

CURRICULUM VITAE

Personal Data

Name : Lamiaa Kottob Elsayyad

Date of Birth: 30/10/1979

Nationality: Egyptian

Foreign Language: English

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Educational Experience

2014 Ph.D. Degree in Biomechanics

Biomechanics Department, Faculty of Physical Therapy, Cairo University.

Grade: excellent with honors.

Thesis Title: Muscle imbalance in patient with lumbar spondylosis.

2007 M.Sc. Degree in Physical Therapy

Biomechanics Department, Faculty of Physical Therapy, Cairo University

Grade: very good with honors.

Thesis Title: Effect of backpack carrying systems on gait kinetics in idiopathic scoliotic patients.

2000 Bachelor Degree in Physical Therapy,

Faculty of Physical Therapy, Cairo University

Grade: excellent with honors.

Professional Experience

§ Treatment of hundreds of pediatric cases in my special clinics.

§ Years of sharing all academic works& activities at Faculty of Physical Therapy, Cairo University since 2002.

§ Work as an instructor then assistant lecturer then lecturer in Biomechanics department, Faculty of Physical Therapy, Cairo University.

§ Cairo University Hospitals (Kasr El-Eini).

Practical abilities

§ Application of different physical therapy modalities

§ Conducting different screenings for new patients

§ Implementing manual physical; techniques

§ Documentation and administrative work

Teaching

§ Study of movement

§ Gait analysis

§ Orthopedic biomechanics

§ Regional biomechanics

§ Biomechanics of lumber spine

§ Ergonomics

§ Certified Item Author, Saudi Commission for Health Specialties (2020-2022)

Scientific Activities:

-Attendance and participation in conferences, workshops....

Conferences

Activity Attendance/ Participation	Date	Title of Conference	Type Local/ International	Organiser
Attendance	1-3 Mar., 2006	Ninth international scientific conference. Physical therapy is safe cure.	International	Faculty of physical therapy, Cairo University
Attendance	6-7 Mar., 2008	Eleventh international scientific conference Physical therapy and the art of caring	International	Faculty of physical therapy, Cairo University
Attendance	18-19 Jun.,	The fourth national conference of human	Local	The Egyptian society of fitness

	2008	performance in health and disability.		disability and environmental health
Attendance	13-14 Oct., 2011	International pediatric foot symposium.	International	Al-Azhar University
Attendance	11-12 Apr. 2012	MUST international surgical conference.	International	MUST in collaboration with the Egyptian society of surgical oncology.
Attendance	10-11 Mar., 2016	The seventeenth international scientific conference Empowering disability.	International	Faculty of physical therapy, Cairo University
Attendance	16-17 Mar., 2017	The eighteenth international scientific conference Innovative physical therapy and rehabilitation.	International	Faculty of physical therapy, Cairo University
Attendance	22-23 Mar., 2018	The nineteenth international scientific conference Physical therapy and a better future for disabled.	international	Faculty of physical therapy, Cairo University

Workshops and Training Courses

Activity Attendance/ Participation	Date	Title of workshop/ course	Organiser
Attendance	March 11, 2004	Workshop in 3D gait motion analysis.	Faculty of physical therapy, Cairo University
Attendance	Sep.15, 2004	Workshop in 3D gait motion analysis.	Faculty of physical therapy, Cairo University
Attendance	Sep.19, 2004.	Isokinetic system version 1.	Faculty of physical therapy, Cairo University
Attendance	Sep.21, 2004	Workshop about balance system.	Faculty of physical therapy, Cairo University
Attendance	Oct.13, 2004.	Isokinetic system version 2.	Faculty of physical therapy, Cairo University
Attendance	Nov.12, 2004	Foot pressure system.	faculty of physical therapy, Cairo University,
Attendance	Dec. 10, 2014	THOMSON REUTERS.	Saudi Digital Library

