

CURRICULUM VITAE

Personal Data

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Date of Birth January 1st, 1974
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Educational Experience

- 1- **Bachelor Degree in physical therapy;** (1995): Faculty of physical therapy; Cairo University. (Excellent Grade with Honor)
- 2- **Master Degree in physical therapy;** (2001): Faculty of physical therapy; Cairo University. (Excellent Grade with Honor).
- 3- **Doctoral Degree in physical therapy;** (2006): Faculty of physical therapy; Cairo University. (Excellent Grade with Honor)

Professional Experience

- 1- Demonstrator (1996-2001)
- 2- Assistant Lecturer (2001-2006).
- 3- Assistant professor (2006- 2019)
- 4- Associate professor (2019- present)

Scientific Activities:

-Attendance and participation in conferences, workshops....

Conferences

Activity Attendance/ Participation	Date	Title of Conference	Type Local/ International	Organiser
Participation	28-29/7/ 2022	21 th Annual international conference – Faculty of physical therapy- Cairo University	International	Faculty of Physical therapy, Cairo University
Participation	10/5/2022	Department Of Physical Therapy For	Local	Department of Physical therapy for

		Musculoskeletal Disorders, 2 nd Annual Symposium		MSPT and its Surgery, FPT, CU
Participation	December 2020	No more handicap association annual conference	Local	No more handicap association
Participation	20/2/2020	Department Of Physical Therapy For Musculoskeletal Disorders, 2 nd Annual Symposium	Local	Department of Physical therapy for MSPT and its Surgery, FPT, CU
Participation	28/11/2019	Conference of community services and environment sector affairs	Local	community services and environment sector affairs, FPT, CU
Participation	28-31/10/2019	Third Madinah conference for medical rehabilitation updates	International	Taibah University, Madinah, KSA
Participation	1/3/2018	First conference of the Arab Society of Manual Physical Therapy	International	Arab Society of Manual Physical Therapy
Participation	3-6/11/2015.	Second Madinah international conference for medical rehabilitation updates.	International	Physiotherapy Club, Madinah, KSA
Participation	17/5/2012	Seminar in comprehensive medical rehabilitation Center in Madinah	Local	Comprehensive medical rehabilitation Center in Madinah
Participation	May 2009	Scientific Meeting of AL Madinah Physiotherapy Club.	Local	Physiotherapy Club, Madinah, KSA
Participation	7/11/2007	Scientific Meeting of AL Madinah Physiotherapy Club	Local	Physiotherapy Club, Madinah, KSA

Workshops and Training Courses

Activity Attendance/ Participation	Date	Title of workshop/ course	Organiser
Participation	3-4/11/2015.	Back pain management: Different approaches	Physiotherapy Club, Madinah, KSA
Participation	10/5/2012	Soft tissue mobilization	University of Dammam, KSA
Participation	April 2008 (3days)	Peripheral Joints Mobilization	Physiotherapy Club, Madinah, KSA

Theses (Doctoral and Master) Supervision

No	Thesis Doc./ Master	Year	Student's Name	Title of Thesis	Co-authors
1	Master	2019	Asmaa Mahmoud Hussin Morsy	Effects Of Smartphone Usage Duration On Neck Dysfunction In Young Versus Middle Aged Patients With Chronic Mechanical Neck Pain	Aliaa Mohammed Rehan Youssef
2	Master	2020	Shaimaa Ramadan Ibrahim Abdul- Ghani El Deab	Relationship Between Lumbopelvic Muscles Activity And Ultrasonographic Measurement of Contralateral Anterior Humeral Translation in Chronic Unilateral Low Back Pain	Bassem Galal ELDien Elnahass, Nevien Ezzat El Liethy
3	Master	2021	Nahla Mowafak Aziz Fayad	Validity And Reliability Of Sway Balance Smartphone Application For Assessment Of Balance In Patients With Knee Osteoarthritis	Enas Fawzy Youssef, Ahmad Hamdi Azzam
4	Master	2022	Mona Ahmed Shawky EL Naggar	Extracorporeal shock wave therapy versus Laser in treating knee osteoarthritis	Kareem Mohamed Fawzy Ghuiba, Ashraf El Tabie Ezz El Deen
5	Master	2022	Abdelrahman Mahmoud Shabban Hewidy	Neuromuscular Versus Strengthening Program On Selected Functional Parameters In Patients With Knee Osteoarthritis	Waleed Mohamed Ewais, Karim Mohamed Fawzy Ghuiba
6	Master	2022	Mohamed Ramadan Ibraheem Ramadan	Effect Of Adding Arch Support Insole to Foot Strengthening Exercise In Patients With Bilateral Flexible Flatfoot	Enas Fawzy Youssef, Mohamed Ezzat Mohamed Shalaby
7	Master	2022	Nada Helmy Mohamed	High Versus Low Power Laser In Treating Acute And Subacute Lumbar Disc Herniation	Leonardo Longo, Mohammed Moustafa Aldosouki

