



Curriculum Vitae

Personal profile

Name: Haidy Mohamed Ahmed Zaki Elshebawy

Date of Birth: 15 / 5/ 1986 **Age:** 38 years

Birth Place : Cairo – Egypt

Marital Status : married **Gender:** Female

Nationality: Egyptian

Address: 20 Ahmed Kamel street , El Laselky – EL Maadi- Cairo - Egypt

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Academic Qualifications:

Education

2003-2009, Kasr El-Aini Faculty of Medicine, Cairo University.

Qualifications

M.B., B.CH (Signed Excellent With Honors) Cairo University, November, 2009.

Master Degree in Neuropsychiatry (Signed Excellent) in May, 2014 approved by Cairo University committee on 25/8/2014.

Medical Doctorate Of Neurology in May 2018 approved by Cairo University committee on 8/2018.

Neurology consultant in Cleopatra health group hospitals (Nile Badrawy Hospital) since May 2018

Neurology consultant in Elrayan Hospital (from 2014 till 2019)

Neurology consultant in Neuromed centers (center of general neurology , sleep medicine and neurophysiology)(from 2019 till 2021)

Neurology consultant in Alandalusia Hospital from (2021 till now)

Personal Thesis

- **M.Sc Master Degree of Neurology on [Jugular valve incompetence in idiopathic intracranial hypertension].**
- **MD thesis on (relation of serum levels of homocysteine , vit B12 and folate to cognitive impairment in MS patients)**

Work Experience:

1-House officer at Cairo University Hospitals, from 1-3-2010 till 28-2-2011.

2-Resident of Neurology at Cairo University Hospitals from 12-5-2011 till 11-5-2014.

3- Assistant lecturer in Neurology Department (Neurology specialist) in faculty of medicine ,Cairo University, from 16-2014 till now.

4- Lecturer in Neurology Department (Neurology consultant) in faculty of medicine ,Cairo University, from 1-6-2018 till 1-11-2023.

5- Assistant professor in Neurology Department in faculty of medicine ,Cairo University, from 1-11-2023 till now.

From 12-5-2011 till 11-5-2014 ,Neurology Residency Cairo University,

EGYPT:

TRAINING PROGRAM IN NEUROLOGY DEPARTMENT:

- Attending and sharing the weekly grand round in Neurology Dept. Attending and sharing in monthly meeting of Neurology and Neurosurgery. Attending and sharing in Journal clubs. • Clinical work in Neurology ward, ICU, Stroke Unit, and general Neurology outpatient clinics in Cairo University Hospitals.
- Clinical work and archiving in special outpatient clinics (movement disorders , multiple sclerosis ,dementia and stroke outpatient clinics)
- One of members of movement disorders group in our department attending the movement disorders clinic every week and sharing

in multiple scientific meetings and workshops of movement disorders, spasticity and Botox injection.

- One of members of dementia group in our department attending dementia clinic and sharing in our scientific meetings of neuro cognitive disorders.
- One of members of multiple sclerosis teamwork.
- One of members of epilepsy and EEG unit.
- Recently in our neurology department, working in one of largest stroke units in Egypt and thrombolysis mechanisms.
- Sharing in the organization of Archiving System of the inpatients.
- Sharing in preparation of training courses, teaching and workshops for under- and post-graduate students.

CLINICAL WORK IN NEUROPHYSIOLOGY DEPARTMENT (Feb 2014 – April 2014):

Training For EEG, EMG, NCS, Evoked potential studies, P300, and duplex unit (TCD).

CLINICAL WORK IN PSYCHIATRY DEPARTMENT AND OUTPATIENTS CLINICS (Feb 2012 till May 2012).

1-3-2010 till 28-2-2011: House Officer Cairo University, EGYPT
Training programme in Cairo University Hospitals – Egypt. In the following departments: (Internal Medicine, Surgery, ER, Gynecology and Obstetrics, Pediatric, Cancer Institute and Neurology Department).

AREAS OF INTEREST:

Stroke, Multiple sclerosis, movement disorders, epilepsy and headache. **Good experience in use of TMS (transcranial magnetic stimulation) in different fields of neurology.**

Computer Skills:

- Microsoft word: very good
- Microsoft excel: very good
- Microsoft PowerPoint: very good

Languages:

- **Arabic:** Mother tongue -**English:** Excellent - **German:** very good (i had a grant in Goethe school in Kassel in Germany for one month for superiority in German language).

