

Contents lists available at ScienceDirect

Biomedicine & Pharmacotherapy



journal homepage: www.elsevier.com/locate/biopha

New calogenin pregnane glycoside derivative from *Huernia saudi- arabica* and its Lipase and α -Glucosidase Inhibitory Activities



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ARTICLE INFO	A B S T R A C T
Keywords: Docking Huernia saudi-arabica Obesity a-Glucosidase Pancreatic lipase Pregnane glycoside	As ongoing investigation of <i>Huernia saudi-arabica</i> D.V.Field (Asclepiadaceae), a new steroidal pregnane glycoside (Huernioside A) was isolated from dichloromethane fraction (DCM); it was identified as 3β , 11, 14β , $20(R)$ - tetrahydroxy-pregna-5,9(11)-diene-3- <i>O-β</i> -D-thevetopyranosyl-(1-4)- <i>β</i> -D-cymaropyranoside(HCP) through ana- lysis of 1D, 2D NMR besides ESI-MS data. The alcoholic extract of the aerial part (ALE), DCM and HCP showed inhibitory potential against pancreatic lipase compared to orilstat. Among the tested samples, the ALE and HCP exhibited a promising pancreatic lipase inhibitory commotion through IC ₅₀ values of 0.61 ± 0.15, 1.23 ± 0.07 mg/ml (equivalent to 88.8 µM), respectively. HCP was prevailed to have a mixed mode of in- hibition as exposed by enzyme kinetic studies. Hydrophobic interactions were the major forces involved in ligand enzyme interactions. In contrast, moderate α-glucosidase inhibitory activities were evidenced for ALE and HCP (% inhibition: 24.8 ± 1.8 and 26.6 ± 2.5, respectively) compared to acarbose. This investigation is the first to report on the possible <i>in vitro</i> anti-obesity and anti-diabetic impact of <i>H. saudi-arabica</i> .

1. Introduction

Metabolic syndrome is defined as a combination of metabolic complaints including hyperglycemia, hypertension, obesity, high-serum triglycerides and low level of high-density lipoprotein [1]. Pancreatic lipase and α -glucosidase are key targets for nutraceuticals and drugs alleviating metabolic syndrome [2]. Pancreatic lipase has a key responsibility in absorption of lipid through triglycerides hydrolysis to glycerol and free fatty acids. While breaking down of starch and disaccharides into glucose for intestinal uptake is the main role of α -glucosidase enzyme, inhibition of these enzymes can hold back triglyceride and carbohydrate absorption, thus causing a reduction in the rate of glucose absorption into the blood. A therapeutic approach for managing obesity and diabetes is inhibition of these enzyme activities in digestive organs [3–5].

Phytochemicals and/or plant extracts that can constrain the pancreatic lipase and α -glucosidase enzymes are regarded as valuable agents to control serum levels of sugar besides fat accompanied by minimal side effects when compared to orlistat and acarbose [6,7]. Moreover, they have the aptitude to persuade body weight decrease and avert diet induced obesity [8,9]. Lately, inhibitors of pancreatic lipase are highly evaluated because of their role in hydrolysis of over 80% of the total dietary fat [10]. The inhibition results in delay or reduction in lipid absorption and therefore protects the pancreas, which will reinstate regular insulin production from the β cells [11]. Type II diabetes occurs due to dysfunction of insulin-producing pancreatic β cells, whose destruction could be instigated by the extreme accretion of lipids in the pancreas [12,13]. In vitro and in vivo studies of antidiabetic activities of pregnanes phytochemicals have been previously reported[14,15].

