# **CURRICULUM VITAE**

# YASSER RAMZY ABU ELMAHASEN LASHEEN



# **Personal Data**

Name: Yasser Ramzy Abu Elmahasen Lasheen

Gender: Male

**Date of Birth:** 1/11/1977

Place of Birth: Gharbia, Egypt

Nationality: Egyptian

**Religion:** Muslim

Foreign Language: English

Address: Quesna, Menoufia, ARE

**Mobile Number:** (Egypt): Mobile: +201005251562

E-mail Address: dr\_yasser\_1977@yahoo.com

Marital status: Married

Military status: Finished

## **Educational Experience**

- ✓ 2012 Doctoral degree in Physical Therapy (PhD, PT. V. Good), with thesis under title of: The Influence of Spinal Manipulation on Asymmetry of Facet Angles in Mechanical Low Back Pain.
- ✓ 2002 2006 master degree in physical therapy (very good), with thesis under title of: The Influence of Circadian Rhythm on Quadriceps Muscle Torque.
- ✓ 1995 1999 BSc. degree in physical therapy (very good with honour) from faculty of physical therapy, Cairo University, Egypt.
- ✓ 1993 1995 Quesna high school (graduated with excellent)

#### **Education**

Year	Degree	Department, Faculty,	Grade
		and University	
1999	Bachelor Degree in Physical Therapy	Faculty of physical	Very
		Therapy, Cairo University	Good
2007	Master Degree in Physical Therapy	Department of physical	Very
		Therapy for Basic Science,	Good
		Faculty of physical	
		Therapy, Cairo University	
2012	Doctoral Degree in Physical Therapy	Department of physical	Very
		Therapy for Basic Science,	Good
		Faculty of physical	
		Therapy, Cairo University	

# **Professional Experience**

## ✓ September 1st 1999, to august 31st 2000.

Internship in the hospitals of Cairo University( all medical field departments)

# ✓ Central Quesna Hospital (2000-2001)

#### ✓ From 2002 to 2006 :

Working as demonstrator in Basic Science department, Faculty of Physical Therapy, Cairo University.

#### ✓ From 2006 to 2012:

Working as assistant lecturer in Basic Science department, Faculty of Physical Therapy, Cairo University.

#### ✓ From 2012 and to 2020:

Working as lecturer in Basic Science department, Faculty of Physical Therapy, Cairo University.

# ✓ From 2020 and up till now:

Working as assistant professor in Basic Science department, Faculty of Physical Therapy, Cairo University.

# **Work Experience**

Year/ Period	Academic Rank	University	Town/ State	Country
From 2002- 2006	Demonstrator in Physical	Cairo University	Cairo	Egypt
2000	Therapy	Oniversity		
	Department for			
	Basic Science			
	Faculty of			
	Physical			
	Therapy			
From 2006 –	Assistant	Cairo	Cairo	Egypt
2012	Lecturer in	University		
	Physical			
	Therapy			
	Department for Basic Science			
	Faculty of			
	Physical			
	Therapy			
From 2012 –	Lecturer in	Cairo	Cairo	Egypt
2020	Physical	University		871
	Therapy	•		
	Department for			
	Basic Science			
	Faculty of			
	Physical			
	Therapy			
From 2020 -	Assistant	Cairo	Cairo	Egypt
till now	Professor in	University		<i>UJ</i> 1
	Physical	•		
	Therapy			
	Department for			
	Basic Science			
	Faculty of			
	Physical			
	Therapy			

## **Scientific Activities**

- ✓ Establishment of an internal quality assurance system for Educational enhancement: requirement and criteria Cairo university Nov. ,2004.
- ✓ Effective crisis management, Cairo university June ,2007.
- ✓ The art of creative thinking, Cairo university, July, 2007.
- ✓ Effective Teaching Methods, Cairo University, August 2009.
- ✓ Exams and Student's Assessment.
- ✓ Effective Communications Skills.
- ✓ Art of Scientific Presentation.
- ✓ Quality Assurance Standards in the Educational Process.
- ✓ The third scientific symposium of the general physical syndicate
   " New strategic approaches in management of stroke patients "
   Sept. 2005
- ✓ The seventh annual conference of the faculty of physical therapy "physical therapy is a safe cure" Mar. 2006.
- ✓ The 15<sup>th</sup> international scientific conference of the faculty of physical therapy "Manual therapy & Technology in physical therapy" Mar. 2014.
- ✓ The 16<sup>th</sup> international scientific conference of the faculty of physical therapy "No More Disability" Mar. 2015.

