

CURRICULUM VITAE

Personal Data

Name : Shereen Hamed El- Sayed Afifi

Age : 35years

Marital state : Married

Nationality : Egyptian

Foreign Language : English and little German language.

Address : 20 Elthora Street. El haram.

Mobile: 0533094632

E-mail address shreen317@cu.edu.eg

Specialty: Physical Therapy for Cardiovascular/ Respiratory and Geriatric disorders. Cairo University

Occupation Responsibilities:

- Teaching lectures of physical therapy.
- Department's work including, academic advising and academic advising Coordinator in rehabilitation department and Quality coordinator .

Educational Experience:

Bachelor of Physical therapy 2002

Master of Physical therapy 2007

Doctoral of Physical therapy 2011

Educational Experience:

❖ Teaching physical therapy for (ICU, cardiothoracic surgery and chest physical therapy) at Department of Physical Therapy for Cardiovascular/ Respiratory Disorder and Geriatrics, for the 3rd year in the Faculty of Physical Therapy, Cairo University.

❖ Teaching the Concept of Patient Compliance for master degree, Department of Physical Therapy for Cardiovascular/ Respiratory Disorder and Geriatrics, The Faculty of Physical Therapy, Cairo University. Academic year 2012/2013.

Professional Experience:

✓ Demonstrator of Physical Therapy for Cardiovascular/ Respiratory Disorder and Geriatrics, Faculty of Physical Therapy, Cairo University from 2003-2007.

✓ Assistant lecturer of Physical Therapy for Cardiovascular/ Respiratory Disorder and Geriatrics, Faculty of Physical Therapy, Cairo University from 2007-2011.

✓ Lecturer at Department of Physical Therapy for Cardiovascular/ Respiratory Disorder and Geriatrics, Faculty of Physical Therapy, Cairo University from Nov. 2011.

✓ **Attend Workshops::**

- ❖ Workshop of (establishment of an internal quality assurance system for educational enhancement), 2004.
- ❖ Workshop in **New physical therapy modalities**, The Scientific Committee of the Workshop. In sidelines of The 10th International Scientific Conference of Faculty of Physical Therapy.2007.

❖ **Workshops in Faculty and Leadership Development Project Center, Cairo University:-**

- 1- Scientific Writing and International Publishing 3-5/ 5/ 2006.
- 2- Thinking Skills 14-16/ 8/ 2006.
- 3- Research Methods 28-31/ 8/ 2006.
- 4- Recent Trends in Teaching 4-6/9/ 2006.
- 5- E. Learning 19-21/5/2008.
- 6- Effective Teaching 3-5/8/2009.
- 7- Quality Standard in Teaching 8-10/10/2010.
- 8- Examination System and Student Assessment 22-24/2/2011.
- 9- The Use of Technology in Teaching 28-2-2011 to 2-3-2011.
- 10- Organizing Scientific conference 2-4/5/2011
- 11- Competitive Project Preparation for Research Funding 24-26/4/2012.
- 12- Communication Skills for Different Patterns of Education 14-16/7/2012.

13- International publication of scientific research 9-11/3/2013.

- ❖ Workshop in Faculty of Physical Therapy entitled “**Methods of assessment of the exam paper**”.2012.
- ❖ Workshop in Faculty of Physical Therapy entitled “**Academic Adviser**”. 2012.
- ❖ Workshop in Faculty of Physical Therapy entitled” **Crisis and disaster management**”.2012.
- ❖ Workshop in Faculty of Physical Therapy entitled” **Effective Leadership**”. 2012.
- ❖ Workshop in Faculty of Physical Therapy entitled” **Different personal styles**” 18/3/2013.
- ❖ Workshop in National Research Center “ **Data Statistical Analysis Using SPSS Program**”.31-3-2013.
- ❖ Workshop in Faculty of Physical Therapy “**Electromyography and Nerve Conduction Study(EMG and NCS) for physical therapists**” 28- 29/ 4/2013
- ❖ **Workshops in Center of Quality Assurance and Accreditation. Cairo University :(March and April 2013):**
 - 1- **Questionnaire and Analysis.**
 - 2- **Ethical Charter.**
 - 3- **Strategic Planning.**
 - 4- **Teaching and Learning Strategy.**
 - 5- **Financial and Administrative Resources.**
 - 6- **Quality Management.**
 - 7- **Research and Graduate studies**

Conferences and Continuing Education attended:

