

Curriculum Vitae

Of

Dr Ezzat Samy Aziz

Professor of Anaesthesia Cairo University Hospital

Personal Details

Name: Ezzat Samy AZIZ

Address: 35 A Aboelfeda St Zamalek
Cairo, Egypt

Telephone: Mobile 0020122160808 (Egypt)

Date of birth: 6th August 1960

Age: 55

Nationality: Egyptian

Marital Status: Married

General Education: St. Augustine French School, Cairo

Medical School: Cairo University

Qualifications: MB BCh (Honours), Cairo University 1983
Master of Anaesthesia, Cairo University 1987
MD Anaesthetics, Cairo University 1992
Advanced Life Support 1994
DA (UK) 1995
FRCA 1996
FCARCSI 2008

G.M.C.: Full GMC Registration (specialist register)
Registration Number: 4371068

Specialist Register Date: August 1999

Present Appointment: Prof of Anaesthesia, Cairo University, Egypt

Previous Appointments

November 1997 – November 2002	Associate Professor of Anaesthesia Cairo University Hospital
September 1996 - October 1997	Lecturer of anaesthesia (Senior Registrar) Cairo University Hospital
January 1994 - August 1996	SHO (Acting Registrar) Conquest Hospital, Hastings
July 1993 – December 1993	Registrar St James hospital, Dublin
March 1993 – June 1993	Lecturer of Anaesthesia (Senior Registrar) Cairo University Hospital
November 1992 – February 1993	Clinical attachments in chronic pain Academic Medical Centre, Amsterdam
March 1991 – October 1992	Assistant Lecturer of anaesthesia (Registrar) Cairo university Hospital
May 1989 – February 1991	Research Fellow Academic Medical Centre, Amsterdam
November 1988 – April 1989	Assistant Lecturer of anaesthesia (Registrar) Cairo university Hospital
September 1985 – October 1988	Resident of anaesthesia (SHO) Cairo university Hospital
March 1985 – August 1985	Mandatory Military Service Egypt
March 1984 – February 1985	House Officer Cairo University Hospital

General Experience

Pre-Registration

I spent my pre-registration year in the Cairo University Hospitals. This provided me with experience in a wide range of medical and surgical conditions and served as a sound base for the future development of my medical career.

Military Service

This six-month posting involved specific training in Military Medicine, with an emphasis on the field management of war casualties.

I received basic training in anaesthesia, which stimulated me to take up a career in the speciality.

Anaesthetic Experience

Resident, Cairo University Hospital

I started at my formal anaesthetic training working as an anaesthetic resident in the Cairo University Hospitals. This large group of hospitals hosted a total of 4000 beds. I received training and gained experience in the major anaesthetic sub-specialities including; general surgery, vascular surgery, obstetrics, gynaecology, ENT, orthopaedics, cardio-thoracic, paediatric and ophthalmic surgery.

Assistant Lecturer, Cairo University Hospital

After finishing my job as a resident in anaesthesia, I was appointed as an Assistant Lecturer, this is equivalent to the registrar grade, but includes a research interest.

The post provided additional sub-specialist training. I gained experience in paediatric anaesthesia in Cairo University Paediatric Hospital and I spent six months in the tertiary referral neuro-surgical department.

During this post I worked for 22 months in Amsterdam as a research fellow. The purpose of the fellowship was to complete the clinical part of my MD thesis. The title of the thesis was High frequency jet ventilation combined with nasal continuous positive airway pressure and conventional mechanical ventilation in neonatal intensive care. The thesis was accepted in Cairo, in June of 1991.

Registrar, St James Hospital, Dublin

The hospital provided me with a good exposure to anaesthesia within Europe; a teaching hospital within Dublin, it had approximately 600 beds. My on-call rota was 1: 4. Day- time lists included; vascular & general surgery, ENT, orthopaedics and thoracic surgery. The ITU had 12 beds and I was able to manage the patients using knowledge already gained.

SHO, Conquest Hospital, Hastings

Recognising its high standard of medical education, I decided to pursue a period of training in the United Kingdom.

My first six months at the Conquest Hospital enabled me to become acquainted with the British system of training. During this time I developed an interest in ophthalmic anaesthesia with particular emphasis on peribulbar blocks.