# **Conferences**

• The 16th International Scientific Conference, Faculty of Physical Therapy, Cairo University, under the title of "No More Disability" Cairo, Egypt, 5th -6th of March 2015. (Attendance only).

- The 1<sup>st</sup> International Conference for Scientific Research and its Practical Applications in Physical Therapy. 24-25 October 2015. (Attendance only).
- The 8th International Scientific Conference of alternative treatment,
   Cairo under the title of "SCIENTIFIC VIEW OF OBESITY MANAGEMENT." Cairo, Egypt, 19-20 May 2016. (Attendance and presentation of a scientific paper).
- The 17th International Scientific Conference of Faculty of Physical Therapy, Cairo University, under the title of "Empowering Disability" Cairo, Egypt, 10<sup>th</sup> -11<sup>th</sup> of March 2016. (Attendance only).

### **Workshops and Training Courses**

Title	Institution/organization	Period
Thinking Skills	Faculty and leadership development center- Cairo	2006
	University	
Teaching for large and	Faculty and leadership development center- Cairo	2006
small numbers	University	
Effective communication	Faculty and leadership development center- Cairo	2006
skills	University	
Code of Ethics	Faculty and leadership development center- Cairo	2006
	University	
Conferences	Faculty and leadership development center- Cairo	2019
Organization	University	
Decision Making and	Faculty and leadership development center- Cairo	2019
Problem Solving	University	

Evidence Based Strategy	Faculty and leadership development center- Cairo	2019
in Medical Practice	University	
Critical Thinking	Faculty and leadership development center- Cairo	2019
	University	
International Publishing	Faculty and leadership development center- Cairo	2019
of Scientific Research	University	
Statistical Analysis of	Faculty and leadership development center- Cairo	2019
Bio-Experiments	University	
Exams and Students	Physical Therapy Department of Surgery, Faculty	2019
Evaluation Systems	of Physical Therapy, Cairo University	
Interactive Electronic	Faculty and leadership development center- Cairo	2019
Courses	University	
The Credit Hour Systems	Faculty and leadership development center- Cairo	2019
	University	
Quality Standards in	Faculty and leadership development center- Cairo	2019
Teaching	University	
Crisis Management	Faculty and leadership development center- Cairo	2019
	University	
Competing for Research	Faculty and leadership development center- Cairo	2019
Funds	University	

# Theses (Master and Doctoral) Supervision

عربة المحافظة



	نائل بدرجة الهاجستير التي أشرفت عليما السيد الدكتور / ياسر رمزي ابو المحاسن المدرس بقسم العلوم الأساسية للعلام الطبيعي	بیان برس	(S-FE)
تاريخ موافقة مجلس الكلية على الإشراف	عنوان الرسالة	اسم الطالب	70
۲.۱۰/۳ / ۱.	تاثير المجال المقاطيمي المتقطع على الصفاتح الدموية وعملية التجاه الدموى في الإشخاص الإصحاء *  EFFECT OF PULSED MAGNETIC FIELD ON PLATELETS COUNT AND COAGULATION PROCESS IN HEAL THY SUBJECTS THY SUBJECTS	اميرة جبريل سيد مرسي	1
7.10/1/15	" تأثير الطرق المختلفة لحمل الحقائب علي المشي عند الإشخاص الإصحاء Influence of different bag carrying styles on gait in normal subjects	اميرة محمد عبد السلام	۲
Y . \ 0/V/\ £	" تاثير الساعة البيولوجية علي الاتزان في الاشخاص الاصحاء الماعة البيولوجية علي الاتزان في الاشخاص الاصحاء الماعة البيولوجية علي الاتزان في الاشخاص الاصحاء	رحاب عبد الميد ابو الفتوح	P.
Y.10/V /12	تأثير الاوزان المحمولة باليدين على النشاط الكهربي لعضارت الكتف في السيدات الاصحاء في فترات زمنية مفتلفة nfluence of both hands weigts carrying on the active ation pattern of shoulder giedle muscles at different periods of times in normal female subject	طارق محمد السيد الخولي	ź
Y.17/1. /11	نسبة حدوث "الركبة القافرة في الإعمار المختلفة للاعبي الكرة الطائرة : دراسة مسحية PREVELANCE OF" JUMPERS KNEE" IN DIFFERENT AGES OF VOLLEYBALL PLAYERS SURVEY SIUDY	عيد الله احمد عبد الله عبد السميع	0
	The state of the s		1