Pregnanes and pregnane glycosides are stated in numerous members of the subfamily Asclepiadaceae [15,16]. About 70 species of *Huernia* (Asclepiadaceae) are distributed in the tropical part of the world, South Africa, Ethiopia and Saudi Arabia [17]. Several members of the genus *Huernia* are famine-food plants and have promising ethnopharmacological uses [18]. For example, the wound healing activity of *Huernia Sp.Nov.aff.Boleana* was verified [19] as well as its antidiabetic activity [14]. *Huernia hystrix* was studied as acetylcholinesterase inhibitor, having antioxidant, antiinflammatory, and antimicrobial effects [18]. A previous study by the authors on *Huernia saudi- arabica* have reported the isolation of pregnane glycoside ester which showed a potent anti-schistosomal effect [20]. Pregnane glycosides attracted recent attention because of their health benefits as antiobesity agents [15,21,22]. Hypoglycemic effect of non-acetylated and acetylated pregnane glycosides was previously reported in different

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https://doi.org/10.1016/j.biopha.2020.110143

Received 23 December 2019; Received in revised form 30 March 2020; Accepted 30 March 2020

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Caralluma species [15,23]. Therefore, the aim of the present study is to test the possible inhibitory activity of *Huernia saudi* -*arabica* extracts and their pregnane glycoside on lipase and α -glucosidase enzyme.

In the present study, the authors have stated, for the first time, the inhibitory effects of the alcoholic extract (ALE), dichloromethane soluble (DCM) fraction as well as the new steroidal pregnane glycoside, huernioside A (HCP) isolated from *H. saudi-arabica* on pancreatic lipase and α -glucosidase enzymes. Enzyme kinetics and docking studies were performed to investigate the lipase inhibitory activity.

2. Materials and Methods

2.1. General experimental procedures

Vacuum-liquid (VLC) and column (CC) chromatography were carried out on silica gel 60 (Merck, Kieselgel 60, 70-320 µm), silica gel 60 (Merck, Kieselgel 60, 230-400 µm); respectively. LH-20 Sephadex (25-100 µm, GE Healthcare), reversed phase (RP-18), precoated silica gel F254, RP-18 and cellulose thin layer chromatographic (TLC) plates $(20 \times 20 \text{ cm})$ were purchased from Sigma-Aldrich (Chemicals-Germany). The following solvent systems were used for developing the chromatograms S1: n-hexane: ethyl acetate (6:4), S2: n-hexane: chloroform (7:3), S3: methanol: water 7:3 and methanol: water 4:6v/v. All solvents were of analytical grade. p-anisaldehyde-sulfuric acid was used for visualization of triterpenoids and/or steroids on TLC plates. A Bruker micro TOF mass spectrometer was used for recording mass spectra (ESI-MS). Jasco FT/IR-460 plus (Tokyo, Japan) was utilized to monitor IR spectra as KBr discs. Melting point was determined using Afon® DMP100 Melting Point. Bruker high performance digital FT-NMR spectrophotometer (Karlsruhe, Germany) ¹H-NMR 400 (¹H) and ¹³C-NMR 100 (¹³C) at MHz spectra were detected on a working in CHCl₃-d1 as a solvent and chemical shifts were specified in δ (ppm) virtual to tetramethylsilane as interior average.

Reference compounds including D-thevetose and D-cymarose were used to identify the monosaccharides in the glycoside hydrolysate. Sugar identification, including its absolute configuration, was performed as previously reported [20,23]. Lipase was obtained from porcine pancreas (Sigma, Germany), 4-nitrophenyl palmitate was purchased from Alfa Aesar,(Germany). Methanol was of analytical grade. α -Glucosidase was obtained from *Saccharomyces cerevisiae* (Sigma, Germany), 4-nitrophenyl- α -glucoside was obtained from Alfa Aesar, (Germany). Tris base was obtained from (Sigma, Germany). Orlistat and acarbose were purchased from Sigma Aldrich (St Louis, MO, USA). All supplementary chemicals used were of a methodical grade.

2.2. Plant materials

In March, 2011, the plant was collected from southwest Saudi Arabia in rocky regions of El Taif. Wadi Thee-Gazal in the Al-Shafa region (SW Arabia 2000 m (AMSL) Above Medium Sea Level) is the richest area in vegetation in Al-Taif province, including many species of genus Huernia. Authentication of the plants was carried by Prof Dr. Nahid Wally, Faculty of Science, King Abdelaziz University, Jeddah, Saudi Arabia. In the herbarium of the college of pharmacy, King Abdul-Aziz University (Girls section) Jeddah, Saudi Arabia, a voucher specimen was deposited (# 11677-A).