Over the next two years I took increasing clinical responsibility. This included second on-call duties which involved covering ITU and obstetrics, whilst supervising other trainee anaesthetists.

Towards the end of this job I was successful in the Royal College of Anaesthetists fellowship examination.

Lecturer, Cairo University Hospital

This post was equivalent to a senior registrar post in the United Kingdom. I received specific training and gained extensive experience in cardiac and thoracic anaesthesia.

I had responsibility for organising and teaching the departments SHO's and registrars in the basic sciences as well as clinical anaesthesia.

I spent a three-month secondment in the Academic Medical Centre in Amsterdam, during which I received training in the management of chronic pain and the provision of acupuncture therapy.

Research formed a major part of the lecturer post. I was involved in several research projects, a number of which were published.

Associate Professor (Consultant), Cairo University

This job has enabled me to develop my interests in teaching and research, together with a continuing commitment to clinical anaesthesia. I have specifically developed my interests in ophthalmic and orthopaedic anaesthesia.

I have four clinical sessions, during which I supervise the activity of the residents and lecturers. Two sessions are dedicated to overseeing the lecturers Master Degree and thesis preparation. A single session is devoted to theoretical teaching. Finally, I have two private clinical theatre sessions.

The post allows me up to three months of unpaid study leave per annum. Therefore, I have been able to extend my experience by working for periods abroad. As such, I have worked in a locum capacity in the Maghraby Eye Hospital in Jeddah. Additionally I have been able to work in a number of UK hospitals thus maintaining my UK contacts and further extending my clinical experience.

Professor of Anaesthesia Cairo University

In Cairo University I am involved in setting the exams of the master degree in anaesthetics(equivalent to FRCA). I am also one of the examiners for this degree. I supervise MD theses.

Administrative Experience

During my lecturer post I had responsibility for organising the daily theatre rotas.

As a consultant and professor, I am involved in the day-to-day and strategic management of our department.

Teaching Experience

Throughout my career I have been actively involved in teaching. I enjoy teaching students, nurses, ODA's and trainee anaesthetists in theatre.

Delivery of formal lectures and tutorials forms a major part of my current job within the Faculty of Medicine of Cairo University. I teach candidates for the Egyptian Master Degree and supervise graduates during the preparation of their MD theses. Further, I am an examiner for the Egyptian Master Degree in Anaesthesia.

I view education as an essential part of good medical practice and will continue to teach enthusiastically during any post that I undertake.

Audit

Clinical audit has always been a major interest of mine. It enables us to analyse and improve our clinical practice. I have actively participated in audit meetings in every department in which I have worked.

Whilst working at the Conquest Hospital, I was involved in organising audits relating to the management of cardio-pulmonary resuscitation and acute pain.

Our department in Cairo is responsible for 120 trainee anaesthetists. Currently, I am auditing the effectiveness of our SHO and Registrar training programmes.

Membership of Societies

Egyptian Anaesthesiology Society

British Ophthalmic Anaesthesia Society

British Society of Orthopaedic Anaesthesia

President of the African Society of Regional Anaesthesia (AFSRA)

Presentations

International Symposium on Oscillating Ventilation and Neonatal Diagnostics.
Academic Medical Centre, Amsterdam (Netherlands) 23-27 October 1989.

Third Open European Meeting of Anaesthesiology, Paris 17-19th April 1992.

15th International Symposium on Neonatal Intensive Care, San Remo, Italy 14-17th
November 1991.

South East Thames Society of Anaesthetists Summer Meeting, Conquest Hospital,
Hastings, England, 4th June 1994.

