

## **Research Abstract**

**The Effectiveness of The program of the Regular Daily Exercises on the violin to improve the player performance for the student of College of Education for Specific Studies**

**The research aims at:**

- 1- Setting up gradual level regular daily training, including right and left hand techniques for reaching at playing performance.
- 2- Selecting training helping in development of the two hand fingers flexibility in general.

**The research is divided into three chapters;**

**Chapter One:** Theoretical framework, including two sections.

- learning, its bases and concepts.
- violin instruction.

**Chapter two:** Applied framework of the program prepared for conducting the experiment.

**Chapter three:** Research findings, and its analysis and interpretation.

**The researcher presumes that:**

- 1- Regular daily training help in improving the playing performance of the violin student.
- 2- Practicing the daily training may help in the right and left hand flexibility in general.

The research finding had com in that instruction through the proposed program had led into the positive impact in comparison with the training approach pursued in the level of development of playing performance on the violin, and development of expressive performance and finger flexibility.

That is obvious from the higher value of computed "T" than that of tabular "T" at the level (0.02, 0.05, 0.10), confirming the validity and correctness of the proposed hypotheses.

## **Research Summary**

Violin instrument is considered as one of the most important orchestral instruments. It is capable of expression of various human sensations, and displaying the vocal coloration. For the violinist to reach the ability of good performance, a great effort in training is needed.

Doubtless that good violin playing and performance is so difficult to require many of physical, mind, and psychological abilities and specifications, for the student or player to reach an adequate level in playing such instrument. That would require continuous training for the student to reach such high level of performance. Therefore the authors of violin playing books have compiled technical exercises for daily training, that work on left hand fingers flexibility, and technical exercises for the right hand, so the student may reach the desired goal, which is improving the playing on such instrument.

### **The research problem:**

lays in the presence of weak level of performance on violin instrument, through the different academic grades, due to the shortage, in the curriculum, of technique books, necessary for performance, and also the back of care, by the students, of regular daily technical training, scales, and Arbagious helping in left hand fingers flexibility and movement on the finger board, and the bow movement flexibility in the right hand.

Hence, was the idea of such research, that revolves around finding gradual level regular daily exercises for violin learner, working on developing the finger flexibility and bow movement flexibility on the strings

that lead into improvement of the level of performance of playing, such as athletes do by regular daily exercising.

**Research significance:**

is based on the improvement of performance, and development of the hand fingers flexibility by violin students in the Faculty Of Specific Education in one of the academic stages, which would work on encouraging, and relaxing them for participation in various student activities for acquiring the art of playing of advanced level pieces and melodies, that may benefit most of the students in other different colleges and institutes

**The researcher presumes that:**

- 1- Regular daily training helps in improving the playing performance of violin student.
- 2- Practicing the daily training may help in the flexibility of the right and left hands in general.

**research limitations:**

The research is applicable on the students of the second grade, Faculty Of Specific Education, and should not be generalized but within its limits only.

**research sample:**

Eight, second grade, Faculty Of Specific Education, Cairo University students divided into two groups, one of which is experimental, and one is control group.

**The researcher had used** the two group (experimental and control) experimental methodology, and

**research tools:**

- 1- Tools particular for research sample selection.
- 2- Tools for realizing the research hypotheses.

### **research division:**

- Research foreword, including (Introduction, research problem, significance, hypotheses, limitations, methodology, sample, tools, and idiom).
- Previous studies and research, including three previous studies, relevant to the research inside Egypt, another three irrelevant studies, and another relevant study outside Egypt.

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### **The research findings came as follows:**

Practicing the proposed gradual level daily training had helped in developing the left and right hand fingers flexibility in general and had resulted in improving playing on and performance of violin instrument in particular.

That is obvious from the higher value of computed "T" than that of tabular "T" at the level (0.02, 0.05, 0.10).

Which indicates at the presence of a development in the level of expressive performance, finger flexibility, and playing performance, finger flexibility, and playing performance of the violin instrument as a result of training through the proposed program beside the curriculum, confirming the validity and correctness of the proposed hypotheses.

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the Regular Daily Exercises on the violin to improve  
the player performance for the student of College of  
Education for Specific Studies

The Impact Of A Program Of Regular Daily  
Practicing On The Violin, In Improving The Playing  
Performance By The Faculty Of Specific Education  
Student.