

CURRICULUM VITAE



Name: Mostafa Alsaid Mostafa Fahmy

Date of Birth: 29 May 1992

Marital Status: Married

Nationality: Egyptian

Residence: 238 Ta, Hadek El-Ahram –Giza
Algomhoria st. Damanhour - Albheira

Phone No.: +201286273379

E-mail: Alsaid_mostafa@pt.cu.edu.eg

Mother Language: Arabic

Second Language: English

Hobbies: Reading, Running & Driving.

Current Occupation:

- Lecturer Assistant, Department of P.T for Neurology and Neurosurgery, Faculty of Physical Therapy, Cairo University, from 12-3- 2016.

Qualification:

- Bachelor's degree in physical therapy, Grade Excellent with honors Sep 20, 2013.
- Master of Science in Neurorehabilitation, Grade Good, 2.48/4 GPA with honors (June 15, 2016 - 2020)
- PhD in Neurorehabilitation, Grade Very Good, 3.65/4 GPA with honors (2020- Current)
- Nutritional Diploma in the Egyptian National Institute of Nutrition (2016-2017).

Clinical Experience in Egypt:

1-Name of Employer: Cairo University Hospitals, Orthopedic Outpatients clinic

Address: Al Kasr Al Ainy St. next to Handosa bridge, Cairo.

Position: Senior Physical Therapist

Job Discription:

- Assessment & Treatment of Patients with orthopedic disorders Such as Trauma and fractures, Post-surgical Rehabilitation of ACL Reconstruction, Meniscus Repair, Rehabilitation after Sprains and muscle injuries, Also, Patients with lumber, cervical disorders and Osteoarthritic changes.
- Training of Internship students and giving them different demonstrations

Date of Employment: 10/12/2015 till 03/11/2016, Full time (40 h per week)

2-Name of Employer: Al Agoza Armed Forces Rehabilitation Center,
Orthopedic & Neurological Out- In patients' clinics

Address: Farid Shawky St., Al Agoza, Giza

Position: Physical Therapist

Job Discription:

- Assessment & Treatment of Patients with neurological disorders Such as Stroke, Quadriplegic, and paraparesis Patients
- Detection of functional disability and teaching each patient how to do it properly using different scales such as Functional independence measure and Time up and go test
- Helping the patients to choose the proper assistive devices such as cane or walker and adjusting each according to patient's needs
- Educating Wheelchair activities for paraplegic patients
- Helping in sessions of Hydrotherapy

Date of Employment: 08/25/2015 till 12/25/2015, Part Time (20 h per week)

3-Name of Employer: Prof. Dr Mohamed abdel Wahed, MD, PHD Clinic

Address:11 Mohamed Mahmoud St., Bab Al Louk, Cairo.

Position: Senior Physical Therapist

Job Discription:

- Reviewing the medical history with physician and putting a plan of treatment for each patient
- Diagnosis according to movement dysfunction and listening to their concerns
- Hands on therapy such as Joint mobilization, Stretching and Strengthening Exercises
- Educating the patients, the recovery process and giving them a home program to accelerate the recovery
- Documentation of patients' progression and improvement

Date of Employment: 06/15/2016 till 06/30/2018, (40 h per week)

4-Name of Employer: Dr Mohamed Sarhan , PT, PhD ortho Sport clinic Center
Address:40 Shobra St., Rod al Farag, Cairo.

Position: Senior Physical Therapist

Job Discription:

- Treatment of Patients with orthopedic disorders Such as Trauma and fractures, Post-surgical Rehabilitation of ACL Reconstruction, Meniscus Repair, Rehabilitation after Sprains, and muscle injuries using different Hand on techniques, Electrotherapy and Ultrasound agents
- Determination of patient progression and modifying of exercises according to each patients
- Documentation of patient progress

Date of Employment: 08/01/2020 to 02/28/2021, Part time (20 h per week)

5-Name of Employer: Prof. Dr Mostafa Mahmoud, MD, PhD Clinic, Upper limb Hand clinic center

Address:11 Masadek St., Dokki, Giza

Position: Senior Physical Therapist

Job Discription:

- Reviewing the medical history with physician and putting a plan of treatment for each patient
- Diagnosis according to movement dysfunction and listening to their concerns
- Hands on therapy such as Joint mobilization, Stretching and Strengthening Exercises
- Educating the patients, the recovery process and giving them a home program to accelerate the recovery
- Documentation of patients' progression and improvement

Date of Employment: 03/01/2020 to 12/30/2020, Full time (40 h per week)

6-Name of Employer: Dr Akram Maher Hand Therapist, PhD, Upper limb and Hand center

Address:11 Al Kobba St, Kobri al Kobba, Roksy, Cairo.

Position: Senior Physical Therapist

Job Discription: -

- Assessment & Treatment of Patients with orthopedic Hand disorders Such as Trauma and fractures, Post-surgical Rehabilitation of Tendon repair, transfer, Burns of hand, stiffness, TFCC injuries
- Using the CPM and Static progressive splinting to treat stiff joints.
- Application of Scar mobilization and prolonged stretching for shorted tissues.

Date of Employment: 11/01/2019 to now , Part time 20H

7-Name of Employer: Dr Ahmed El-Sayed, Neurologist, MSc, Al Haram City Clinics

Address:5 Zohni St. Talbia , Haram, Giza.

Position: Manager and Senior Physical Therapist

Job Discription:

- Assessment & Treatment of Patients with Neurologic diseases such as stroke, Poly neuropathy, Ataxic and Multiple sclerosis patients.