List of conferences:

- 1- First African academy of Neurology Conference and PAUNS; March 2017, Hamamat, Tunisia.**

Lecture title: Jugular valve incompetence in idiopathic intracranial hypertension

- 2- 3rd congress of European Academy of Neurology,; June 2017, Amsterdam, Nitherland**

*Lecture title: Relation of serum levels of vitamin B12, folate, and homocysteine
to cognitive functions in patients with multiple sclerosis.*

3- 18 international conference on Neurology and neurological disorders in July, 2018. Paris, France

Lecture title: cognitive impairment in patients with demyelinating disorders

4- Attended the 4th MENAECTRMS in November 2019, Dubai, UAE

5- 8th congress of European Academy of Neurology; June 2022, Vienna, Austria

Lecture title: oral presentation: Role of transcranial magnetic stimulation in post stroke aphasia

Poster presentation: Assessment of blood coagulability and Migraine

6- 7th congress of MENAECTRMS in November 2022 in Egypt

Lecture title: Impact of Fingolimod tapering strategy on recurrence of disease activity in patients with multiple sclerosis (oral presentation)

7- MS master forum/AcadeMe/MS medical grand rounds from 17th March -19th March 2023. In Munich, Germany

8- MS neurology summit from 25th May to 4th June 2022 in Istanbul , Turkey

Lecture title:

1) The right flow for treatment escalation

2) Interferons not all the same

9- 5th MS Summit MAGNIMS from 2nd -3rd March 2023

Lecture title: challenging cases in PMS identification

10- 13th Cairo Neuro 22nd-23rd December 2022

11- 1st Egyptian Parkinson and movement disorders conference from 28th-

29th July 2022

Lecture title: post covid movement disorders

12- 2nd Egyptian Parkinson and movement disorders conference from

28-29 July 2022

Lecture title: clinical and paraclinical biomarkers in Parkinson D

List of publications:

1. Yassine IA, Shehata H, Hamdy S, Abdel-Naseer M, Hassan T, Sherbiny M, Magdy E, Elmazny A, Shalaby N, ElShebawy H. Effect of high frequency repetitive transcranial magnetic stimulation (rTMS) on the balance and the white matter integrity in patients with relapsing-remitting multiple sclerosis: A long-term follow-up study. *Mult Scler Relat Disord*. 2024 Mar;83:105471. doi: 10.1016/j.msard.2024.105471. Epub 2024 Jan 24. PMID: 38295628.
2. Elshebawy, H., Fahmy, E.M., Elfayoumy, N.M. *et al*. Clinical predictors to cognitive impairment in multiple sclerosis patients. *Egypt J Neurol Psychiatry Neurosurg* **57**, 38 (2021). <https://doi.org/10.1186/s41983-021-00292-6>
3. Fahmy EM, Elshebawy HM. Effect of High Frequency Transcranial Magnetic Stimulation on Recovery of Chronic Post-Stroke Aphasia. *J Stroke Cerebrovasc Dis*. 2021 Aug;30(8):105855. doi: 10.1016/j.jstrokecerebrovasdis.2021.105855. Epub 2021 May 25. PMID: 34049013.
4. Elshebawy H, Ezzeldin MY, Elzamarany EH. Characteristics of COVID and post COVID polyneuropathies in adults and pediatrics: an Egyptian sample. *Egypt J Neurol Psychiatr Neurosurg*. 2021;57(1):178. doi: 10.1186/s41983-021-00435-9. Epub 2021 Dec 20. PMID: 34955631; PMCID: PMC8685814.
5. Fahmy, E.M., Hamdy, M.S.E., Mahmoud, R.M., Elshebawy H . Association between blood coagulability and migraine. *Egypt J Neurol Psychiatry Neurosurg* **58**, 1 (2022). <https://doi.org/10.1186/s41983-021-00430-0>
6. Abdelghaffar, M., Hussein, M., Abdelkareem, S.A., Elshebawy H. Sex hormones, CSF and serum leptin in patients with idiopathic intracranial hypertension. *Egypt J Neurol Psychiatry Neurosurg* **58**, 39 (2022). <https://doi.org/10.1186/s41983-022-00473-x>
7. Abdelghaffar, M., Hussein, M., Thabet, N.H., Elshebawy H., Lamiaa I. Daker., Shaimaa H. Soliman. The potential impact of migraine headache on retinal nerve fiber layer thickness. *Egypt J Neurol Psychiatry Neurosurg* **58**, 141 (2022). <https://doi.org/10.1186/s41983-022-00570-x>
8. Ahmed, G.M., Fahmy, E.M., Ibrahim, M.F., Ayman A. Nassief., Elshebawy H., Marwa M. Mahfouz., Mahmoud Y. Elzanaty . Efficacy of rhythmic auditory stimulation on gait parameters in hemiplegic stroke patients: a randomized