Inaugural Conference of British Ophthalmic Anaesthesia Society, Yarm, U.K. 17-19 June
1999

Third Conference of British Ophthalmic Anaesthesia Society, Yarm, UK, 29-30 August 2001

Inagural conference of Ophthalmic Anaesthesia(**invited speaker**), london, April, 2004

World Conference of Anaesthesia, Paris, (**Chair person**), Ophthalmic session, April 2004

The first Conference for the Egyptian Cardiothoracic Anaesthesia Society (**invited speaker**),
Cairo, Egypt 27th-29th April 2005

21st Anaesthesia International Egyptian Conference (**invited speaker**), Cairo, Egypt, 1-3
March 2005

Third All Africa Congress (**invited speaker**), Tunisia, 21st-25th May 2005

9th Alexandria Anaesthesia and Intensive Care Conference (**invited Speaker**), Alexandria,
Egypt 28th-30th September 2005

7th Video Conference on ophthalmic local anaesthesia (**invited speaker**),Middlesborough,
England, 17th February, 2006-04-04

2nd World Conference of Regional Anaesthesia and Pain Therapy (**invited speaker**), Rio de
Jeniro, Brazil,4th-8th March 2006

7th Pan Arab congress of anaesthesia and intensive care, pain management and emergency (**invited speaker**), Algeria 15-18 June 2006

The 10th Alexandria anaesthesia and intensive care conference (**invited speaker**),
Alexandria, Egypt, 20 –22 September 2006

The 20th annual meeting of the American society of ophthalmic anaesthesia (**invited speaker**) Chicago, USA, 13-15 October 2006

The 6th international congress of Orthopaedic anaesthesia and pain (**invited speaker**) Istanbul,
Turkey, 26-29 April 2007

Organizing secretary of the second world congress of ophthalmic anaesthesia, Cairo Feb

2008

World congress of Anaesthesia, Cape town, South Africa (**invited speaker**), March 2008

The Annual meeting of the British Society of Orthopaedic Anaesthesia (**invited speaker**), Wigan, UK, November 2008

The 7th international congress of Orthopaedic anaesthesia and pain, Dresden, Germany(**invited speaker**), May 2009

All Africa Congress of Anaesthesia, Nairobi, Kenya(**invited speaker**), September 2009

World NYSORA congress Dubai , UAE (**invited speaker**), March 2010

World NYSORA congress,Rome, Italy (**invited speaker**), April 2011

The AOSRA meeting,Bali , Indonesia (**invited speaker**), May 2011

The Ophthalmic anaesthesia meeting, Chennai,India (**invited speaker**), September 2011

World congress of anaesthesia, Buenos Aires, Argentina (**invited speaker**), March 2012

World congress of ophthalmic Anaesthesia, Ankara, Turkey (**Scientific committee**) , May 2012

Meetings and Courses Attended

Advanced Life Support Course, 11th June 1994.

Intensive Course for FRCA Part II, 5-9th September 1994, University of Manchester.

FRCA Part III, 27th March-13th April 1995, Royal College of Anaesthetists.

Grammar Course for FRCA Part III. May 1st-5th 1995, Frenchay hospital, Bristol.

Grammar Course for FRCA Part III, June 7- 9th 1996, Whittington hospital. London.

Intensive refresher course for consultant anaesthetists, June 2000, Royal college of Anaesthetists.

International Meetings of the Egyptian society of Anaesthesiologists, 1997,1998,1999,2000,2001,2002,2004

Risk Management in Anaesthesia 16th June 2003, London,UK

3 day Course on obstetric Anaesthesia and Analgesia , London , 17th-19th November 2003

Anaesthesia and Critical care Jamboree, Royal National orthopaedic Hospital, London, 16th-17th September 2004

Simulator day on Desflurane, organized by Baxter, 1st September, Bristol, UK, 2005

Publications

Aziz ES, Deen L, et al. A New Neonatal High Frequency Jet Ventilation. *European Journal of Anaesthesia*, 1992; **9**: 150-151.

Aziz E S, Deen L, Koope J, et al.
High frequency Jet ventilation combined with Nasal Continuous Positive Airway Pressure does not prevent intubation in Neonates with Respiratory Distress Syndrome.
Acta Ped Scand, 1992; **81**: 946.

Aziz E S, Leach A, et al.
Undiagnosed Epidural Catheterization of a Lumbar Vein.
Today's Anaesthetist, 1994; **9**: 148.

Aziz E S, Thompson R, et al.
Difficult Laryngeal mask insertion in a patient with Forestier's disease.
Anaesthesia, 1995; **50**: 370.

Aziz E S.
A study on the outcome of cardiopulmonary resuscitation (CPR) in 120 cases.
Egypt J Intensive Care, 1996; **1**: 197-202.

