

Ibrahim Mostafa Moustafa Abuamr

Assistant professor /Cairo university

Associate Professor/acing Chair, physiotherapy department

University of Sharjah

University of Sharjah AMS

Sharjah, 27272

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Academic Degrees

Ph.D. - Doctor of Philosophy, physiotherapy , 2009

Cairo University , Cairo

Dissertation Title:Remodling of thoracolumbar orthosis in view of three dimensional analysis and its therapeutic application

M.S. - Master of Science, Physiotherpay, 2004

Cairo University , Cairo

Title of thesis: Dermatomal somatosensory evoked potential demonstration of nerve root function after 2-way traction.

B.S. - Bachelor of Science, physiotherapy , 1998

Cairo University , Cairo

Professional Development

world federation of chiropractic congress, Athens, Not Applicable, January 2015

wcpt, Holland , Not Applicable, June 2011

world federation of chiropractic congress., Athens, Not Applicable, January 2015

WCPT, Holland, Not Applicable, June 2011

world federation of chiropractic congress, Washington DC, USA, New York, March 2017

NCS and EMG techniques for physiotherapy workshop , Cairo, Other, January 2014

Towards international publications workshop , Cairo, Other, March 2014

Motion analysis, Cairo, Other, May 2015

4D formetric posture analysis, Sharjah, Not Applicable, February 2016

Professional Certifications

Has successfully completed the workshop on the Mulligan Concept Part A & B.

Total of 4 days, duration 8 am. to 5 pm., held in University of Sharjah,

United Arab Emirates.

From 28th to 31st March 2017.

University of Sharjah, Sharja, Not Applicable

Has successfully completed the workshop on Accupunture techniques

Total of 4 days, duration 8 am. to 5 pm., held in Cairo University , EGYPT.2014

Cairo University , Cairo

Has successfully completed the workshop on International publication for scientific research

Cairo University , Cairo

Has successfully completed the workshop on The use of technology in teaching

Cairo University , Cairo

Has successfully completed the workshop on International publication for scientific research 3013

Cairo University , Cairo

Has successfully completed the workshop on Research ethics

Cairo University , Cairo

Has successfully completed the workshop on The use of technology in teaching

Cairo University , Cairo

Professional Memberships

1999 - Present, the Egyptian general association for Physical Therapy, Member

2014 - Present, • Member of Egyptian society of fitness Disability and environmental health f, Member

Awards and Honors

Cairo University . (2013).

International publication award

Cairo University . (2014).

International publication award

Cairo University . (2015).

International publication award

Cairo University . (2017).

International publication award

The world federation of chiropractic. (2015).

Mediterranean Region original research Poster award –Athena- 2015

Chiropractic Biophysics . (2016).

Chiropractic Biophysics Researcher of the Year award 2016

Professional Experience

Cairo University , 28/03/2014 - Present
Associate professor

Cairo university , 09/04/2009 - 03/10/2014
Assistant professor

Service

Professional

Bulletin of Faculty of Physical Therapy Cairo University (30/06/2015 - Present)

Managing editor

Journal of Pain Management & Medicine (08/10/2015 - Present)

Editorial board member

Austin spine journal (08/03/2017 - Present)

Editorial board member

Service as Reviewer for

Journal of Manipulative & Physiological Therapeutics,

Disability and rehabilitation journal,

Bulletin of Faculty of Physical Therapy

Clinical rehabilitation journal.

Journal of back and musculoskeletal rehabilitation .

Austin spine journal

Journal of Taibah university

Journal of Pain Research

Community

Community service and environment development council (04/08/2014 - 03/08/2015)

member

Courses Taught

University of Sharjah AMS

Spring 2016-2017 University of Sharjah AMS,
HSC 505262 Assessment in Physiotherapy
2.00 (Undergraduate, Transferable)

Spring 2016-2017 University of Sharjah AMS,
HSC 505263 Biomechanics & Kinesiology (2)
(Undergraduate, Transferable)

Spring 2016-2017 University of Sharjah AMS,
HSC 505360 Physiotherapy for Neurological Conditions
0.00 (Undergraduate, Transferable)

2005 - 2015 , course director
Therapeutic modalities 10106 Therapeutic modalities I
4.00 (Undergraduate, Transferable)

2005 - 2015 , course director
Electrotherapy I 10104 Electrotherapy I
4.00 (Undergraduate, Transferable)

2010 - 2015 , course director
advanced electrotherapy course Bas 505 advanced electrotherapy course
(Post Graduate, Transferable)

2004 - 2016 ,
Manual muscle testing 20103 Manual muscle testing
(Undergraduate, Transferable)

