## **Curriculum Vitae**

## **Personal information**

Name: Mohamed Ahmed Hassanin

**Date of birth**: 15/05/1993

Address: 248th Mohamed Rahim St. - El Yasmin (3) – 1st settlement,

Cairo, Egypt

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Occupation: Physical Therapist.

Military recruitment: exempted.



### **Personal Profile**

"Success is not final, Failure is not fatal. It is the courage to continue that counts."-Winston Churchill

- I am a very practical, cooperative and responsible person. I can work as part of a team or on my own initiative in an organized, efficient manner.
- I am reliable, punctual and honest. I am a hard worker undertake tasks with enthusiasm, seeking continuous skill development and new updates.
- I am a good communicator and get on well with people, intelligent and adaptable.

# **Education**

2008 – 2011 Omar Ibn El-Khattab Experimental Language School – Grade 98.6%

2011 – 2015 Faculty of Physical Therapy – Cairo University,

Bachelor Degree in Physical Therapy,

Graduation Grade: excellence with honors - 88.31%.

Ranking: 32th.

2018 – 2021 Faculty of Physical Therapy – Cairo University,

Master degree of science in Neurological Physiotherapy.

Graduation Grade: good. GPA: 2.46.

2021 - Now Faculty of Physical Therapy - Cairo University,

Preparing my doctoral degree of science in Neurological Physiotherapy.

# **Experience:**

### • Faculty of Physical Therapy – Cairo University

(2021 - Now)

- Assistant lecturer at Physiotherapy department for Neurology:
   Providing practical and clinical sessions on campus for students of the physiotherapy department for neurology.
- Physiotherapy Specialist at outpatient clinics of the faculty.

#### • Faculty of Physical Therapy – Cairo University

(2019 - 2021)

- Demonstrator at Physiotherapy department for Neurology Providing practical and clinical sessions (online and on campus) for students of the physiotherapy department for neurology.

### • Dar EL-Shefaa hospital (Inpatient and ICU)

(2017-2019)

- Assessing and treating patients in ICU and ward in order to prevent complications of mechanical ventilators and prolonged bedridden stay in addition to postoperative care and rehabilitation for mobility improvement.
- Participate in "100 million health" campaign to eliminate Hepatitis-C Virus.

## • Wadi El-Neel hospital (Inpatient and ICU)

(2017-2018)

- Implementing physiotherapy programs decided by our consultant (Dr. Amany Ra'fat) in cooperation with the physiotherapy team work in Sherif Mokhtar department for cardiorespiratory ICU in El Qasr El Einy.

- Our work is with inpatient and ICU conditions including post-operative cardiac patients, Liver transplantation, Brain tumor excision, Spinal cord injuries, Spinal fixation and Respiratory disorders e.g. COPD & pneumonia patients.

### • Alfa Care clinics (2017)

- Applying treatment session for outpatient musculoskeletal and neurological conditions based on protocols decided by clinics seniors (e.g. Dr. Mohammed Helmy & Dr. Kareem Abdel-Kawy)
- Training for patient assessment with these seniors.

### • International Physical Therapy Centre

(2017)

- Dealing with outpatient cases of different musculoskeletal disorders and sports injuries.
- I have designed some treatment programs after my decision-making about diagnosis.

# **Clinical Qualifications:**

#### I. Courses:

| •   |  |           |
|-----|--|-----------|
| 1.  | Biomechanical and electrophysiological directed spine physical therapy- Course     | e. (2017) |
| 2.  | International Conference for scientific research and practical applications in Phy | sical     |
|     | Therapy.   | (2016)    |
| 3.  | Sports injuries summit – Alfa care clinic course.                                  | (2016)    |
| 4.  | Cervical spine – Alfa care clinic course.  | (2016)    |
| 5.  | Musculoskeletal Anatomical & structural assessment course.                         | (2016)    |
| 6.  | Assessment and treatment through Jaunda approach -course.                          | (2016)    |
| 7.  | Intensive course of Manual Therapy (Primephysio in Egypt).                         | (2015)    |
| 8.  | Manual therapy of the knee joint (Prime physio) –workshop.                         | (2015)    |
| 9.  | Lecture of "Introduction to Osteopathy".   | (2014)    |
| 10. | Lecture of "Introduction to Acupuncture therapy".                                  | (2014)    |
| 11. | Course of Radiology (Prof. Dr. Mamdouh Mahfouz).                                   | (2013)    |
| 12. | Course of First Aids.  | (2013)    |
| 13. | Conference for prevention of drug abuse.   | (2013)    |

Mohamed Ahmed Hassanin

#### II. <u>Trainings:</u>

### 1. Dr. Alaa Eldeen Balboa clinic

(2016)

Musculoskeletal practical training including treating different patients who have musculoskeletal disorders with different manual therapy and electrotherapy modalities that are determined specifically according to each patient's case.

### 2. International Physical Therapy Centre

(2016)

I have dealt with outpatient cases of different musculoskeletal disorders and sports injuries. I have designed some treatment programs after my decision-making about diagnosis.

### 3. Paid internship in EL Qasr AL-Einy medical hospital

(2016)

A twelve-month paid internship with an equally divided rotation system in one of the most important medical and health care governmental establishments in Egypt which provides great experience in dealing with neurological , musculoskeletal and ICU patients.

#### 4. Al Shefaa' clinic – Dr. Asmaa Swaelam

(2015)

The clinic deals with geriatric patients as inpatient care in one of the elderly care centers. Patients are either hemiplegics or bedridden for different causes.

### 5. Dr. Hesham El Wassif's Clinic and El Nozha hospital

(2013)

Observational training (No hands on) – Different outpatient cases.

# Non-Clinical experience and qualifications:

• Organizer at the 1st annual scientific symposium of department of Physical Therapy for Neurology "Recent updates in Neurological Rehabilitation". (2022)

#### • Research work

(2021)

Effect of Task-oriented training on Upper extremity function for patients with Spinal cord and traumatic brain injuries: Systematic review.
 Co-authors: Dr. Maya Galal Abdel-Wahab and Prof. Gehan Mousa Ahmed.

- Fundamentals of Digital Transformation Certificate (FDTC) (2021)
- (MCIT) scholarship for CCLS training youth program: (2017)
  - > English skills course.
  - > Soft skills course.
  - > Computer skills training.
  - > Call Center solutions training.
- Human-Resources course the Egyptian-American center. (2017)
- International Computer Driving License ICDL. (2017)
- Attendance of the International Conference for scientific research and practical applications in Physical Therapy. (2016)
- Event organization for social non-profitable organizations seeking illiteracy elimination (gathering information about illiterates and giving them some classes), food and clothes donation or for cultural meetings with some youth leaders and other events for fun.

#### **Interests:**

- Arts, Education and Nature.
- Religions, History and civilizations.
- Reading, Entertaining and Learning New Skills.

# **Language Skills:**

- 1. Arabic Language:
  - Native and Classical Arabic speaker.
- 2. English Language:
  - IELTS overall score: 7.5.
  - TOEFL (Cairo University) score: 613.