- ❖ The 7th International Scientific Conference of Faculty of Physical Therapy under title” **Physical Therapy: Medical and Social Rehabilitation**”, 2004.
- ❖ The 4th Scientific Symposium of the:” **Back Dysfunction: Problem and Management**”. Scientific Committee of the General Physical Therapy Syndicate.2005.
- ❖ The 3rd Scientific Symposium Community Service and Environment Development, Faculty of Physical Therapy. Cairo University. Under The Title of “**Pre Surgical Conditions for Rehabilitation after Orthopedic Trauma**”, 2006.
- ❖ The 3rd National Conference of Human Performance in Health and Disability. ”The Egyptian Society of Fitness, Disability and Environmental Health”.2007.
- ❖ The 11th International Scientific Conference of Faculty of Physical Therapy under title” **Physical Therapy and The Art of Caring**”, 2008.
- ❖ The 4th National Conference of Human Performance in Health and Disability. ”The Egyptian Society of Fitness, Disability and Environmental Health”. 2008.
- ❖ The 8th National Conference of Human Performance in Health and Disability. Under title: “**Chronic Occupational and Environmental Respiratory Diseases and Human Performance**”.2012.
- ❖ The 2nd Annual Conference of “**Egyptian Arabic Society for Healthy and Therapeutic Nutrition**”.14/3/2013.

- ❖ **The 16th Annual Assembly Conference Chest and Allergy.**10-12/4/2013.
- ❖ The 14th International Scientific Conference of Faculty of Physical Therapy under title” **Physical Therapy the Future of Treatment**”, 2013.
- ❖ The 11th Annual Congress of Medical sciences” Medical Research between Theory &Applications: Challenges and Innovations. December 17-19,2013
- ❖ The 15th International scientific conferences of Faculty of physical therapy – Cairo university “Manual therapy&Tecnology in physical therapy”.6-7 March 2014.
- ❖ 3rd Annual conference of Egyptian Arabic Society for Healthy and Therapeutic Nutrition “Adolescents Nutrition &Health” April 2014.
- ❖ The 10th National conference of Human Performance in Health &Disability.19-20 June 2014.

Additional education courses:

- ❖ Diagnostic radiology course, 2003.
- ❖ First aid course in the Faculty of Nursing, Cairo University.” Center for Training and Research Consultation”. 2006.
- ❖ **Ph. D studies at the National Institute of Enhanced LASER Science. Cairo University.2012/ 2013. (Passed the first term with very good grade).**

Activities:

- ❖ Member of Post graduates Control /November 2011 -2013.
- ❖ Member of the Quality assurance unit, Faculty of physical therapy. Cairo University. (Chairman of the Questionnaire committee) 2011/2012.- 2012/ 2013.
- ❖ Assist in Preparing “Book of Questionnaires” for the Quality assurance unit, Faculty of Physical Therapy. Cairo University. 2013.
- ❖ Member in the committee for “**Preparation of the strategic plan for the development of higher education for the health sector in Egypt**”.in Project Management Unit, Ministry of Higher Education 2012/ 2013
- ❖ Sharing member in the oral and practical exams for geriatric disorders and chest diseases for the 3rd year in the faculty of Physical Therapy, 6 October University for the academic year 2011/2012.
- ❖ Organizer of the practical sections for third year undergraduates in the Department of Physical Therapy for Cardiovascular/ Respiratory Disorder and Geriatrics, Faculty of Physical Therapy, Cairo University from 12/2011.
- ❖ Academic adviser for master degree. In the Department of Physical Therapy for Cardiovascular/ Respiratory Disorder and

Geriatrics, Faculty of Physical Therapy, Cairo University.2011/
2012.

❖ Participated in Preparing Book for Physical therapy for
cardiothoracic surgery. For third year undergraduates.

❖ Participated in Preparing Book for Physical therapy role in ICU.
For third year undergraduates.

❖ **Supervising thesis of Master degree:**

1.EFFICACY OF INSPIRATORY MUSCLE TRAINER ON
FUNCTIONAL ABILITY AND RATE OF PERCEIVED
EXERTION IN ELDERLY.

2. ADIPONECTIN RESPONSE TO RESISTED EXERCISE IN
PRE-DIABETIC OBESE WOMEN.

3. EFFECT OF Transcutaneous Electrical Nerve Stimulation
VERSUS Transcranial direct current stimulation ON diabetic
neuropathy

❖ **Supervising thesis of Doctoral degree:**

1-- High intensity interval training verses endormologie on lipid
profile in women.

2- OUT COMES OF RESISTED EXERCISE ON LIVER ENZYMES IN
HEPATIC PATIENTS WITH DIABESITY

Award:

- Best Lecturer Assistance, in Physical Therapy Department for Cardiovascular/ Respiratory and Geriatric Disorders. Faculty of physical therapy. Cairo University. From Academic Staff Club, Cairo University. 2008.