

Abstract

Key Words : TFCC - DRUJ - Wrist arthroscopy - Central tears-
Peripheral tears

The TFCC is one of many structures on the ulnar aspect of the wrist. TFCC is a critical component of wrist mechanics, serving important functions in both load transmission and DRUJ stability.

TFCC tears are common sources of ulnar-sided wrist pain which are frequently diagnosed simply as wrist sprains.

During the period between April 2012 and October 2013, we conducted a prospective study to assess functional outcome of arthroscopic management of TFCC tears. The study includes thirty patients with torn TFCC who underwent arthroscopic management. This study proves that arthroscopic management of TFCC injuries results in a predictable satisfactory functional outcome.