2009 - 2015 ,
peripheral mobilization Bas509 peripheral mobilization
(Post Graduate, Transferable)

2013 - 2015 ,
Therapeutic modalities 12981 beni suef university
(Undergraduate, Transferable)

2015 - 2016 ,
assessment in physical therapy 200035 assessment in physical therapy
(Undergraduate, Transferable)

Publications

Journal Article

Conference Presentations

THE EFFECT OF SHORT-TERM CONSERVATIVE PHYSICAL THERAPY VERSUS
OCCLUSIVE SPLINTING ON PAIN AND RANGE OF MOTION IN CASES OF
MYOGENIC TEMPOROMANDIBULAR JOINT DYSFUNCTION: A ...

T Shousha, I Moustafa, F Hegazy

journal of Orthopaedic & Sports Physical 49 (1)2018

DOES FORWARD HEAD POSTURE CORRECTION AFFECT PRESSURE PAIN
THRESHOLDS, NEUROPLASTIC CHANGES, AND AUTONOMIC NERVOUS
SYSTEM FUNCTION IN PATIENTS WITH CHRONIC NONSPECIFIC NECK
PAIN ...

I Moustafa, F Hegazy, T Shousha, E Aboelnasr

journal of Orthopaedic & Sports Physical 49 (1)2018

Mostafa Moustafa Abuamr, I. (09/03/2017). *Demonstration of central conduction time and neuroplastic changes after cervical lordosis rehabilitation in asymptomatic subjects: A randomized, placebo-controlled trial.* he World Federation of Chiropractic congress

| TITLE | YEAR |
|--|------|
| <p><u>THE EFFECT OF SHORT-TERM CONSERVATIVE PHYSICAL THERAPY VERSUS OCCLUSIVE SPLINTING ON PAIN AND RANGE OF MOTION IN CASES OF MYOGENIC TEMPOROMANDIBULAR JOINT DYSFUNCTION: A ...</u> T Shousha, I Moustafa, F Hegazy journal of Orthopaedic & Sports Physical 49 (1)</p> | 2019 |
| <p><u>DOES FORWARD HEAD POSTURE CORRECTION AFFECT PRESSURE PAIN THRESHOLDS, NEUROPLASTIC CHANGES, AND AUTONOMIC NERVOUS SYSTEM FUNCTION IN PATIENTS WITH CHRONIC NONSPECIFIC NECK PAIN ...</u> I Moustafa, F Hegazy, T Shousha, E Aboelnasr journal of Orthopaedic & Sports Physical 49 (1)</p> | 2019 |
| <p><u>Does improvement towards a normal cervical sagittal configuration aid in the management of cervical myofascial pain syndrome: a 1-year randomized controlled trial</u> IM Moustafa, AA Diab, F Hegazy, DE Harrison BMC musculoskeletal disorders 19 (1), 396</p> | 2018 |
| <p><u>EFFECT OF TRANSCRANIAL LASER ON SOMATOSENSORY INTEGRATION IN PATIENTS WITH NONSPECIFIC NECK PAIN: RANDOMIZED CONTROLLED TRIAL</u> GI Mohamed, IM Moustafa, RM Kamel, OM Kattabei International Journal of Physiotherapy 5 (2), 80-86</p> | 2018 |
| <p><u>Teaching the Digital Natives</u> LH Moustafa Review of Middle East Studies 51 (1), 45-49</p> | 2017 |
| <p><u>The effect of normalizing the sagittal cervical configuration on dizziness, neck pain, and cervicocephalic kinesthetic sensibility: a 1-year randomized controlled study.</u> IM Moustafa, AA Diab, DE Harrison European journal of physical and rehabilitation medicine 53 (1), 57-71</p> | 2017 |
| <p><u>The effect of normalizing the sagittal cervical configuration on dizziness, neck pain and cervicocephalic kinesthetic sensibility: A 1-year randomized controlled study.</u> SMI Abdl Mageed, EEM Abutaleb, AME Soliman, A Mohamed Labib, ... Journal of Medical Sciences 18 (1), 97-99</p> | 2017 |
| <p><u>Does rehabilitation of cervical lordosis influence sagittal cervical spine flexion extension kinematics in cervical spondylotic radiculopathy subjects?</u> IM Moustafa, AAM Diab, FA Hegazy, DE Harrison</p> | 2017 |

Journal of back and musculoskeletal rehabilitation 30 (4), 937-941

EFFECT OF FORWARD HEAD POSTURE ON SENSORIMOTOR INTEGRATION 2017

STA El Kasem, OM Kattabie, NAA Raouf, IM Moustafa
International Journal of Physiotherapy 4 (2), 118-125