The aerial parts (500 g) of *H.saudi-arabica* were dried and percolated in ethanol at extent temperature to give a dark green semisolid deposit 15 g following evaporation of the solvent. Alcohol extract (ALE) 10 g was suspended in water and defatted with petroleum ether, then successive extraction was conducted using Dichloromethane (DCM) and nbutanolto yield 3, 4 and 3.8 g of solid residue, respectively. TLC of the different soluble fraction revealed that the DCM is the richest soluble fraction in the phytoconstituents. Consequently, it was subjected to further investigation.

2.3. Fractionation and isolation of the components of the dichloromethane soluble fraction

Four grams were chromatographed on a VLC column packed with silica gel H (210 g, 12.5 x 7 cm) using gradient elution with chloroform, and chloroform- methanol mixtures. Aliquots of 200 ml each, were gathered and examined by TLC. Alike fractions were collected together to get two main fractions (I-II). Fraction II (1.57 g), eluted with 20% methanol/chloroform, was additionally subjected to re-chromatography on top of RP-18 silica gel column through (7:3) methanol-water as eluent which leads to isolation of HCP compound (20 mg).

2.4. Acid hydrolysis

Two mg of HCP were hydrolyzed according to the procedure reported by Ma et al., [24]. The hydrolsate contained the aglycone (Δ 9(11) calogenin pregnane), cymarose and thevetose as determined by TLC comparison with authentic samples [25–27]. Moreover, the comparison of chemical shift values of ¹³CNMR to those reported in literature gave unequivocal evidence about the configuration of the sugars. The absolute configurations of D-cymarose, and D-thevetose were determined as per the method published by Hara et al. [28]. This determination was conformed the observation that D-cymarose is common in *Huernia* species. *Huernia and Caralluma* species were characterized with the presence of cymarose and thevetose and others sugars.

2.5. HCP compound

It is a white amorphous powder; 30.72µM, 65.1%; m.p.170-172 °C; IR (KBr) ν_{max} : 3370 and 1448 cm⁻¹; ESI/MS m/z 657 [M⁺Na-H₂O]⁺ in positive mode and m/z 651 [M-H]- in negative (calc. for C₃₅H₅₆O₁₁.651); as shown in Table S1 for¹H- NMR (400 MHz, CDCl₃) and ¹³C-NMR (100 MHz, CDCl₃) assignments.

2.6. Assay for Lipase Inhibitory activity

Inhibitory action in opposition to pancreatic lipase was deliberate subsequent to the previously published method of Pöhnlein et al., [29]. Enzyme assay was composed of 220 µl final volume. First, lipase enzyme (50 µl) of 2.5 mg/ml solution in buffer tris-HCl (200 mM, pH 7.5) was incubated with tris buffer (-158 µl) and the inhibitor (10 µl, methanolic solution) or methanol was used in case of blank assay. Incubation lasted for 5 minutes at room temperature. The reaction started by addition of *p*-nitrophenyl palmitate (2 µl of 10 mM solution in MeOH) and lasted for 30 min at 37 °C. The color of the developed product was measured using microplate reader (Tecan Infinite f50, Switzerland) at 405 nm. Blank assays were performed to nullify the inherent color of the extracts.

2.7. Assay for a-glucosidase inhibitory activity

The *a*-glucosidase inhibitory activity was determined by a colorimetric assay utilizing a well-established protocol with some modifications [30]. Enzyme assay was composed of 220 µl. It was performed in 96-well microplate. First, 100 µl of the substarte (NPG, 6 mM) is mixed with 10 µl tested inhibitor. Then, the response started by the adding of the enzyme (100 µl of 0.3 U/ml) after incubation at 37 °C for 15-20 min. The color of the developed product was measured using microplate reader at 405 nm. Blank assays were performed to nullify the inherent color of the extracts. The percent of inhibition was estimated as follows:

% of inhibition = $(AN - At)/AN \times 100$

Where AN is absorbance of normal enzyme assay with no inhibitor; At is absorbance of enzyme assay containing tested extract or compound.

