* minor type. That is to say that the minor allele was associated with protection against week 4 anemia.

**TABLE 2** RBV dose reduction associated with anemia among HCV patients on combined Peg-IFN/RBV therapy

Variable (unit)	Anemia		P value
	No (51)	Yes (46)	
	Mean ± SD	Mean ± SD	
RBV dose	1082.35 ± 126.20	1018.86 ± 144.48	0.023*

\*P < 0.05 is considered statistically significant.

The problem with RBV induced hemolytic anemia that it frequently leads to RBV dose reduction. This was the case in our study; patients who developed anemia received lower doses of RBV.

In our study, we compared the treatment response among patients according to ITPA genotypes. Although patients having minor allele (with reduced ITPase activity) were protected from week 4 RBV induced anemia; were in less need for RBV dose reductions, these were not reflected on SVR rates.

We did not detect any association between ITPA genotypes and the attainment of SVR. This finding is in agreement with the studies of Thompson et al,<sup>20</sup> Miyamura et al,<sup>36</sup> Kim et al,<sup>26</sup> and Delvaux et al<sup>13</sup> Moreover, our results are consistent with the largest study conducted

**TABLE 3** Serial analysis of Hb% during 12 weeks of treatment according to ITPA genotypes

	ITPA <i>rs1127354</i>		P value
	CA (9)	CC (88)	
	Mean ± SD	Mean ± SD	
Hb (w0)	14 ± 1.81	14.2 ± 1.46	0.713
Hb (w1)	13.8 ± 1.73	13.6 ± 1.45	0.775
Hb (w2)	13.2 ± 1.82	12.5 ± 1.33	0.194
Hb (w4)	13 ± 1.69	11.5 ± 1.42	0.004*
Hb (w8)	12 ± 1.85	11 ± 1.36	0.059
Hb (w12)	11.8 ± 1.60	10.9 ± 1.30	0.052

\*P < 0.05 is considered statistically significant.

**TABLE 4** Treatment outcome and ribavirin doses in relation to ITPA genotypes

Response to treatment	ITPA <i>rs1127354</i>		Total	P value
	CA (9 patients)	CC (88 patients)		
SVR	6 (11.8%)	45 (88.2%)	51 (100.0%)	0.492
Non-SVR	3 (6.5%)	43 (93.5%)	46 (100.0%)	
RBV dose	1074 ± 161.39	1050 ± 136.46		0.621

\* $P < 0.05$  is considered statistically significant.

among patients with HCV genotype 1.<sup>21</sup> The impact of ITPase activity on virological response was inconclusive in previous studies. This could be related to the diversity of treatment regimens and HCV genotypes. However, treatment efficacy could be compromised by the assumption of higher frequency of dose reductions among patients with normal ITPase activity.

It was curious that no benefit regarding treatment outcome was observed despite this protective effect against anemia, and less need for RBV dose reduction. This could be explained by the fact that we were most likely underpowered to observe an effect on SVR as it is the minor allele that is protective and only minority of patients are protected against anemia.

The complicated relationship between anemia, ITPA variants, and SVR may include opposing mechanisms that need further investigations.

Patients with CC genotype (normal ITPase activity) might require watchful monitoring of Hb levels during therapy. This group may be supported with reduction of RBV dose and/or growth factor to minimize early discontinuation of RBV and provide safety.<sup>37</sup> In addition, the small group of patients with the minor allele could be checked less often as they are protected from anemia. Also, they may be subjected to more aggressive RBV dose escalation strategies, as higher-doses RBV have been linked to higher rates of SVR.<sup>38</sup> Prospective studies are required to assess the cost-effectiveness and usefulness of these approaches.

Our study has certain limitations. ITPA expression and ITP levels in erythrocytes were not measured.

There are seven genotypes of HCV, with at least 15% difference in coding region sequences. Treatment with PEG-IFN/RBV is individualized by genotype. Treatment regimen of HCV genotype 4 with PEG-IFN- $\alpha$ /RBV requires 48-weeks and accomplishes SVR rates of 43-70%. Patients with HCV genotype 1 require a 48 week treatment regimen and a standard dose of RBV; while those with HCV genotype 2 or 3 appear to be adequately treated with a low dose of RBV for 24 weeks.<sup>39</sup>

Although our patients received dual IFN/RBV therapy, which was the standard of care therapy few years ago, still RBV has a potential major role in most of INF-free, DAA therapy. Thus the assessment of any factors associated with RBV induced anemia was essential.

The effect of ITPA polymorphism on IFN-free, DAA-regimens containing RBV; sofosbuvir plus RBV<sup>40</sup> and NS3/4A protease inhibitor faldaprevir, the non-nucleoside polymerase inhibitor deleobuvir, and RBV<sup>41</sup> has been recently investigated. ITPA polymorphism affects Hb

levels and incidence of RBV dose reduction during sofosbuvir plus RBV therapy.<sup>40</sup> Moreover, ITPA *rs1127354* CC and *rs6051702* AA genotypes may predict RBV-induced anemia during treatment with IFN-free, RBV-containing regimens. With this IFN-free regimen, SVR was associated with RBV levels, but not with ITPA genotypes or anemia.<sup>41</sup>

It is worth mentioning that treatment of chronic HCV is based on guidelines from Infectious Diseases Society of America (IDSA) and American Associations for the Study of Liver Diseases (AASLD), in collaboration with International Antiviral Society-USA (IAS-USA). These guidelines are constantly updated.<sup>42</sup>

## 6 | CONCLUSION

In our study, although patients with the minor allele of ITPA polymorphism *rs1127354* CA, had less anemia, which supports the hypothesis that ITPA variants are protected against RBV induced anemia, less need for dose reduction, that benefit did not translate to clinically relevant outcomes such as SVR.

Patients who are more likely to tolerate higher doses of RBV or who are at greater risk of more severe anemia could be identified, prior to initiating therapy with DAA-containing RBV regimens, by screening for ITPA polymorphisms. Future recognition of other SNPs associated with anemia or with other adverse effects will help clinicians to tailor treatment to maximize response and minimize adverse events.

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## CONFLICTS OF INTEREST

The authors have no conflicts of interest to declare.

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