8	Master	2022	Mohamed Ali Fathy	Validity And Reliability Of Digital Inclinometer For Assessment Of Joint Position Sense In Patients With Osteoarthritis	Ahmed Hamdi Azzam, Dina Sayed Abdel Allah
9	Master	2022	Hanan Sayed Saad EL-Sayed	Cervical Stabilization Exercises Versus Scapular Stabilization Exercises in Treatment of Chronic Mechanical Neck Pain	Ibrahim Magdy ELnaggar
10	Doctoral	2022	Mai Hassan Ahmed Desouki	Effects Of Lumbar Repositioning Feedback And Transversus Abdominis Training On Lumbar Proprioception In Patients With Chronic Mechanical Low Back Pain	Alaa E. Abdelhakim Balbaa, Mohamed Samir Gobba

Scientific Publications

N	Type of paper	Year	Title	Participants (Co-authors)	Journal/Conference	Type Local/International
1	Original Article	2011	Low dye taping versus medial arch support in managing pain and pain- related disability in patients with plantar fasciitis	Yehia Nassef Abd Elhafz	Foot Ankle Spec	International
		2011	Taping and OKC exercises versus taping and CKC exercises in treating patients with patellofemoral pain syndrome	Yehia N. Abdelhafz, Samiha M Abd ElKader	IJPOT	International
		2013	Evaluation of isometric muscle strength and magnitude of hand dominance	Alaa I. Ibrahim, Qassim I. Muaidi, and Ziad M. Hawamdeh.	International Journal of Rehabilitation Research	International

			in right-handed school-age boys			
		2013	Association of postural balance and isometric muscle strength in early- and middle-school-age boy	Ibrahim AI, Muaidi QI, Hawamdeh ZM, Alhusaini AA.	J Manipulative Physiol Ther.	International
		2018	Effects of Preoperative and Postoperative Physiotherapy on Functional Outcome of Patients Undergoing Total Hip Arthroplasty	Alaa I. Ibrahim, Ziad M. Hawamdeh	IOSR Journal of Nursing and Health Science	International
		2018	Does Soccer Participation Enhances Knee Rotatory Proprioceptive Acuity and Knee Rotators Isometric Muscle Strength? : A Cross Sectional Study	-----	Bioscience Research	International
		2018	Immediate Effect of Mobilization on Pain and Overhead Reach Inpatients with Shoulder Impingement Syndrome.	Ibrahim A. Alwesaly	International Journal of Advanced research	International
		2018	Effect of Kinesio Tape on Ankle Joint Position Sense and Evertors Peak Torque in Football Players Following Exercise Induced Fatigue.	Moayad Al Dahi	International Journal of Advanced research	International