2.8. Mode of inhibition

To detect the mode of the inhibition of the tested compound HCP against lipase enzyme Line weaver-Burk plots were utilized. Enzyme reactions were performed in absence and presence of the inhibitor (8.8 and 4.4 μ M) at different substrate concentrations (10, 5, 2.5, 1.25 μ M) of *p*-nitrophenyl palmitate. Ki was deliberate by means of Graph Pad Prism software utilizing the equation applied for assorted type of inhibition.

V max App = V max /(1 + I/(Alpha * Ki))

Km App = Km * (1 + I/Ki)/(1 + I/(Alpha * Ki))

 $Y = V \max App * X / (Km App + X)$

The factor I is the concentration of inhibitor. The factors Alpha, Vmax, Km and Ki were determined by Prism which fits one best-fit value for the whole set of information.

2.9. Molecular docking of orlistat and compound HCP

Molecular Operating Environment software (MOE), Chemical Computing Group Inc., Montreal, Canada) was used for performing molecular docking. Pancreatic lipase crystal l structure was downloaded from PDB (1lpb) (http://www.rcsb.org/). Hydrogens, connectors and atoms were added following the standard procedure of MOE. Binding pocket was located and confirmed to contain the amino acid Ser152. Compound HCP was drawn in chemsketch software where its SMILES code was exported to MOE. SMILES structural code of orillstat was imported from the Pubchem database (PubChem CID: 3034010). Both ligands were subjected to energy minimization. All compounds were stored in a single database file to be used in docking estimation. Docking was performed between target dummies and ligands in the database file with the following defaults: i) triangle matcher was utilized as the placement methodology, ii)London dG was utilized as Scoring methodology and was adjusted to the default values.

2.10. Data presentation and statistical analysis

The entire data were presented from a bare minimum of three experiments. Analysis of concentration mortality data was conducted to estimate the IC_{50} value and dose-response using the Graph Pad Prism 6 software.

3. Results

3.1. Identification of pregnane from H. saudi-arabica

Compound HCP (named huernioside A) was isolated as white amorphous powder (20 mg (30.72µM), mp170-172 °C with C35H56O11 the molecular formula, as prevailed from its ¹³C-NMR in addition to ESI/MS m/z 657 $[M^+Na-H_2O]^+$ in positive mode and 651[M-H]- in negative mode (Figs. S1-7). It exhibits an activist Libermann-Burchard as well as keller-kiliani reactions demonstrating the incidence of steroidal skeleton with a 2-deoxy sugar [31]. IR scale showed assimilation bands owing to the presence of hydroxyl (3370 cm⁻¹) and the absence of the carbonyl groups. The ¹H and ¹³C-NMR data (Figs. S1-2) revealed the presence of two anomeric protons ($\delta_{\rm H}$ 4.88, 4.32) and carbon signals at δ_{c} 95.7, 104.2 correspondingly, indicating the presence a diglycoside consisting of methoxy sugars of 6-deoxyhexose and 2,6dideoxyhexose (cymarose and thevetose) units (Table S1, Fig. S1). The inner sugar unit was recognized as cymarose, whereas the terminal one was identified as thevetose (6-deoxy-3-O-methyl-D-glucose) when compared to data in literature [25,32]. Identity of the deoxy sugars was confirmed from the signals at doublet signals at $\delta_{\rm H}$ 1.31, 1.33 (every 3H, d, J = 6.2 Hz) which were correlated among the ¹³C-NMR signals at δ_c 18.3, 17.8

