

CURRICULUM VITAE

Personal Data

Name sahar abdallah abdallah

Date of Birth 15/09/1988

Nationality Egyptian

Foreign Language English

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Educational Experience

B.Sc In Physical Therapy, Cairo University, 2009

Master Degree Of Physical Therapy, Cairo University, 2016.

Doctoral Degree Of Physical Therapy, Cairo University, 2021

Professional Experience

Teaching practical application for electrotherapy, therapeutic exercises, muscle testing, manual therapy and hydrotherapy.

Teaching lectures for medical statistics, scientific research, quality principles and scientific writing for undergraduate and advanced electrotherapy for diploma students

Faculty of physical therapy

Scientific Activities:

-Attendance and participation in conferences, workshops....

Conferences

Activity Attendance/ Participation	Date	Title of Conference	Type Local/ International	Organiser

Workshops and Training Courses

Activity Attendance/ Participation	Date	Title of workshop/ course	Organiser
Attendance), 2013.	<ul style="list-style-type: none"> Exams and students evaluation systems at FLDC (Faculty and Leadership Development Center) 	
Attendance	2013.	<ul style="list-style-type: none"> Meeting & managing time at FLDC, 	
Attendance	2014.	<ul style="list-style-type: none"> E_Learning at FLDC, 	
Attendance	2015.	<ul style="list-style-type: none"> Ethics of research at FLDC, 	
Attendance	, 2016.	<ul style="list-style-type: none"> International Publishing of scientific research at FLDC 	
Attendance	2016	<ul style="list-style-type: none"> Credited hours systems at FLDC, 2016. 	
Attendance	2018	<ul style="list-style-type: none"> Evidence based strategy medical section at fldc, 2018 	
Attendance	2018	<ul style="list-style-type: none"> Strategic planning at fldc, 2018 	
Attendance	2018	<ul style="list-style-type: none"> Quality administration at fldc, 2018 	
Attendance	2019	<ul style="list-style-type: none"> Research team administration 2019 	
Attendance	2019	<ul style="list-style-type: none"> Ethics in university work at fldc, 2019 	
Attendance	2021	<ul style="list-style-type: none"> Critical thinking at 	

		fldc,2021	
Attendance	2021	<ul style="list-style-type: none"> Fundamentals of digital transformation at fldc,2021 	
	2021	<ul style="list-style-type: none"> Blended learning principles at fldc, 2021 	
	2024	<ul style="list-style-type: none"> Sustainable development in university education at fldc, 2024 	
	2025	<ul style="list-style-type: none"> Communication skills at fldc,2025 	

Theses (Doctoral and Master) Supervision

No	Thesis Doc./ Master	Year	Student's Name	Title of Thesis	Co-authors
1	master	2024	Elham Mohamed khiry	EFFECT OF EXTRACORPOREAL SHOCKWAVE ON GAIT PARAMETERS IN PATIENTS WITH PLANTAR FASCITIS	Prof. Dr. Amir Mohammed Saleh, Prof. Dr. Amro Saber El Sayed
2	doctoral	2025	Mahitab Momen Gamal Eldien El-Ansary	Effect of Physiotherapy Protocol in Treatment of Depression: Longitudinal Study.	Prof. Dr. Samir El-Sabbahi, Prof. Dr. Ebtesam Mohamed Fahmy, Assis. Prof. Dr. Rania Reffat,
3	master	2025	Mahmoud Mohammed Hassan Mohammed	EFFECT OF TRANSCUTANEOUS ELECTRICAL NERVE STIMULATION ON PATIENTS WITH PALMAR HYPERHIDROSIS:	Prof. Dr. Amir Mohammed Saleh,
4	Master	2025	Zeinab sayed farghaly	Effect of muscle enegy technique on children with post traumatic elbow stiffness	Maher Ahmed Elkabalawy Mohamed

					mostafa hosney
	master	2025	Fatma ahmed shalaby	Effect of Instrument assisted soft tissue mobilization versus dry cupping on patients with chronic mechanical neck pain	Ragia Mohamed kamel Fatma ahmed shalaby

Scientific Publications

N	Type of paper	Year	Title	Participants (Co-authors)	Journal/ Conference	Type Local/ International
1	Original Article	2016	-Assessment OF LUMBAR PROPRIOCEPTION in FUNCTIONAL ANKLE INSTABILITY	Olfat Ibraheim ali	Bulletin of Faculty of Physical Therapy	International
		2021	Effect of proprioceptive training on lower back muscle performance in patients with chronic non- specific low back pain: a randomized controlled trial	Ghada Abdelmoneim Abdallah, Maher Ahmed Elkabalawy	Physiotherapy Quarterly	International
		2024	Effect of extracorporeal shockwave on gait parameters in patients with plantar fasciitis: a randomized controlled trial	Amir M. Saleh1 , Elham Mohammed Khairy ELNaggar2*, Amro Saber El Sayed3	Bulletin of Faculty of Physical Therapy	International
		2025	Effect of a physiotherapy protocol in treatment of depression in women: A	Prof. Dr. Samir El- Sabbahi, Prof. Dr. Ebtesam Mohamed	Polish journal of physiotherapy	International

			longitudinal study	Fahmy, Assis. Prof. Dr. Rania Reffat,		
		2025	Effect of muscle energy technique on children with post traumatic elbow stiffness : a randomized controlled trial	Maher Ahmed Elkabalawy Zeinab sayed farghaly Mohamed mostafa hosney	Egyptian journal of physical therapy and rehabilitation	local
		2025	Effect of Instrument assisted soft tissue mobilization on patients with chronic mechanical neck pain. A review article	Ragia Mohamed kamel Fatma ahmed shalaby	The Egyptian journal of hospital medicine	Local
2	Conference Paper					
3	Book chapter					
4	Systematic review					

Scientific Research Review

Editor/Reviewer in international or local scientific journal

Journal Title	Type Local/ International	Number of reviewed researches

Other Activities

e.g.

- Teaching.....**Teaching practical application for electrotherapy, therapeutic exercises, muscle testing, manual therapy and hydrotherapy.**

Teaching lectures for medical statistics, scientific research, quality principles, and scientific writing for undergraduate and advanced electrotherapy for diploma students
Faculty of physical therapy

- Coordinatorpharmacology 1- physiology 1 and 2

-Membership in committee/ council/ control

member in measurement and evaluation committee, undergraduate control for the third year, member in the international unit for foreign students

-Participation in exams/participated in advanced electrotherapy exam, medical statistics, scientific research, quality principles, and scientific writing exams

Appreciation and Honoring:

B.Sc In Physical Therapy_**with excellent and honour degree.**

Master Degree of Physical Therapy_**with good degree.**

Doctoral Degree of Physical Therapy_**with good degree.**

Last updated
december /2025