

# Motivation to listen to music and emotional regulation and their effect on the feeling of psychological loneliness during the Corona pandemic [COVID - 19] among university students

## Abstract:

The study aimed to know the nature of the relationship between feeling psychological loneliness during the Corona pandemic [COVID- 19] and both the motivation to listen to music and emotional regulation among university students, as well as to know the impact of university students on the feeling of psychological loneliness according to the different level of motivation to listen to music and the level of emotional regulation [low - medium - High], as well as predicting the feeling of psychological loneliness through both motivation to listen to music and emotional regulation, and the final study sample [402] consisted of Cairo University students in the academic year [2019/2020] and the motivation scale was applied to them to listen to music, The emotional regulation scale and the sense of psychological loneliness are prepared by the researcher, and the results have resulted in a negative correlation and statistically significant function at the level of [0.01] between the feeling of psychological loneliness and the motivation to listen to music, the presence of a negative correlation and statistically significant function at the level of [0.01] between Feeling of emotional loneliness and emotional regulation, and the levels of influence vary with feelings of psychological loneliness with different levels of motivation to listen to music and emotional regulation, as the high levels of motivation to listen to music and emotional regulation indicate a decrease in the degrees of vulnerability to a feeling of loneliness, and the possibility of using motivation to listen to music and emotional regulation in predicting the feeling of psychological loneliness during the Corona pandemic.

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