respectively, and assigned to the secondary methyl (C-6`), (C-6``). In addition, the ¹H-NMR methyl singlet's at $\delta_{\rm H}$ 3.45, 3.67 (3 H) was correlated with carbon signals at δ_c 57.81, 60.68 and credited to the two OCH₃ groups of the sugars moieties attached to C-3_{Cvm} and C-3_{They}, correspondingly. The axial orientation of H-2``,H-3`` and H-4`` feature for thevetose was consistent with the splitting pattern and coupling constant of H-3^(t, J = 8.0 Hz). Cymarose unit was glycosylated at C-4 as revealed by a downfield shift observed for C-4_{Cvm} 82.6 ppm. The ¹³C-NMR spectrum of HCP (Fig. S2) exhibits the glycosylation site at C-3 which was deduced from a downfield shift of C-3 and the upfield shifts of C-2 and C-4. A long-range correlation between C-3 (δ_c 77.4) and H-1` $(\delta_{\rm H}4.88)$ in the HMBC spectrum prevailed the attachment of the cvmarose to C-3. The recognition of the sugar part and its connection sits (H-1[°]_{cvm}-C-3, H-1[°]_{Theve}-C-4[°]_{Cvm}) was confirmed as the C-1[°] of the inner cymarose-I unit typically resonate up field (δ_c 95.7) when connected to C-3 of the aglycone in disparity to C-1`` of the vetose (δ_c 104.2) linked to C4` of cymarose. The sequence of sugar units was also defined by HMBC spectrum which prevailed correlation between H-1 $``_{\rm Thev}$ ($\delta_{\rm H}$ 4.32, d, J = 7.8 Hz) and C-4 _{Cvm}(δ_c 82.6). Therefore, the sugar chain was established to be β -D-theveopyranosyl-(1-4)- β -D-cymaropyranoside. The β pattern of the anomeric protons was proved from their large J H1, H2 coupling constant 7.8 and 9.3 Hz respectively (Table S1).

The structure of the aglycone moiety of HCP was deduced to be calogenin from careful examination of its1D-, 2D-NMR data and comparison to literature [33-35]. ¹H-NMR spectrum (Fig. S1 & Table S1) showed two singlets and one doublet at $\delta_{\rm H}$ 1.00, 1.60 and 1.33 (d, J = 6.0) this indicated the presence of methyl groups CH₃-19, CH₃-18 and CH₃-21groups respectively. ¹H-NMR spectrum also showed an olefinic proton at $\delta_{\rm H}$ 5.38 (H-6) of a double bond located at C-5/C-6 on the basis of long-range HMBC correlations between H-6 and C-4 and C-7 which is in agreement with literature [32]. Moreover, ¹³C-NMR showed a second double bond located at C-9/C-11 at δ_c 113.2 and 175.6 as two quaternary carbons, respectively, with a hydroxyl group at C-11. The position of OH at C-11 was evidenced from the downfield of C-11 (175.6) which showed a long range correlation with H-12 ($\delta_{\rm H}$ 1.92) relative to the previously reported value [22]. In HSQC spectrum signals at $\delta_{\rm H}$ 3.54 (1H, m) and 3.59 (1H, br q) were correlated with the oxygenated methine carbons at 77.4 and 77.2 ppm, and recognized for protons H-3 and H-20 correspondingly. The oxygenated quaternary carbons at δ_c 175.5 and 113.2 were predicted to C-11 and C-14 which is in agreement with previously reported data [32,34]. Configuration of C-20 was left unassigned in many of the previously identified pregnane glycosides [25,32]. On the other hand, a cautious examination was carried out to determine the C-20 configuration through comparing the ¹³C-NMR of the 20R and 20S pregnane compounds [35]. As there was notable changes in the ¹³C chemical shits values for C-16 and C-20 between the two sets of epimers. The reported ¹³C shifts values for C-20 and C-16 in case of 20R and S epimers were approximately at 71.0, 65.0 ppm for C-20 and 27.0, 19.0 ppm for C-16 respectively [35]. Likewise, it was found that the ¹³C chemical shifts values for C-16 and C-20 at δ_c 20.3 and 77.2 respectively, pinpoint of an *R*-configuration for C-20 [34]. As explained from the fact that the free rotation in the 20hydroxy-C/D-Cis-pregnane type steroids was implicit to be limited by steric hindrance amongst C-18 methyl, C-21 methyl and C-20 hydroxyl groups on the origin of the space-filling model, which proves that HCP is of the 20R epimer pregnane steroids. Fusion of rings C and D is Cis in accordance to previously reported data [34]. After a careful analysis of the NMR spectra (COSY, HSQC, HMBC) (Figs. S3-5) and assessment of reported values the genin was identified as Δ 9(11) calogenin [25,34,36]. The vicinal H-17 to H-20 coupling constants was observed as small values in the ¹H-NMR spectra. Cross-peaks were observed between H-17 and H-20, CH₃-18 and H-20 in NOESY spectrum. The compound prevailed H-17 and H-20 in the α -configuration ($\delta_{\rm H}$ 2.67, br d, 2.7 Hz) and ($\delta_{\rm H}$ 3.55, m) respectively as revealed from the NOESY spectrum when compared with the allied compounds [34]. Elevated strength cross peaks from a long-range coupling by H-18 with H-17 and