		2019	Proprioceptive Training after ACL Reconstruction: Standard Versus Stump Preservation Technique	Mona S. Faggal, Sahar M. Adel Elhakk, Noha F. Mahmoud	Physiotherapy Practice and Research	International
		2021	Effects of proprioceptive neuromuscular facilitation techniques in treating chronic nonspecific low back pain patients	Fouda KZ, Dewir IM	Physiotherapy Quarterly	International
		2021	Effect of Neural Mobilization Exercises in Patients With Low Back-Related Leg Pain With Peripheral Nerve Sensitization: A Prospective, Controlled Trial	Alshami, Ali M., Mohammed A. Alghamdi	<i>Journal of Chiropractic Medicine</i>	International
		2022	Effect of cervical exercises with corrective instructions on neck pain and disability in smartphone addicted users	Fouda KZ	Physiotherapy Quarterly	International
2	Conference Paper	2019	Effects of Smartphone Usage Duration on Neck Dysfunction in Young Versus Middle-Aged Patients with Chronic Mechanical Neck Pain	Asmaa Mahmoud, Aliaa Rehan Youssef	20 th International conference of the faculty of physical therapy, Cairo University	International
		2022	High versus low power laser in	Nada H. Mohamed,	21 st International	International

			treating acute and subacute lumbar disc herniation	Leonardo Longo, Mohammed M. Aldosouki	conference of the faculty of physical therapy, Cairo University	
		2022	Neuromuscular Versus Strengthening Program on Pain, and Function in Knee Osteoarthritis	Abdelrahman M. Hewidy, Karim Ghuiba, Waleed M. Ewais,	21st International conference of the faculty of physical therapy, Cairo University	International
		2022	Effects of Arch Support Insole versus Standard Insole on Balance and Strength in Bilateral Flexible Flatfoot	Mohamed Ramadan, Enas F. Youssef, Mohamed Ezzat Mohamed	21st International conference of the faculty of physical therapy, Cairo University	International
		2022	Extracorporeal Shock Wave Therapy and Low Level Laser Therapy in Treatment of Knee Osteoarthritis: A Comparative Study	Mona El Naggar, Karim Ghuiba, Ashraf El Tabie	21st International conference of the faculty of physical therapy, Cairo University	International
3	Book chapter		Physical Therapy and Rehabilitation for Sport Injuries	Enas Fawzy Youssef, Nabil Abdo Abdallah, Mahmoud Diab, Kareem Ghuiba, Ahmed Elsaid Elmelhat	NA	Local
4	Systematic review	-	-	-	-	-

Scientific Research Review

Editor/Reviewer in international or local scientific journal

Journal Title	Type Local/ International	Number of reviewed researches
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Foot & Ankle Specialist	International	1
Journal of Taibah University Medical Sciences	International	1
Journal of Bodywork & Movement Therapies	International	2

Other Activities

e.g.

- Teaching:

1. Undergraduate course: Physical therapy for sports injuries
2. Postgraduate courses:
 - a. Analysis of procedures in physical therapy for musculoskeletal disorders (Doctoral degree)
 - b. Analysis of procedure in physical therapy for orthopedics surgeries (Master degree)
 - c. Independent studies in physical therapy for orthopedics surgery (Master degree)

- Coordinator

NA

-Membership in committee/ council/ control

- 1- Manager of the academic program “Professional DPT” at faculty of physical therapy, Cairo University (June 2021- present).
- 2- Vice head of postgraduate control at faculty of physical therapy, Cairo University (November 2019 – present).
- 3- Member of postgraduate control at faculty of physical therapy, Cairo University (2017-2021).
- 4- Member of the postgraduate studies and research council, faculty of physical therapy, Cairo University. (Academic years 2018-present)
- 5- Member of the faculty council at faculty of physical therapy, Cairo University. (Academic year 2017-2018).
- 6- Member of the department council at department of physical therapy for musculoskeletal physical therapy and its surgery at faculty of physical therapy, Cairo University. (Academic years 2018-present)
- 7- Member of faculty laboratories management committee at faculty of physical therapy, Cairo University. (Academic year 2017-2018).

-Participation in exams/

- a. Undergraduate theoretical exams for “ physical therapy for sports injuries”
- b. Undergraduate theoretical exams for clinical and practical sections of courses
 - a. Musculoskeletal disorders and its surgery
 - b. Physical therapy for sports injuries
- c. Postgraduate theoretical exams for courses
 - a. Analysis of procedures in physical therapy for musculoskeletal disorders (Doctoral degree)
 - b. Analysis of procedure in physical therapy for orthopedics surgeries (Master degree)
 - c. Independent studies in physical therapy for orthopedics surgery (Master degree)

Appreciation and Honoring:

Last updated
August /2022