المنطقة التواهرة كلية الطلاع الطبيعي

			لبيعي
Y . 1 V/9/ 19	مدی تاثیر مرشر کتلة الجسم علی مرونة الفقرات الفظایة وغطورة السقویط عند الاشخاص البالغین Influence of body mass index on lumbar flexibility and risk of falls in adult subjects	اسلام طارق سالم ابو عميرة	٦
7.17/17/17	قُوهَ فَيضَهُ الدِ عَقْبِ العلاجِ بِالتَّبْرِيدِ عَلَي الساعد للاعبي التّنيس الارضي Hand grip strength following cryotherapy on the forearm for tennis players	امنية محمد حسين الجندى	٧
7 - 1 9/7/17	تأثير الليزر عالي الشدة على المرضي ذوى نقاط الإلم العضلي الليفي العنقي المائي المائي العنقي المائي	حاتم مصطفي احمد حسن	٨
7.19/7/17	"تاثير العلاج بتداق الهواء البارة المستمر علي مستوى الفرياتين ثباتا بالدم في الإمهاد العنني المستحث في الإشخاص الإصحاء  Influence of continuous airflow cryotherapy on serum creatine kinase	مروة صلاح محمود	•
Y.17/V/1V	level in induced muscle soreness in healthy subjects مقابلة النيزر منطفض الشدة يشيه العمب الفهرياتي عبر الجلد المماثل للوفاز بالابر الصينية في حالات متلازمة المشار التنف Low level laser versus acupuncture- like transcutaneous electrical nerve stimulation in chronic shoulder impingement syndrome	كريم رجب احمد محمد محمد ندا	1
7.15/11/1.	العلاقة بين الأخطاء البصرية وزوايا الفقرات العنقية ومدى حركتها" Relationship between refraction visual errors and cervical spine angles and range of motion	أروى عبد الله محمد ادريس	V





باعمة القامرة كلية الطلق الطبيم

Y . 1 V/1 A V		وفاء كامل صليب رزق الله	0.000
1.10/101	اسلوب متعدد الوسائط للعلاج الكهربائي مقابل الانبساط العضلي الليفي في المرضي الذين يعانون من	وعـ عــ وري سيب	11
	الالام المركانيكية المزمنة للرقبة		
	Multimodal approach of electrotherapy versus myofascial release in		
	patients with chronic mechanical neck pain		
7 - 1 \/\/ 1 A	فاعلية إذابة الدهون بالموجات فوق الصوتية على مستوى كوليستيرول الدم لدى السيدات ذوات السعفة المركزية	مصطفى عوض على عوض	11
	" Efficacy of ultrasonic lipolysis on blood cholesterol level in centrally obese women		
۲۰۱۰/۱۲/۸	ا التأثير القصر الثنائي لعضارت اوتار الركبة على يعض القياسات الإشعاعية للعمود الفقري القطلي العجزي '	اية الله جمال احمد	1:
	INFLUENCE OF BILATERAL HAMSTRINGS MUSCLES SHORTENING		
	ON SOME RADIOLOGICAL PARAMETERS OF LUMBOSACRAL SPINE		
Y . 1 £/9/9	- تأثير استخدام الموجات التصادمية في علاج نقاط الآلم لاعتلال عضلة الحزام الدائري "	سماح عبد الفتاح على احمد	10
	" Efficacy of shockwave therapy in treatment of myofascial trigger points of rotator cuff muscles dysfunction "		



			منية معالى مشيعين بلسمة الطاعرة بذا الطاعرة
Y • 1 4/1/A	تأثير التمرينات الهوانية المختارة على مستوى فيتامين د بالدم في مرضى التصلب المتعدد	سهير محمد منير محمد حمزة	14
	Influence of Selected Aerobic Exercises on Serum Vitamin D Level in Patients With Multiple Sclerosis		
	-		

الموظف المختص مراجع وكيل الكلية لشنون الدراسات العليا عميد الكلية المنون الدراسات العليا عميد الكلية المختص العليا عميد الكلية المختص الإيمان صاير إبراهيم الدراميم المنياوي المختوجة جابر شندى الإيمان صاير إبراهيم المناوي المختوجة المناوي المختوجة المناوي المناوية المناوية