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mode of inhibition which may allude that HCP might have another binding site to the protein. This will need a more detailed study.

4. Discussion

The present work contributes to the ongoing phytochemical and biological characterization of the interesting succulent species of Huernia [20]. Despite their utilization as famine food and in folk medicine [14,18], their chemical profiling was poorly studied. A new pregnane glycoside was isolated and identified utilizing modern spectroscopical techniques. Moreover, the potential of the alcoholic extract and HCP as possible lipase inhibitors was highlighted. HCP showed a promising activity with a moderate IC₅₀ value. So far, phenolics, saponins, alkaloids, polysaccharides and aromatic terpenoids were studied [10,51]. In contrast to other investigated phytochemicals, HCP has two merits. First, its pregnane nucleus is essential for hydrophobic interaction to the receptor. Such an interaction is essential in the ligandreceptor recognition [49,50]. Therefore, pregnane scaffold can be used as lead nucleus for designing more active derivatives. Second, its mixed mode of inhibition could be inciting to investigate other possible inhibitor-enzyme interacting sites. Overall, pregnane derivatives need more studies to elucidate their pancreatic lipase inhibitory activity. Consequently, their nucleus can be modified to develop more potent derivatives. The most significant enzyme accountable for digestion of dietary fat, slowing down the declaration of fat into adipose tissue and repression of weight gain is pancreatic lipase which has beneficial effects to overweight and obesity [52]. Reviews have discovered that plants loaded in phytoconstituents as steroidal saponins and polyphenol can inhibit pancreatic lipase and reduce weight gain in high-fat diets [32]. Therefore, the ability of natural products in inhibiting lipase and α -glucosidase might provide a substitute therapy for the management of obesity [53].

5. Conclusion

The authors highlight that the new steroidal pregnane glycoside (Huernioside A); 3β ,11, 14β ,20(*R*)-tetrahydroxypregna-5,9(11)-diene-3-*O*- β -D-thevetopyranosyl-(1-4)- β -D-cymaroopyranoside could be the future therapeutic agents for inhibition of pancreatic lipase.

6. Contribution of all authors

Dr Abeer M.El Sayed contributes to idea of paper, study design, collection of materials, methodology, isolation and identification of the new isolated compound, writing the paper and revising it. Dr. Essam Abdel Satter contributes to identification of the new isolated compound, revising the manuscript. Dr Mohamed N. Khalil contributes to do the enzyme assays, writing the paper and revising it.

7. Declaration of Competing Interest

The authors declare that they have no competing interests.

Acknowledgements

Authors would like to thank Dr Nahid Wally, College of Science, King Abd El Aziz University, Jeddah, Saudi Arabia who kindly identified *Huernia-saudi arabia* plant.