Attendance	Oct. 16, 2017	Access Medicine part 1.	Saudi Digital Library
Attendance	Oct. 24 2017	Clinical key – البحث في مصادر المعلومات الطبية	Saudi Digital Library
Attendance	Oct. 29, 2017	Mc Graw-Hill education workshop-Access Medicine.	Saudi Digital Library
Attendance	Nov. 6, 2017	ProQuest	Saudi Digital Library
Attendance	Nov.13, 2017	Discover BMJ best practice	Saudi Digital Library
Attendance	Nov 15, 2017	Access Medicine - البحث في المصادر الطبية	Saudi Digital Library
Attendance	Nov.19, 2017	introducing Jove journal	Saudi Digital Library
Attendance	Nov.19, 2017	OVID	Saudi Digital Library
Attendance	Nov. 20 2017	Science direct- – البحث في مصادر المعلومات الطبية.	Saudi Digital Library
Attendance	Nov.20, 2017	Research Methodologies.	Saudi Digital Library
Attendance	Nov.21, 2017	Mendeley training.	Saudi Digital Library
Attendance	Nov.22, 2017	Analysis of previous studies and research literature.	Saudi Digital Library
Attendance	Dec.11, 2017	E-scientica: Tips to avoid common mistakes researchers make when they are writing a research article.	Saudi Digital Library
Attendance	Dec.17, 2017	Searching for management information sources- EPSCO.	Saudi Digital Library
Attendance	Jan.21, 2019	CABI platform.	Saudi Digital Library
Attendance	Mar.6, 2019	Learning through community service.	Saudi Digital Library
Attendance	Mar.11, 2019	Clinical key.	Saudi Digital Library
Attendance	Mar.12, 2019	Britannica.	Saudi Digital Library
Attendance	Oct.17, 2019	SPSS.	Saudi Digital Library
Attendance	Sep.8- 21, 2020	Excellence in e-learning.	Saudi Digital Library
Attendance	Dec.9, 2020	Certified Item Author (CIA) program.	Saudi Commission for Health Specialties
Attendance	Aug. 3, 2022	Search strategies in international database.	Future scientists platform.

FLDC courses:

1. Effective Teaching program, Faculty of physical therapy, 2006.
2. Skills of Thinking program. Faculty of nursing, 2006.
3. Skills of Effective Communication program, Faculty of Media, 2006.
4. Skills of Effective Presentation program, Faculty of Media, 2007.
5. Modern Trends in Teaching, FLDC, 2008.
6. Competitive research projects, Kasr-Elaini, 2011.
7. Communication skills in various modes of education FLDC, 2012.
8. international publication, FLDC, 2012.
9. Systems of examination and students evaluation, FLDC, 2013
10. Time and meetings management, FLDC, 2013
11. Financial and legal aspects of the undergraduate Business, FLDC, 2013.
12. The art of effective leadership, FLDC, 2020.
13. Critical thinking, FLDC, 2020.
14. Making decisions and solving problems, FLDC, 2020.
15. Blended Learning Basics, FLDC, 2020.
16. Positive thinking, FLDC, 2021.
17. Mobile Applications " BIT 08 " Fundamentals of Digital Transformation Certificate (FDTC), FLDC, 2022

Scientific Publications

S	Title	Authors	Journal
1	Bone mineral density in children and adolescents (with and without down's syndrome) in KSA: a comparative study.	1-Hatem H. Allam. 2- Lamiaa K.Elsayyad 3- AfnanM. Alkhairi	International journal of advanced research, (Int. J. Adv. Res). November 2016, Vol 4(11): 704-710
2	Comparison between muscular torque and H/Q ratio in normal children and children with generalized joint hypermobility	1-Dr. Hatem Hassan Allam 2-Dr. Lamiaa Kottb Elsayyad 3-Dr. Hala Ahmed Abdelgawad	International Journal of Physiotherapy and Research, (Int J Physiother Res) February 2017, Vol 5(1):1812-18. ISSN 2321-1822 (Local)

