

## **Nehal Mostafa Ahmed Attia**



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### **PERSONAL HISTORY:**

**Date of Birth: 1/10/1986**

**Status: single**

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## **CURRENT POSITION**

- Assistant lecturer of psychiatry at Kasr Al Aini hospital, Cairo university

## **Education:**

- Graduated from Narmer Language School (2003)
- Bachelor of Medicine and Surgery (MB BCh) degree from Kasr El Ainy School of medicine (Excellent with Honors) (2009).
- Master degree in psychiatry (Very good grade), Faculty of Medicine – Cairo University (November 2014). Thesis was ‘Depression, anxiety and quality of life in mothers of patients with monosymptomatic primary nocturnal enuresis

- MD registration in February 2016 at Cairo university, My Thesis was (Mu opioid receptor gene polymorphism in patients with opiate use disorder). Thesis discussion was in December 2017)

## **EXPERIENCE:**

- House officer at El Kasr El Ainy hospitals from March 2010 to March 2011,
- GP in Al Agouza Police hospital from May 2011 to October 2011.
- 6 months internal medicine rotation as a resident at internal medicine hospital and department 31 at Kasr Al Aini hospitals from November 2011 till April 2012.
- 3 months ICU rotation at Kasr al Aini hospital
- 3 months neurology rotation at neurology department at Kasr al Aini hospital
- 2 years as a psychiatric resident at psychiatric and addiction hospital, Kasr Al Aini Hospital (6 months adult psychiatry department, 6 months rotation in addiction department, 6 months rotation at child department, 6 months rotation at liaison and geriatric department) including:

- (Outpatient clinic, clinical rounds, emergency, inpatient and outpatients group psychotherapy, individual psychotherapy, peer supervision, inpatient shifts , Attending and participating in weekly staff rounds and journal clubs)
- 3 years experience as an assistant lecturer at psychiatry and addiction hospital, Kasr Al Aini hospital, Cairo university including:
- 1 year rotation at adult psychiatry department (Outpatient clinic, clinical rounds, emergency, inpatient and outpatients group psychotherapy, individual psychotherapy, peer supervision, Electroconvulsive therapy, inpatient shifts)
- 6 months rotation in addiction department (Outpatient clinic, clinical rounds, emergency, inpatient and outpatients group psychotherapy, individual psychotherapy, peer supervision, inpatient shifts)
- 6 months rotation at child department (Outpatient clinic, clinical rounds, emergency, outpatients group psychotherapy, individual psychotherapy)
- 6 months rotation at adolescent department (Outpatient clinic, clinical rounds, emergency, outpatients group psychotherapy, individual psychotherapy)
- 6 months rotation at geriatric department(Outpatient clinic, clinical rounds, emergency, inpatient and outpatients group

psychotherapy, individual psychotherapy, Electroconvulsive therapy)

- Attending and participating in weekly staff rounds and journal clubs
- Teaching psychiatry for 6th year medical students, Cairo university
- Teaching mental health for 4th year faculty of nursing students, Cairo university
- Teaching for 1st year nursing institute Cairo university
- Teaching psychology for nursing diploma, Cairo university
- Member at Egyptian Psychiatric Association
- Paper accepted and published: Impact of primary nocturnal enuresis on the quality of life in Egyptian mothers: a case-control study in Middle East, Current Psychiatry Journal (October 2017)

## **Conferences and workshops:**

- The Egyptian society of neurology, psychiatry and neurosurgery and pan Arab union of neurological societies Cairo neuro 2013
- 4<sup>th</sup> kasr el Aini child and adolescent psychiatry conference
- 5<sup>th</sup> Kasr El Aini child and adolescent psychiatry conference
- 5<sup>th</sup> annual international Al-Azhar psychiatry congress 2013 integrated psychiatry
- 6<sup>th</sup> Kasr El Aini annual international psychiatry conference
- Egyptian psychiatric association annual international psychiatry congress 2014
- 7<sup>th</sup> kasr el aini annual international psychiatry conference
- 8<sup>th</sup> kasr el aini annual international psychiatry conference
- Egyptian psychiatric Association Conference, September 2018
- Geriatric Work shop, Kasr Al Aini 2017
- Participating in Adolescent workshop (adolescent and parents communication), Kar Al Aini 2018, 8<sup>th</sup> Kasr El Aini annual international psychiatry conference

## **Courses:**

- Egyptian Association Cognitive behavioral therapy course (pending)
- ALS course –
- BLS course
- ICDL course
- Toeifel
- Arabic and English Editing In Scientific research
- إدارة الوقت والاجتماعات
- النشر الدولي للبحوث العلمية
- استخدام التكنولوجيا في التدريس
- مهارات التدريس الفعال
- تنظيم المؤتمرات العلمية
- نظم الامتحانات وتقويم الطلاب
- التفكير الابداعى
- ادارة الجودة الشاملة فى الرعاية الصحية

## **Language Skills:**

- Arabic: Native Language.
- English: Excellent command of writing, reading and spoken.
- French : beginner.

## **Other Skills:**

- Willing to learn.
- Excellent leadership skills.
- Excellent Communications and presentation skills.
- Hard worker.
- Self -motivated and Self-confident.
- Ability to work under pressure.
- Ability to work within a team
- Ability to have empathy with the patients

## **Driving license:**

- yes