# بيان برسائل الدكتوراه التي اشرف عليها السيد الدكتور/ياسر رمزى أبو المحاسن لاشين المدرس بالكليه قسم العلوم الأساسية للعلاج الطبيعي

تاريخ موافقة مجلس الكلية على الإشراف	عنوان الرسالة	اسم الطالب	٩
7.17/9/19	" التحريك بتقنية موليجان مقابل الشد في متلازمة المفصل الوجهي للفقرات القطنية: تجربه عشوائيه مراقبه".		٠.١
	" MULLIGAN MOBILIZATION VERSUS TRACTION IN LUMBAR FACET JOINT SYNDROME: RANDOMIZED CONTROLLED	سويلم حبيب	
	TRIAL".		
T . 1 9/Y/1 T	(فعالية الشد من النوم على الجانب امام الشد من النوم على الظهر في علاج الانزلاق الغضروفي القطني) "EFFICACY OF SIDE LYING TRACTION VERSUS SUPINE LYING TRACTION IN TREATMENT OF LUMBAR DISC HERNIATION"	بیتر رمزی نجیب فرج تر	-7
7.10/7/11		صباح محمد عیسی یوسف القاضی	.*
•	6/9	Em	حافظ/



			ة الملاج الطبيعي الدامات العليا والحوث
Y.10/0/11	" تحريك الفقرات بموليجان مقابل ميتلاند على الزاويه الحدبيه الصدريه في التحديب الوضعي" MULLIGAN VERSUS MAITLAND MOBILIZATION ON THORACIC KYPHOTIC ANGLE IN POSTURAL KYPHOSIS"		
Y . 1 \ / V / 1 V	" تأثير العلاج اليدوى للفقرات الصدريه على النوع الاول من متلازمة الالم المركب الناحى ما بعد اصابات الطرف العلوى " INFLUENCE Of THORACIC MANIPULATION ON TYPE ONE COMPLEX REGIONAL PAIN SYNDROME POST UPPER LIMB TRAUMA "	منال محمد حسن محمد	.0
Y • 1 V/1 1/1 9	معايير المسافه والوقت في المشى الطبيعي SPATIO – TEMPORAL PARAMETERS IN NORMAL GAIT	هیثم أحمد مؤمن محمد منیر المصری	.*
	1952	253	حمد حافظ/

محمد حافظ/



## **Scientific Publications**

- Samah A. Ali , Yasser R. Lasheen , Ragia M. Kamel , Ahmed F. Genaidy. "Efficacy of Shockwave Therapy in Treatment of Myofascial Trigger Points of Rotator Cuff Muscle Dysfunction" International Journal of PharmTech Research, 2016, 9(6), pp 115-126.
- AMERA GEBRIL SAYED, SOHAIR SHEHATA RIZKALLAH, YASSER RAMZY LASHEEN, LAILA AHMED RASHED. "EFFECT OF PULSED MAGNETIC FIELD ON PLATELETS COUNT AND COAGULATION PROCESS IN HEALTHY SUBJECTS" International Journal of Therapies and Rehabilitation Research 2017; 6 (2): 153-159.

- Yasser Ramzy Lasheen, Rehab Abdel Hamed Abou Elfotoh, Maher Ahmed El Kebalawy. "Influence of Circadian Rhythm on Balance in Healthy Subjects" International Journal of Health and Rehabilitation Sciences Volume 6, Issue 3, September 2017.
- Ghada I. Mohamed, Yasser R. Lasheen. "Correlation between smoking, serum serotonin level, and peripheral fatigue of back extensors: cross-sectional study" Bulletin of Faculty of Physical Therapy, Vol. 22 No. 2, July-December 2017.
- Yasser R. Lasheen, Ghada Ismail Mohamed. "LOW LEVEL LASER VERSUS SHOCK WAVE THERAPY IN TREATMENT OF MYOFASCIAL TRIGGER POINTS OF ROTATOR CUFF MUSCLE DYSFUNCTION: RANDOMIZED CONTROLLED TRIAL" International Journal of Physiotherapy and Research, 2017, Vol 5(6):2527-33.
- Mohamed Ibrahim Fathallah Abdelhay, Mohamed Hussein Elgendy, Yasser Ramzy Lasheen. "MULLIGAN VERSUS MAITLAND MOBILIZATION ON THORACIC KYPHOTIC ANGLE IN POSTURAL KYPHOSIS" Int J Physiother. Vol 4(3), 168-172, June (2017).
- Yasser Ramzy Lasheen, Neveen Abdel Latif Abdel Raoof, Ramy Edward Assad, Aya Allah Gamal Ahmed Mahmoud. "INFLUENCE OF BILATERAL HAMSTRINGS MUSCLES SHORTENING ON SOME RADIOLOGICAL PARAMETERS OF LUMBOSACRAL SPINE" International Journal of Therapies & Rehabilitation Research, 2017; 6 (1): 32-39.
- Mohamed Hussien ElGendy, Abir Zakaria Mohamed, Yasser Ramzy Lasheen, Mustafa Awad Ali Awad. "EFFICACY OF ULTRASONIC LIPOLYSIS ON BLOOD CHOLESTEROL LEVEL IN

