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Lecturer /Walaa Hassan Ragab Arafat

Personal Information	<ul style="list-style-type: none"> ▪ Nationality: Egyptian. ▪ Date of birth: September 1985. ▪ Place of Birth: Cairo Governorate, Egypt. ▪ Marital status: Married.
Present position	<ul style="list-style-type: none"> ▪ lecturer of gerontological nursing, faculty of nursing, Cairo university 2026.
Educational background	<p>2006 Bachelor of Nursing Science with all over grade excellent (B.SC.N), faculty of Nursing, Cairo University.</p> <p>2007 Passed the internship clinical training year.</p> <p>2016 Master's degree (M.SC. N) in psychiatric Health Nursing Sciences, Faculty of Nursing, Cairo University.</p> <p>2019 Master's degree (M.SC.N) in gerontological Health Nursing Sciences, Faculty of Nursing, Cairo University.</p> <p>2025 Doctorate degree (Ph D. N) in gerontological Health Nursing Sciences, Faculty of Nursing, Cairo University.</p>
Theses, Dissertation & publications	<p>1- Psychological Problems As Perceived By Institutionalized And Non-institutionalized Elderly (2016).</p> <p>2- The therapeutic massage for elderly with colorectal cancer: effects on pain, fatigue and anxiety. (2026).</p>
Professional experience	<ul style="list-style-type: none"> • Clinical instructor at psychiatric health nursing department, Faculty of Nursing, Cairo University from 2009 to 2016. • Assistant lecturer in the Department of psychiatric Health Nursing, Cairo University from 2016 to 2017. • Assistant lecturer in the Department of Gerontological Nursing, Cairo University from 2017 to 2026. • Lecturer in the Department of Gerontological Nursing, Cairo University from 2026 until now. <p>Teaching and coordinating the following courses:</p>

	<p>Undergraduate courses:</p> <ul style="list-style-type: none"> • Psychiatric health nursing (clinical course) 2009 till 2016. • Gerontological health nursing (clinical course) 2016 till now. • Gerontological health nursing for 2nd year technical institute nursing students at new Kasr- Al- Aini Teaching hospital 2018-2019& 2020-2021. • Coordinator for clinical geriatric nursing course, faculty of nursing, Cairo University from 2018, 2019 and 2020. • Coordinator for geriatric nursing theory course, faculty of nursing, Cairo University from 2020 to 2021 & from 2025 to 2026. • Working as supervisor nurse at El Safa hospital in ward from 2007 to 2008. • Supervisor infection control nurse at Sidnawi hospital in ICU, operating rooms and sterilization for 12 months from 2008 to 2009. • Participati oni teaching course of "Nursing care skills for older Adults " 2026.
Departmental activities	<p>Participation in:</p> <ul style="list-style-type: none"> • Developing gerontological health nursing students' procedure book. • Quality coordinator in the department 2009 till now.
Languages	<ul style="list-style-type: none"> • Arabic Mother Tongue • English Spoken V. Good Writing V. Good Reading V. Good

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Human resources development and training, Conferences, Workshops	<ul style="list-style-type: none">• Actively participated in Organizing gerontological nursing department scientific annual conference from 2017-2018 titled "how to be an effective clinical instructor and trainer".• Actively participated in the second International conference Faculty of Nursing Cairo University titled "Challenges and Opportunities" 2013.• Actively participated in organizing gerontological nursing department scientific annual conference 2024 titled "Future of Community and Gerontological Nursing in the Light of Digitalization and Artificial Intelligence".• Attending training course in: "Credit hour system" from faculty and leadership center Cairo University at 2012.• Attending training course in: "International publication for scientific research" from faculty and leadership center Cairo University at 2015.• Attending training course in: "Essentials of Integrated Education" from faculty and leadership center Cairo University at 2021.• Attending training course in: "Critical Thinking" from faculty and leadership center Cairo University at 2021.• Attending training course in: "Statistical analysis of bio-
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	<p>Experiments" from faculty and leadership center Cairo University at 7/2018.</p> <ul style="list-style-type: none">• Attending training course in: "Arabic and English Editing in scientific research" from faculty and leadership center Cairo University at 2/2018.• "Exams and students Evaluation Systems" from Faculty and Leadership Development Center Cairo University at 2014.• "The Credit Hour Systems" at 2012 from Faculty and Leadership Development Center.<ul style="list-style-type: none">• Legal & Financial Aspects in University Environment at 2014 from Faculty and Leadership Development Center.• "Using of Technology in Teaching" from Faculty and Leadership Development Center at 2010.• "Interactive Electronic Courses" from Faculty and Leadership Development Center at 2019.• Total quality management in health care center at 2025.• 14th annual international AASD Conference Arabic Association for the Study of Diabetes and Metabolism at 2018.• Member of Educational Program Committees from 2008 until now.	3
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	<ul style="list-style-type: none"> • Attending training course in: “Creative Thinking” from faculty and leadership center Cairo university at 2015. • Attending workshop at the education development unit under title of “ILOS+COURSE SPECS” • Attended workshop at the Green Office unit under title of "University Teaching and Sustainable Development" at 2025. • Attending Training Course for "Therapeutic Massage for Old age" at 2025 at Chinese Medicine Academy. • Attending workshop at research Academy on Campus, El Sevier titled "Journals Indexation in Scopus" at 2025. • Attending workshop at the education development unit under title of “RUBRIC” • Successfully accomplish of the fundamentals of Digital transformation certificate and passed the full exams. • Participate in medical convoy at Ma'ana foundation at 2018. • Coordinator and repertoire in the annual gerontological department from 2018 until now. • Local Toefl exam by score 550 at 2025. • Fundamental of Digital Transformation Certificate at 2025.
<p>Areas of interest</p>	<p>Training and human resources development - gerontological health nursing - research - Quality in higher education - women's health-occupational and environmental health -health promotion- health care ethics - complementary health - rehabilitation nursing-reading- psychiatric health nursing.</p>
<p>Computer Skills</p>	<ul style="list-style-type: none"> • Computer course, DOS, Power point, Excel, SPSS. • Windows – Internet: Excellent • MS Word: Excellent • MS PowerPoint: Excellent

	<ul style="list-style-type: none">• Adobe Photoshop: good
Other Qualifications	<ul style="list-style-type: none">• High speed work, ability to work under stress, presentation skills; achieve high results, ambition, able to communicate very well