

Spiritual intelligence and its relationship to psychological well-being and self-efficacy in the musical performance of university students

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Abstract: The present research aimed to identify spiritual intelligence and its relationship to psychological well-being and self-efficacy in musical performance among students of the Department of Music Education, Faculty of Specific Education, Cairo University. The results of the study showed there is a positive correlation and statistically significant between the students' grades in spiritual intelligence with its subcomponents and psychological well-being and musical self-efficacy. The ability of total score, personal growth, and self-acceptance in the psychological well-being scale to predict the spiritual intelligence of students of the Department of Music Education, while the rest of the psychological well-being factors [positive relationships - autonomy - environmental mastery - purpose in life] did not have the ability to predict spiritual intelligence. The ability of total score, enactive mastery experience, and vicarious experience in the scale of musical self-efficacy to predict spiritual intelligence, while the factors of verbal / social persuasion, and physiological states did not have the ability to predict spiritual intelligence. There are statistically significant differences between high and low psychological well-being in spiritual intelligence in favor of high psychological well-being. There are statistically significant differences between high and low musical self-efficacy in spiritual intelligence in favor of high musical self-efficacy. The independent variables [psychological well-being and musical self-efficacy] were able to explain about [56.1%] of the variance in the scores of spiritual intelligence and this indicates a high level of practical significance of the proposed model.