- controlled trial. *Egypt J Neurol Psychiatry Neurosurg* **59**, 8 (2023).
<https://doi.org/10.1186/s41983-023-00606-w>
9. Hussein, M., Fathy, W., Koura, R.A., Hatem Elmoutaz., Doaa Abou El Kassim Rashwan., Hyam Abdelwahab Abdelhamed.,Elshebawy H. Effect of propofol versus sevoflurane on auditory and cognitive functions: a randomized controlled trial. *Egypt J Neurol Psychiatry Neurosurg* **59**, 77 (2023).
<https://doi.org/10.1186/s41983-023-00680-0>
 10. Mekkawy DA, Hamdy S, Abdel-Naseer M, Shehata HS, Halfawy AA, Shalaby NM, Shehata GA, Ali AM, Elmazny A, Ahmed SM, Ismail JH, Ibraheim A, Abdel-Hamid HM, Magdy R, Kabara Ayoub Y, Taha AE, Merghany N, Soliman NM, Elshebawy H, Abdelal SES, El-Ghoneimy L, Al-Athwari A, Kishk NA, Nada MAF, Farghaly M, Hassan A, Hegazy MI, Abdelalim A, Mourad HS, Hassouna A, Othman AS, Wijeratne T. Neurological Manifestations in a Cohort of Egyptian Patients with COVID-19: A Prospective, Multicenter, Observational Study. *Brain Sci.* 2022 Jan 1;12(1):74. doi: 10.3390/brainsci12010074. PMID: 35053817; PMCID: PMC8773531.
 11. Haidy Elshebawy ¹, Nevin Shalaby ¹, Rufaidah Rushdi ², Raed Alroughany ³, Samar Ahmed ⁴, Nahla Merghany ¹, Hatem Shehata ¹, Jasem Al-Hashel ⁵, Abdel-Rahman Abdel-Aal ⁶, Amr Hassan ¹. Impact of Gradual Tapering Strategy of Fingolimod on Recurrence of Disease Activity in Patients with Multiple Sclerosis. *Multiple sclerosis and related disorders Journal*. Volume 71, March 2023, 104284
 12. Alaa M. Wally Allah¹ , Thanaa A. Elkholy , Gihan M. Ramzy and Haidy M. Elshebawy². Role of Nutrition in Egyptian Multiple Sclerosis Patients and its Relation to Different Clinical Types. *Current Science International* Volume: 12 | Issue: 01| Jan. - March| 2023
 13. Fahmy IM, Abokrysha NT, Ahmed SM, El-Shebawy HM. Ultrasound evaluation of internal jugular valve incompetence (IJVI) in Egyptian patients with idiopathic intracranial hypertension (IIH). *J Neurol Sci.* 2016 Jan 15;360:18-22. doi: 10.1016/j.jns.2015.11.034. Epub 2015 Nov 24. PMID: 26723965.
 14. Fahmy EM, Elfayoumy NM, Abdelalim AM, Sharaf SA, Ismail RS, Elshebawy H. Relation of serum levels of homocysteine, vitamin B12 and folate to cognitive functions in multiple sclerosis patients. *Int J Neurosci.* 2018 Sep;128(9):835-841. doi: 10.1080/00207454.2018.1435538. Epub 2018 Feb 21. PMID: 29384421.

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Number of citations: 94

Number of publications:14

Courses:

I have received 6 courses for improving experience of doctors working as staff members in Cairo University:

-ICDL

-Toifel

-ALS (advanced life support) for neurological emergency.

- International publications

-uses of technology in teaching -medical ethics