

Tarek AbdelRahman Ali Ammar



Education:

BPT, Faculty of Physical Therapy, Cairo University, Cairo, Egypt, 1993

MSc, Faculty of Physical Therapy, Cairo University, Cairo, Egypt, 1999

PhD, School of Physical Therapy, Texas Woman's University, Texas, USA, 2006

Employment:

Demonstrator, Faculty of Physical Therapy, Cairo University in 1994

Assistant Lecturer, Faculty of Physical Therapy, Cairo University in 1999

Lecturer, Faculty of Physical Therapy, Cairo University in 2007

Assistant Professor, Faculty of Physical Therapy, Cairo University in 2013

Publications:

1. Effect of Low Level Laser Therapy and Pelvic Rocking Exercise in the Relief of Primary Dysmenorrhea. Bulletin of Faculty of Physical Therapy. Vol. 13, No. 1, 2008.
2. Stabilization exercises in postnatal low back pain. Indian Journal of Physiotherapy and Occupational Therapy. Vol. 5, No. 1, 2011.
3. Microcurrent Electrical Nerve Stimulation in Tennis Elbow. Bulletin of Faculty of Physical Therapy. Vol. 16, No. 2, 2011.
4. Monochromatic Infrared Photo Energy in Patients with Knee Osteoarthritis. Bulletin of Faculty of Physical Therapy. Vol. 15, No. 2, 2010.
5. McGill Exercises versus conventional exercises in Chronic Low Back Pain. Journal of American Science. Vol. 8, 2012 (ISSN: 1545-1003)

6. Effects of aerobic exercise on blood pressure and lipids in overweight hypertensive postmenopausal women. *J Exercise Rehabilitation* 2015 Jun 30; 11(3):145-150.
7. Monochromatic Infrared Photo Energy Versus Low Level Laser Therapy in Chronic Low Back Pain. *Journal of Lasers in Medical Science* 2015 Fall;6(4):157-61.