3	Eccentric and concentric torque of the lumbar and hip Extensors in females with low back pain	1-Lamiaa Kottb Elsayyad, 2- Ayman Goda Matar, 3-Amr Almaz Abdel-aziem , 4- Salam Mohamed Elhafez	International Journal of Physiotherapy and Research ISSN 2321- 1822 www.ijmhr.org/ijpr.html (Local)
4	Walking capacity in boys with Down's syndrome in Saudi Arabia.	1-Dr. Hatem Hassan Allam 2-Dr. Mosfer Ali Al-Walah 3-Dr. Lamiaa Kottb Elsayyad	International Journal of Therapy and Rehabilitation (Int J Ther Rehabil.), March 2020., Volume 27, Issue 2 https://doi.org/10.12968/ijtr.2018.0008 ISSN (online): 1759-779X (International)
5	Effect of shockwave therapy on kinematic gait parameters in children with spastic diplegic cerebral palsy	1-Dr. Hatem Hassan Allam 2-Dr. Abdulrahman Jamaan Almalki 3-Dr. Lamiaa Kottb Elsayyad	International Journal of Therapy and Rehabilitation (Int J Ther Rehabil.), April 2021. Volume 28 Issue 3 ISSN (online): 1759-779X https://doi.org/10.12968/ijtr.2020.0029 (International)
6	Effects of Plyometric Exercises versus Flatfoot Corrective Exercises on Postural Control and Foot Posture in Obese Children with a Flexible Flatfoot	1-Dr. Hatem Hassan Allam 2-Dr. Muhsen Basous Alsufiany 3-Dr. Mosfer Ali Al-Walah 4-Dr. Abdulmajeed Naser Alotaibi, 5-Dr. Shayek Shael Alotaibi 6-Dr. Lamiaa Kottb Elsayyad	Applied Bionics and Biomechanics (2021), Volume October 2021, Special issue, Article ID 3635660, 8 pages ISSN: 1176-2322 (Print) ISSN: 1754-2103 (Online) DOI: 10.1155/9309 https://doi.org/10.1155/2021/3635660 (International)

7	The effect of aerobic training versus cognitive behavioral therapy in management of anxiety, depression and stress related to COVID 19 pandemic among university students: A randomized controlled trial,	1-Nashwa S Hamed 2-Amr A Abdel-aziem 3-Alsufiany Muhsen 4-Marwa M Eid 5-Hatem A Allam 6-Amira M El-Gendy 7-Lamiaa K El Sayyad	Medical Science 25(115), September 2021. (International)
8	Medical Undergraduate Students' Perception about Online Education during the COVID-19 Pandemic	1-Dr. Hatem Hassan Allam 2-Dr. Nouf Khamis Alghamdi 3-Dr. Sarah Abdullah Alghamdi 4-Dr. Arwa Abdulrahmman Alzaedi 5-Dr. Haya Ali Alharthi 6-Dr. Rawan Raddah Al sufyani 7-Dr. Shahd Turki Al osaimi 8-Dr. Lamiaa Kottb Elsayyad	Open Access Macedonian Journal of Medical Sciences, 2022 Feb 04; 10(E):213-218. https://doi.org/10.3889/oamjms.2022.8024 eISSN: 1857-9655 (International)

9	Cross-cultural adaptation and validation of the Arabic version of oxford ankle foot questionnaire for children	1-Dr. Shayek Shael Alotaibi 2-Dr. Mosfer Ali Al-Walah 3-Dr. Adel Abdullah Alhusaini 4-Dr. Lamiaa Kottb Elsayyad 5-Dr. Mohammed Alotaibi 6-Dr. Fawzan H. Alshareef 7-Dr. Hatem Hassan Allam	Disability and Rehabilitation, March 2022, DOI: 10.1080/09638288.2022.2043463 Print ISSN: 0963-8288 Online ISSN: 1464-5165 (International)
10	Effect of Application of Moderate-Intensity Exercise on Gait Kinematics and Motor Performance in Children with Surgically Corrected Acyanotic Congenital Heart Disease	1-Dr. Hatem Hassan Allam 2-Dr. Muhsen Basous Alsufiany 3-Dr. Fahad Hadi Alshehri 4-Dr. Rania Al-meheyawi 5-Dr. Meteb Alotiabi 6-Dr. Tarek Alsayad 7-Dr. Lamiaa Kottb Elsayyad	Accepted, 13-4-2022 Journal of Healthcare Engineering, ISSN: 2040-2295 (Print) ISSN:2040-2309 (Online) DOI: 10.1155/7158 (International)

11	Effect of different exercise intensities on knee and ankle joints' torque and functional mobility in children with Down's syndrome	1-Dr. Hatem Hassan Allam 2-Dr. Muhsen Basous Alsufiany 3-Dr. Fahad Hadi Alshehri 4-Dr. Rania Al-meheyawi 5-Dr. Adel Abdullah Alhusaini 6-Dr. Tarek Alsayad 7- Dr. Samah Sheha 8-Dr. Lamiaa Kottob Elsayyad	SPORT TK- Euro American Journal of Sport Sciences ISSN: 2340-8812 Accepted on 14-4-2022 For publication in the Vol. 12 (2023) (International)
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Scientific Research Review

Editor/Reviewer in international or local scientific journal

Reviewer in the Open access macedonian journal of medical sciences reviews.

Other Activities

- Membership in undergraduate control
- Membership in quality management unit

Last updated
month/year
9/2022