Appendix A. Supplementary data

Supplementary material related to this article can be found, in the online version, at doi:https://doi.org/10.1016/j.biopha.2020.110143.

H-12 (axial) were assigned. Consequently, HCP evidenced the presence of four hydroxyl groups located at 3β , 11, 14 β and 20 based on spectra data and reported data [34]. Based on these findings, the aglycone of the HCP compound was determined to be 20*R* –pregn-5,9-dien-3 β , 11, 14 β , 20-tetraol (C₂₁H₃₂O₄). From the above detailed information, the HCP compound was recognized as huernioside A: 3β -11, 14 β , 20(*R*)-tetrehydroxy-pregna-5,9(11)-diene-3-*O*- β -D-theveopyranosyl-(1-4)- β -D-cymaropyranoside as reported in the current study for the first time in nature.

3.2. Lipase Inhibitory activity

Among the tested extracts, ALE showed the highest inhibitory activity against lipase, the lowest IC_{50} , followed by the isolated compound HCP and finally the DCM fraction (Table S2 & Fig. S8). HCP had a higher inhibitory activity with IC_{50} (1.23 \pm 0.07) at 88.8µM than its fraction, around half of the IC_{50} of the DCM (2.66 \pm 0.20). This can be explained by the presence of other antagonizing constituents. However, the ALE IC_{50} (0.61 \pm 0.15) was more active than the compound, half the IC_{50} of HCP. This could indicate the presence of other constituents with lipase inhibitory activity in the extract and/or possible synergistic interaction. Few pregnane diterpenoids were tested for lipase inhibitory activity; such as stemmoside C, a pregnane glycoside isolated from *Solenostemma argel* (Argel) which showed lipase inhibitory inhibitory activity [37].

3.3. a-glucosidase inhibitory activity

The tested ALE, DCM and the HCP compound had a weak α -glucosidase activity (Table S3). Therefore, the percentage of inhibition of the highest attainable concentration of each of them was determined in the enzyme assay conditions. Dichloromethane fraction showed the highest activity; however, it was less than 50% inhibition. Similar to the current findings, pregnane glycosides form *Gymnema sylvestre* exhibited such a poor inhibitory activity [38]. However, other diterpenes of ent-kaurane [39,40] or taxane skeletons [41,42] have potent activities.

3.4. Mode of inhibtion

Mode of inhibition of the HCP compound was demonstrated to exhibit mixed mode of inhibition. Presence of the inhibitor has affected the k_m value and V_{max} (Fig. S9, Table S4) which indicates an impact on the affinity of substrate to the enzyme and the enzyme reaction rate. Similar mode of inhibition was observed with polyphenolic constituents [43], the aflavin-3,3'-digallate [44] methanolic extract of some plant extracts [45,46].

3.5. Molecular docking of orlistat and compound HCP

Similar to many docking studies performed for orlistat, the formamido oxygen or the carbonyl of the lactone ring could accept H-bond from serine amino acid (Ser152) in the active site (Fig. S10 a, b) [47,48]. The long tridecanyl side chain contributes to the hydrophobic interaction between orlistat and the hydrophobic amino acids lining the active pocket of lipase. The binding score for orlistat was determined to be (-12.1) which was lower than that of HCP, viz. (-12.05). This was further confirmed by the lower IC₅₀ of orlistat. The binding interaction between HCP and lipase consisted entirely of hydrophobobic interactions to the hydrophobic amino acids lining the active site (Fig. S10 c, d). However, a possible interaction with serine (152) is could occur as confirmed by the appropriate distance (Fig. S8c). In both cases, the aglycone part was essential for binding to the receptor (Fig. S10 c, d). Such a weak interaction of HCP with the active site explained the much higher IC₅₀ compared to orlistat (88 folds). Nevertheless, such hydrophobic interaction is essential for the ligand-receptor recognition [49,50]. However, the kinetic study has shown that HCP has a mixed

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