- CENTRALLY OBESE WOMEN" International Journal of Physiotherapy and Research, 2017, Vol 5 (4):2164-70.
- Sabah Mohammed Easa Alkady, Ragia Mohammed Kamel, Enas AbuTaleb, Yasser Lasheen, Fatma Anas Alshaarawy. "EFFICACY OF MULLIGAN MOBILIZATION VERSUS MUSCLE ENERGY TECHNIQUE IN CHRONIC SACROILIAC JOINT DYSFUNCTION" Int J Physiother. Vol 4(5), 311-318, October (2017).
- Abeer M. ElDeeb, Hany F. Elsisi, Yasser R. Lasheen. "Response of lipids, estradiol level, and liver size to diet and high-intensity interval training in postmenopausal women with fatty liver" Bulletin of Faculty of Physical Therapy, Vol. 23 No. 2, July-December 2018.
- Mohammed Hussin Elgendy, Yasser Ramzy lashin, Islam Tarek Salem Abu Emira. "INFLUENCE OF BODY MASS INDEX ON LUMBAR FLEXIBILITY AND RISK OF FALLS IN ADULT SUBJECTS" International Journal of Recent Advances in Multidisciplinary Research Vol. 05, Issue 04, pp.3761-3764, April, 2018.
- Omnnia M. H. ElGendy, Maher A. El Keblawy, Yasser R. Lasheen.
   "Hand Grip Strength Following Cryotherpay on the Forearm for Tennis Players" Current Science International, Volume: 07 | Issue: 02 | April- June | 2018 Pages: 257-265.
- Maher Ahmed El keblawy, Yasser Ramzy Lasheen, Mohamed Abd ELsalam Gomaa, Kareem Ragab Ahmed Mohamed Nada "LOW LEVEL LASER VERSUS ACUPUNCTURE-LIKE TRANSCUTANEOUS ELECTRICAL NERVE STIMULATION IN CHRONIC SHOULDER IMPINGEMENT SYNDROME" International Journal of Recent Advances in Multidisciplinary Research, Vol. 05, Issue 09, pp.4089-4095, September, 2018.

- ARWA A.M. IDRES, SOHEIR SHEHATA, YASSR RAMZY, MANAR HUSSEIN. "Relationship between Refractive Visual Errors and Cervical Spine Angles and Range of Motion" Med. J. Cairo Univ., Vol. 87, No. 2, March: 1165-1171, 2019.
- Mohammed H. El-Gendy, Yasser R. Lasheen, Wafaa K.S. Rezkalla. "Multimodal approach of electrotherapy versus myofascial release in patients with chronic mechanical neck pain: a randomized controlled trial" Physiotherapy Quarterly, 2019, 27(4), 6–12.
- SafwatYasmin M., Wadee Amir N., Lasheen Yasser R., Kamel Ragia M. "Influence of Scapular Stabilization Exercises on Asymptomatic Forward Head Posture; A Randomized Controlled Trial" Indian Journal of Public Health Research & Development, Volume 10, Issue, 12, pp.1410-1415, 2019

#### **Other Activities**

- Engagement in planning the scientific content and goals of principals of manual therapy course Bachelor's degree.
- Engagement in teaching activities of theoretical and course of principals of rehabilitation for undergraduate's students in Physical Therapy Department for Basic Science in Faculty of physical therapy-Cairo University for the academic years (2012/2013-2013/2014-2014/2015).
- Engagement in teaching activities of theoretical and course of principals of occupational therapy for undergraduate's students in Physical Therapy Department for Basic Science in Faculty of

physical therapy-Cairo University for the academic years (2012/2013-2013/2014-2014/2015).