Addition of a sagittal cervical posture corrective orthotic device to a multimodal rehabilitation program improves short-and long-term outcomes in patients with discogenic ... 2016

IM Moustafa, AA Diab, S Taha, DE Harrison
Archives of physical medicine and rehabilitation 97 (12), 2034-2044

The addition of upper cervical manipulative therapy in the treatment of patients with fibromyalgia: a randomized controlled trial 2015

IM Moustafa, AA Diab
Rheumatology international 35 (7), 1163-1174

does rehabilitation of cervical lordosis influence sagittal cervical spine flexion extension kinematics in cervical spondylotic radiculopathy subjects? 2015

I Moustafa, AM Diab, D Harrison
Journal of Chiropractic Medicine 14 (2), 138-139

Does improvement towards a normal cervical sagittal configuration aid in the management of lumbosacral radiculopathy: a randomized controlled trial 2015

I Moustafa, AM Diab, D Harrison
Journal of Chiropractic Medicine 14 (2), 138

The effect of adding forward head posture corrective exercises in the management of lumbosacral radiculopathy: a randomized controlled study 2015

IM Moustafa, AA Diab
Journal of manipulative and physiological therapeutics 38 (3), 167-178

Multimodal treatment program comparing 2 different traction approaches for patients with discogenic cervical radiculopathy: a randomized controlled trial 2014

IM Moustafa, AA Diab
Journal of chiropractic medicine 13 (3), 157-167

Does Improvement Towards A normal Cervical Sagittal Configuration Aid in the Management of Fibromyalgia: A randomized controlled trial 2013

IM Moustafa
Bull. Fac. Ph. Th. Cairo Univ 18 (2), 29

Extension traction treatment for patients with discogenic lumbosacral radiculopathy: a randomized controlled trial 2013

IM Moustafa, AA Diab

Clinical rehabilitation 27 (1), 51-62

The efficacy of lumbar extension traction for sagittal alignment in mechanical low back pain: A randomized trial **34** **2013**

AAM Diab, IM Moustafa

Journal of Back and Musculoskeletal Rehabilitation

Lumbar lordosis rehabilitation for pain and lumbar segmental motion in chronic mechanical low back pain: a randomized trial **33** **2012**

AA Diab, IM Moustafa

Journal of manipulative and physiological therapeutics 35 (4), 246-253

The efficacy of forward head correction on nerve root function and pain in cervical spondylotic radiculopathy: a randomized trial **74** **2012**

AA Diab, IM Moustafa

Clinical rehabilitation 26 (4), 351-361

Mostafa Moustafa Abuamr, I. (01/10/2015). *2-way traction for cervical spondylotic dizziness*. world federation of chiropractic congress

Mostafa Moustafa Abuamr, I. (01/06/2011). *The efficacy of cervical lordosis rehabilitation for nerve root function, pain, and segmental motion in cervical spondylotic radiculopathy*. WCPT

Mostafa Moustafa Abuamr, I. (01/06/2011). *Polarity effect of microcurrent electrical stimulation on tendon healings: biomechanical and histopathological studies*. WCPT

Mostafa Moustafa Abuamr, I. (01/03/2015). *Randomized controlled trial on denneroll and lumbar radiculopathy*. WFC (world federation of chiropractic) congress

Mostafa Moustafa Abuamr, I. (08/03/2013). *impact of 3D head posture on pulmonary function* . The 9th national conference of human performance in health and disability & chronic occupational & environmental respiratory diseases and human performance

Mostafa Moustafa Abuamr, I. (05/04/2013). *demonstration of nerve root function after 2-way traction in cases of spondylotic patient* . the 14th international Scientific Conference of Physical Therapy Cairo University: under the title "physical Therapy The Future of Treatment"

Mostafa Moustafa Abuamr, I. (05/04/2013). *demonstration of nerve root function after 2-way traction in cases of spondylotic patient* . the 14th international Scientific Conference of Physical Therapy Cairo University: under

the title "physical Therapy The Future of Treatment"

Mostafa Moustafa Abuamr, I. (14/03/2014). *demonstration of the intervertebral movements after different types of stretching* . The 15th international Scientific Conference of Physical Therapy Cairo University:

Mostafa Moustafa Abuamr, I. (22/10/2017). *The Effect of Normal Cervical Sagittal Configuration in the Management of Cervicogenic Dizziness: A 1-Year Randomized Controlled Study*. International conference World Academy of Science, Engineering and Technology, Dubai