- Documentation of patients with the physician to follow-up of patients

-

Date of Employment: 08/02/2021 till now, Part time 20H

Certificates:

ICDL Syllabus version: 4.0

IELTS –IDP (Speaking :6.5 Reading:6.5 Writing:6 Listening:6)

with Overall score: 6.5 - Good User

Egyptian TOEFL Score: 567, **International TOEFL**: 82

Scientific Research & International Publication, Student Evaluation and Management of hospitals from FLDC IN Cairo University.

Licensed PT, New York, USA 1st Trial.

Conferences & Courses in Egypt:

1- Regional Biomechanics by Dr Mohamed Tag, 14 Lectures in 2015.

2- Lumber Clinical diagnosis &TTT By Mahmoud EL-Rzzy, Jan 2015.

3- Basics of Orthopedics, Sports Medicine and physical medicine, Jan 2015 by the Arab Institute for Continuing Professional Development (AICPD).

4- Foot and Ankle Examination for Sports Injuries, Feb 2015 (AICPD).

5- Mckenzie Approach, April 2015 in Prime physio By Mah.Saad.

6-The 9 the Annual Scientific Meeting of the Rheumatology and Rehabilitation Department, Faculty of Medicine, Cairo university held on 2/4/2015.

7-The 35th Intensive Course the Shoulder Held in The National Institute for Neuro-Motor Disorders, April 2015.

8-Kasr Al-Ainy 4th Orthopedics of Basic Science Course, Dec 2015 Organized by Department of orthopaedics, faculty of medicine, Cairo University.

9-1st Abou EL REESH Pediatric orthopaedic symposium, Jan 2016 Organized by Department of orthopaedics, faculty of medicine, Cairo University.

10-Gait Deviation Among Patients with NeuroMuscular and Musculoskeletal Disorders Jan 2016 By Ehab Wally & Aliaa Rehan in LRC.

11-2nd Abou EL REESH Pediatric orthopaedic Hand Surgery symposium Feb 2016 Organized by Department of orthopaedics, faculty of medicine, Cairo University.

12- Basics of Hand surgery, Trauma of Hand & Wrist, March 2016 by AICPD.

13- Hand Splinting Course, March 2020 for 2 days

Training period at university of North Texas Health Science center, Department of Physical Therapy:

1-RESEARCH ASSISTANT- A Visiting Scholar Researcher-Volunteer

University of North Texas Health Science Center,
Physical Therapy Department
Fort Worth, 76107, TX, USA, 2/2019-10/2019

Duties: Literature review, IRB Preparation, Data analysis

2- Attendance and organization of different courses for DPT students at University of North Texas Health Science Center Physical Therapy Department including:

- Neuromuscular Courses I, II by Prof. Dr Yasser Salem
- Neural Plasticity Course by Prof. Dr Yasser Salem
- Evidence base Practice Course by Prof. Dr Howe Liu
- Clinical Anatomy Course by Prof. Dr Howe Liu
- Prosthetics, Orthotics & Advanced Gait Course by Dr Mike Richardson, DPT

3- Training at Neurological Recovery center for two weeks

Address: 6913 Camp Bowie Blvd suite 177, Fort Worth, TX 76116
Under supervision of Dr Chad Pittmon, DPT in May (03-29) 2019.

4- Publication of many posters with Staff members at UNTHSC

Research:

- AQUATIC EXERCISE FOR CHILDREN WITH CEREBRAL PALSY: A SYSTEMATIC REVIEW
Sonali Aggarwal, SPT; **Mostafa Fahmy, PT, BSc, MSc**; Howe Liu PhD, PT, MD; Myles Quiben PT, PhD, DPT, NCS, GCS; Metin Yavuz D.Eng; Yasser Salem PT, MS, PhD, NCS, PCS. Poster at HSCUNT, Fort Worth -Texas, USA.

- EFFICACY OF NON-INVASIVE NEUROMUSCULAR ELECTRICAL STIMULATION ON ELBOW EXTENSOR STRENGTH AND FLEXOR SPASTICITY ON CHRONIC POST-STROKE HEMIPLEGIA: RANDOMIZED CONTROLLED PILOT TRIAL. Amr Elsareih SPT; Ali Ramadan SPT; **Mostafa Fahmy, PT, BSc, MSc**; Hoda Zakaria PT, BSc, MSc, PhD; Walaa Ragab PT, BSc, MSc, PhD. Presentation, International Conference of Physical therapy, Cairo University 2019.

- EFFECT OF RESISTANCE EXERCISE PROGRAM ON COACTIVATION OF BOTH LOWER EXTREMITIES IN CHRONIC STROKE PATIENTS: RANDOMIZED CONTROLLED TRIAL
Mostafa Fahmy, PT, BSc, MSc; Wael Shendy PT, BSc, MSc, PhD; Yasser Salem PT, MS, PhD, NCS, PCS, USA. Poster, International Conference of Physical therapy, Cairo University 2020

--Salem Y, Liu H, Paslay E, **Fahmy M**, Yavuz M, Smith V, Richardson M, Warren S. Effectiveness of the Whole-Body Vibration Therapy and Modality Function in Older Adults with Balance Deficits. (Poster) 2019 Texas Physical Therapy Association Annual Conference. October 12-13, 2019, Houston, Texas, USA.

- Eman Fayeze; PT, BSc, MSc, PhD, **Mostafa Fahmy, PT, BSc, MSc**; Wael Shendy PT, BSc, MSc, PhD; Yasser Salem PT, MS, PhD, NCS, PCS, USA. Virtual Reality versus high

intensity interval training on gait and function in chronic stroke patients. PhD
Protocol.....