- Engagement in teaching activities of theoretical course of Therapeutic Exercises for undergraduate's students in Physical Therapy Department for Basic Science in Faculty of physical therapy-Cairo University for the academic years(2012/2013-2013/2014-2014/2015-2015/2016-2016/2017-2017/2018-2018/2019-2019/2020 Till now).
- Engagement in teaching activities of theoretical course of Tests and Measurements for undergraduate's students in Physical Therapy Department for Basic Science in Faculty of physical therapy-Cairo University for the academic years (2012/2013-2013/2014-2014/2015-2015/2016-2016/2017-2017/2018-2018/2019-2019/2020 Till now).
- Engagement in teaching activities of theoretical course of Hospital Administration for undergraduate's students in Physical Therapy Department for Basic Science in Faculty of physical therapy-Cairo University for the academic year (2015/2016).
- Engagement in teaching activities of theoretical course of Principals of Manual Therapy for undergraduate's students in Physical Therapy Department for Basic Science in Faculty of physical therapy-Cairo University for the academic years (2014/2015-2015/2016-2016/2017-2017/2018-2018/2019-2019/2020 Till now).
- Supervising the practical training course of principals of rehabilitation for undergraduate's students in Physical Therapy

Department for Basic Science in Faculty of physical therapy-Cairo University for the academic years (2012/2013-2013/2014-2014/2015).

- Supervising the practical training course of principals of occupational therapy for undergraduate's students in Physical Therapy Department for Basic Science in Faculty of physical therapy-Cairo University for the academic years (2012/2013-2013/2014-2014/2015).
- Supervising the practical training course of Therapeutic Exercises for undergraduate's students in Physical Therapy Department for Basic Science in Faculty of physical therapy-Cairo University for the academic years → (2012/2013-2013/2014-2014/2015-2015/2016-2016/2017-2017/2018-2018/2019-2019/2020 Till now).
- Supervising the practical training course of Tests and Measurements for undergraduate's students in Physical Therapy Department for Basic Science in Faculty of physical therapy-Cairo University for the academic years → (2012/2013-2013/2014-2014/2015-2015/2016-2016/2017-2017/2018-2018/2019-2019/2020 Till now).
- Supervising the practical training course of Principals of Manual Therapy for undergraduate's students in Physical Therapy Department for Basic Science in Faculty of physical therapy-Cairo University for the academic years → (2014/2015-2015/2016-2016/2017-2017/2018-2018/2019-2019/2020 Till now).
- Participation in committees exams and correction of principals of rehabilitation for undergraduate's students in Physical Therapy

Department for Basic Science in Faculty of physical therapy-Cairo University for the academic years (2012/2013-2013/2014-2014/2015).

- Participation in committees exams and correction of principals of occupational therapy for undergraduate's students in Physical Therapy Department for Basic Science in Faculty of physical therapy-Cairo University for the academic years (2012/2013-2013/2014-2014/2015).
- Participation in committees exams and correction of Therapeutic Exercises for undergraduate's students in Physical Therapy Department for Basic Science in Faculty of physical therapy-Cairo University for the academic years(2012/2013-2013/2014-2014/2015-2015/2016-2016/2017-2017/2018-2018/2019-2019/2020 Till now).
- Participation in committees exams and correction of Tests and Measurements for undergraduate's students in Physical Therapy Department for Basic Science in Faculty of physical therapy-Cairo University for the academic years → (2012/2013-2013/2014-2014/2015-2015/2016-2016/2017-2017/2018-2018/2019-2019/2020 Till now).
- Participation in committees exam and correction of Hospital Administration for undergraduate's students in Physical Therapy Department for Basic Science in Faculty of physical therapy-Cairo University for the academic year (2015/2016).