Aziz E S.
Magnesium sulphate versus amiodarone in the treatment of atrial tachyarrhythmias in intensive care units.
Egypt J Intensive care, 1996; **2**: 121-126.

Aziz ES et al.
Use of alveolar-arterial oxygen gradient in the diagnosis of pulmonary embolism, a retrospective study.
Egypt J Intensive care, 1996; **2**: 127-130.

Aziz E S.
The role of the anaesthetic assessment clinic in morbidity of surgical patients.
Cairo Univ. Med J, 1996; **4**: 64-67.

Aziz E S.
Peribulbar block using a single inferotemporal injection technique with high dose hyaluronidase.
Egypt J Anaesth, 1997; **1**: 85-90.

Aziz E S, Abdel Bar T.
Intravenous clonidine versus low dose labetalol for isoflurane induced hypotension, a retrospective study.
Egypt J Anaesth, 1997; **1**: 79-83.

Abdel Bar T, Aziz E S, El Sissy O.
Hepatorenal integrity following a short anaesthetic exposure. A comparative study between halothane and isoflurane in children undergoing surgical correction of acyanotic congenital heart diseases.
Egypt J Anaesth, 1997; **1**: 165- 176.

Aziz ES, Abdel Bar T, Elsayy A
Comparison of propofol and succinylcholine versus sevoflurane for tracheal intubation in children undergoing eyes surgery
Egypt J Intensive Care 2000;**5**(2).

Abdel Bar T, Saleh M, Aziz ES, Youssef M, Hefnawy S
The impact of different rewarming techniques on blood lactate, total inotropic support and heat loss in the paediatric population.
Egypt J Intensive Care 2001;**6**:225-237

Abdel Bar T, Aziz ES
Multiple organ dysfunction syndrome after cardiopulmonary bypass in infants and children with congenital heart disease, a prospective study
Egypt J Intensive Care 2001;**6**:239-248

Aziz ES, Abo Rabia F, Abo Sedira M
Comparison of Ropivacaine 0.2% and Lidocaine 0.5% for intravenous regional anaesthesia in upper limb surgery
Cairo Univ Med J 2002;**70**:339-343

Aziz E S, Samra A.
Prospective evaluation of deep topical fornix nerve block versus peribulbar nerve block in-
patients undergoing cataract surgery using phacoemulsification.
BJA, 2000; **85 (2)**: 314-6.

Aziz E S, Samra A.
Topical anaesthesia for cataract surgery.
BJA, 2001; **86 (6)**: 900-1.

Aziz E S, Rageh M.
Deep topical fornix nerve block versus peribulbar block in one-step adjustable-suture
horizontal strabismus surgery.
BJA, 2002; **88(1)**: 129-132.

Aziz E S
The use of articaine in peribulbar blocks.
BJA, 2002; **88(6)**: 881-882.

Aziz E S, Abdel Bar T, Samir I, Sissy A
Neuroendocrine and lymphocytic count effects of low-dose dopamine versus mannitol in
critically ill patients.
Egypt J Anesth 2002;**18**:223-226

Aziz ES
Prospective evaluation of IV erythromycin versus metoclopramide in gastric emptying in
mechanically ventilated patients
Egypt J Anaesth 2002;**18**:216-222

Aziz E S, Mounir A, Aswa A, Aziz E, Nathan B
Intra-articular diamorphine analgesia after Knee arthroscopy: The effect of three dose
regimens
Egypt J Anaesth, 2002;**18**:197-201

Aziz ES
Non-akinetic anaesthesia for squint surgery (Review article)
Current Anaesth Crit Care 2006;**17**:171-174

Hamed H, Ibrahim H, Khater Y, Aziz ES
Ventilation and ventilators in the ICU: What every intensivist must know (Review article)
Current Anaesth Crit Care 2006;**17**,77-83

Aziz ES
Complications of tourniquet use in orthopaedic anaesthesia (Review article). Current Anaesth
Crit Care in press

Personal Interests

I am a keen sportsman and participate in squash, swimming, tennis and skiing. I enjoy the theatre, especially musicals and adore eating out.

Fluent in Arabic and English, I have a good working knowledge of French and Dutch.

Referees

Dr. Chandra Kumar
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Dr George Ghaly
Consultant Anaesthetist
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