

Name	Asmaa Foad Abdelmonem Mohamed				
Date of birth	17/11/1980				
Place of birth	Egypt				
Nationality	Egyptian				
Date of graduation	May, 2002				
Grade	Excellent with honors				
Rank	First				
Date of being a demonstrator	2004				
at the faculty					
Current job	Lecturer in faculty of physical				
	therapy				
Research topics of interest	Biomechanics				
Address	Fifth settlement, Elnarges buildings,				
	New Cairo				
Work address	Faculty of physical therapy Cairo				
	University 7-Ahmed Ezzayat street				
Mobile	01003385977				
Telephone (work)	37617691				
E-mail	asmaa.foad@pt.cu.edu.eg				

## **ACADEMIC DEGREES**

	Degree	University	Faculty	Department	Date	Grade	Rank
1	Bachelor	Cairo	Physical therapy	Biomechanics	2002	Excellent	First
2	Master	Cairo	Physical therapy	Biomechanics	2009	Very good	second
3	Doctoral	Cairo	Physical therapy	Biomechanics	2018	Very good	second

# **UNIVERSITY ACADEMIC POSITION**

	Position	University	Faculty	Department	From	To
1	Demonstrator	Cairo university	Physical therapy	Biomechanics	2004	2009
2	Assistant lecturer	Cairo university	Physical therapy	Biomechanics	2009	2018
3	Lecturer	Cairo university	Physical therapy	Biomechanics	2018	

### **CONFERENCES**

- 1. The 9<sup>th</sup> International Scientific Conference of Faculty of Physical Therapy, Cairo University, under title "physical therapy is a safe cure". Egypt, Cairo, 1-3 march 2006.
- 2. The 8<sup>th</sup> national conference of human performance in health & disability-chronic occupational & environmental respiratory diseases and human performance. April 12-13, 2012. Grand Nile Tower, Cairo.
- 3. The 6<sup>th</sup> International Scientific Conference, of Physical Therapy, Cairo University, under title of "No more disability". 5<sup>th</sup> -6<sup>th</sup> of March, 2015. Cairo, Egypt.
- 4. The 5<sup>th</sup> International Conference of the Arab Society for Medical Research under the name "Medical Research and Health Challenges in the Arab world". October 28<sup>th</sup>-31<sup>st</sup>, 2016. Sharm el Sheikh Egypt.
- 5. The 18<sup>th</sup> International Scientific Conference of physical therapy, Cairo University under title of "Innovative physical therapy and rehabilitation. 16<sup>th</sup>-17<sup>th</sup> march 2017. CONRAD hotels & resorts.
- 6. The 13<sup>th</sup> National Conference of human performance in health and disability. 11<sup>th</sup>-12<sup>th</sup> of May 2017, Grand Nile tower hotel, Cairo.

## **CONTINUIOUS EDUCATION**

- 1. Skills of thinking program.16-18/7/2005. Cairo University.
- 2. The religions and roles of profession program. 13-15/8/2005. Cairo University.
- 3. International publication program. 25/8-27/8/2005. Cairo University.

- 4. Research projects program. 12-14/5/2008. Cairo University.
- 5. Skills of effective presentation program. 30/7-2/8/2008. Cairo University.
- 6. Using technology in teaching program. 7/6-10/6/2010. Cairo University.
- 7. Financial and legal aspects in the university program. 1-2/4/2015. Cairo University.
- 8. Managing the research team program. 17-18/8/2015. Cairo University.
- 9. Modern trends in teaching program. 24-24/8/2015. Cairo University.
- 10. Creative thinking program. 2/9-3/9/2015. Cairo University.
- 11. Basics of clinical experiments. 12-13/7/20/2017. Cairo University.
- 12. Editing scientific text in Arabic and English. 25/10-26/10/2017. Cairo University.
- 13. Exam system and evaluation of students. 20/6-21/6/2018. Cairo University.

### **WORKSHOPS**

- 1. How to manage time. Faculty of physical therapy. Cairo University. 1/1/2014.
- 2. Role of physical therapy in headache. 29/12/2014 (4 contact hours of training). Faculty of physical therapy. Cairo University.
- 3. Kinesiotaping (KTI- muscle applications). 26/2/2015 and 12&19/3/2015 (18 contact hours of training). Faculty of physical therapy. Cairo University

4. Preparation of examination paper. 28/3/2018. Faculty of physical therapy. Cairo University

# QUALITY ASSURANCE AND ACCREDITATION PROJECTS (ESTABLISH AN INTERNAL QUALITY ASSURANCE SYSTEM). CERTIFICATION OF ACHIEVEMENT

- 1. Development of course matrix. 3/4/2005. Faculty of physical therapy. Cairo University.
- 2. Course report. 10/4/2005. Faculty of physical therapy. Cairo University.
- 3. Enhancement of internal quality system (1). 20/4/2005. Faculty of physical therapy. Cairo University.
- 4. Enhancement of internal quality system (2). 24/4/2005. Faculty of physical therapy. Cairo University.

### **COURSES**

- 1. The training course "statistical data analysis using SPSS (level 1). 6/12/ 2012- 3/1/2013. The institute of statistical studies and research. Cairo University.
- 2. Electromyography. 15/5/2013. Faculty of physical therapy, Cairo University.

### **FACULTY ACTIVITIES**

- 1. Teaching and evaluating the study of movement course.
- 2. Teaching and evaluating gait analysis course.
- 3. Sharing in the work control unit.
- 4. Supervisor at isokinetic and EMG labs.
- 5. Sharing in quality assurance works.

#### **SCIENTIFIC THESIS**

- 1. Master thesis in physiotherapy under title of **Effect of**Counterforce Brace on Isokinetic Measurements and
  Myoelectric Activity of Wrist Muscles in Lateral
  Epicondylitis. Cairo University, Faculty of Physical Therapy.
  Department of Biomechanics, 2009.
  - 2. Doctoral thesis in physiotherapy under title of **Effect of Different Taping Techniques on Patients with Chronic Ankle Sprain**. Cairo University, Faculty of Physical Therapy. Department of Biomechanics, 2018.

### **INTERNATIONAL PUBLICATION**

Effect of kinesiotape versus athletic tape on myoelectric activity of ankle muscles in patients with chronic ankle sprain. *Int J Physiother. Vol* 5(2), 50-56, April (2018).