- Participation in committees exams and correction of Principals of Manual Therapy for undergraduate's students in Physical Therapy Department for Basic Science in Faculty of physical therapy-Cairo University for the academic years (2014/2015-2015/2016-2016/2017-2017/2018-2018/2019 Till now).
- Participation in committees of oral and practical examinations of course of rehabilitation for undergraduate's students in Physical Therapy Department for Basic Science in Faculty of physical therapy-Cairo University for the academic years (2012/2013-2013/2014-2014/2015).
- Participation in committees of oral and practical examinations of principals of occupational therapy for undergraduate's students in Physical Therapy Department for Basic Science in Faculty of physical therapy-Cairo University for the academic years (2012/2013-2013/2014-2014/2015).
- Participation in committees of oral and practical examinations of Therapeutic Exercises for undergraduate's students in Physical Therapy Department for Basic Science in Faculty of physical therapy-Cairo University for the academic years(2012/2013-2013/2014-2014/2015-2015/2016-2016/2017-2017/2018-2018/2019-2019/2020 Till now).
- Participation in committees of oral and practical examinations of
  Tests and Measurements for undergraduate's students in Physical
  Therapy Department for Basic Science in Faculty of physical
  therapy-Cairo University for the academic years → (2012/2013-

2013/2014-2014/2015-2015/2016-2016/2017-2017/2018-2018/2019-2019/2020 Till now).

- Participation in committees of oral and practical examinations of Principals of Manual Therapy for undergraduate's students in Physical Therapy Department for Basic Science in Faculty of physical therapy-Cairo University for the academic years (2014/2015-2015/2016-2016/2017- 2017/2018-2018/2019 Till now).
- Participate in preparing the curriculum file for postgraduate studies for (Diploma) for the academic years (2013/2014-2014/2015-2015/2016-2016/2017-2017/2018-2018/2019-2019/2020 Till now).
- Participate in teaching some courses of postgraduate studies (Diploma) for the academic years (2013/2014-2014/2015-2015/2016-2016/2017-2017/2018-2018/2019-2019/2020 Till now).
- Participation in committees of oral and practical examinations, and correction of some courses for postgraduate's studies (Diploma) in Physical Therapy Department for Basic Science in Faculty of physical therapy-Cairo University for the academic years (2013/2014-2014/2015-2015/2016-2016/2017-2017/2018-2018/2019-2019/2020 Till now).
- Participate in preparing the curriculum file for postgraduate studies for (Master) for the academic years (2020/2021- 2021/2022).
- Participate in teaching some courses of postgraduate studies (Master) for the academic years (2020/2021- 2021/2022).

- Participation in committees of oral and practical examinations, and correction of some courses for postgraduate's studies (Master) in Physical Therapy Department for Basic Science in Faculty of physical therapy-Cairo University for the academic years (2020/2021- 2021/2022).
- Presence in the office hours for the first and second year students in Physical Therapy Department for Basic Science.
- Meet regular students through the Student Leadership for the first and second year students in Physical Therapy Department for Basic Science.
- Act as a coordinator for the courses of Principals of Rehabilitation and Principals of Occupational Therapy for undergraduate's students in Physical Therapy Department for Basic Science for the academic years (2012/2013-2013/2014-2014/2015).
- Act as a coordinator for the course of English for undergraduate's students in Physical Therapy Department for Basic Science for the academic years (2014/2015-2015/2016-2016/2017-2017/2018-2018/2019-2019/2020 Till now).
- Act as a coordinator for the course of Pharmacology for undergraduate's students in Physical Therapy Department for Basic Science for the academic year (2019/2020).

 Act as a Year Coordinator for the second year for undergraduate's students in Physical Therapy Department for Basic Science for the academic years (2016/2017-2017/2018-2018/2

#### **Presentations**

• Yasser R. Lasheen "Influence of Different Bag Carrying Styles on Gait in Normal Subjects. **E-Poster** in The 8th International Scientific Conference of alternative treatment, Cairo under the title of "SCIENTIFIC VIEW OF OBESITY MANAGEMENT." Cairo, Egypt, 19-20 May 2016.

#### **Skills**

# <u>Participation in the Quality Assurance Unit, Faculty of Physical</u> <u>Therapy, Cairo University:</u>

- ➤ Participation in the quality works within Physical Therapy Department for Basic Science in Faculty of physical therapy-Cairo University.
- ➤ Participate in preparing the department plan to motivate students and assist academically troubled students.
- Participate in activating the monthly leadership meetings to familiarize with the problems facing students and find actual solutions to them.

> Participation in the quality works within postgraduate courses in

Physical Therapy Department for Basic Science (Diploma and

Master).

**Participation in the exams organization (controls)** 

A member of the exams organization team (control) for the

third undergraduate's students in Faculty of Physical

Therapy, Cairo University for the academic years

(2016/2017-2017/2018-2018/2019-2019/2020 Till now).

**Language Skills** 

> Arabic: Mother language

> English: very good

**Computer Skills** 

very good

Last updated 8/2025

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