

# MOHAMED YOUSEF GABALLAH

Assistant Lecturer

*Department of Psychology, Faculty of Arts, Cairo University*

Giza, Egypt | (+2) 01094178433 | mohamed.yousef@cu.edu.eg

## PROFESSIONAL PROFILE

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Dedicated Clinical Psychologist and Assistant Lecturer at Cairo University with over a decade of combined academic and clinical experience. Expert in psychological assessment, addiction intervention, and neurodevelopmental rehabilitation. A pioneer in the integration of Virtual Reality (VR) and Artificial Intelligence (AI) within therapeutic and educational frameworks. Currently in the PhD preparatory stage, committed to advancing evidence-based practices and innovative digital therapeutics for mental health and learning disabilities.

## ACADEMIC QUALIFICATIONS

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### **PhD Preparatory Stage**

Faculty of Arts, Cairo University

### **Master's Degree in Psychology**

*Specialization: Rehabilitation of Learning Disabilities Using Virtual Reality*

Faculty of Arts, Cairo University

### **Diploma of Applied Clinical Psychology**

Faculty of Arts, Cairo University

### **Bachelor of Arts in Psychology**

Faculty of Arts, Cairo University

## PROFESSIONAL AFFILIATIONS

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- **Member**, American Psychological Association (APA).
- **Member**, Egyptian Association of Psychologists (RANM).

## ACADEMIC & TEACHING EXPERIENCE

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### **Assistant Lecturer**

*Department of Psychology, Faculty of Arts, Cairo University*

- Facilitating academic lectures and practical laboratory sessions for undergraduate students, emphasizing clinical psychology fundamentals.
- **Clinical Supervision & Training:** Providing clinical supervision and training for postgraduate students in the Applied Clinical Psychology Diploma, focusing on diagnostic precision and interviewing techniques.
- Mentoring students in academic research, scientific writing, and the application of psychometric tools.

## CLINICAL & PROFESSIONAL EXPERIENCE

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### **Psychotherapist (Adults)**

*Private Practice / Specialized Clinics*

- Conducting individual psychotherapy for adults using integrative evidence-based modalities, including Cognitive Behavioral Therapy (CBT).
- Performing comprehensive mental health evaluations and managing complex cases of anxiety, mood disorders, and personality traits.

### **Psychological Consultant – Learning Disabilities**

#### *Specialized Educational Settings*

- Executing multidimensional psychological assessments and diagnostic evaluations for cognitive and learning challenges.
- Authoring detailed clinical reports in Arabic and English for multidisciplinary communication.
- Designing personalized neuro-rehabilitation plans based on individual cognitive profiles.

### **Volunteer Clinical Psychologist – National Addiction Hotline**

#### *Fund for Fighting and Treating Addiction and Abuse (FDCTA)*

- Provided specialized crisis intervention and psychological stabilization for individuals struggling with substance use disorders.

### **Clinical Training – Al-Qasr Al-Aini Hospital**

#### *Social Preventive Medical Center*

- Completed intensive clinical rotations within psychiatric units and community health centers.
- Administered and interpreted standardized neuropsychological and personality assessment batteries.

### **Volunteer Psychologist**

#### *Center for Psychological Support and Self-Building, Cairo University*

## **CONFERENCES & SEMINARS**

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- Featured Speaker at various national psychological conferences, discussing the intersection of technology and mental health.
- Led workshops on the clinical utility of Virtual Reality in cognitive rehabilitation and educational psychology.

## **RESEARCH INTERESTS**

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- Educational Technology: Artificial Intelligence (AI) and Machine Learning applications in Educational Psychology.
- Digital Therapeutics: Efficacy of Immersive Virtual Reality in cognitive and motor neuro-rehabilitation.
- Developmental Disorders: Innovative diagnostic frameworks and technology-assisted support for learning disabilities.

## **TECHNICAL SKILLS**

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- Clinical: Biopsychosocial Assessment, Clinical Interviewing, CBT Techniques, Diagnostic Formulation.
- Technology: AI-Assisted Educational Tools, VR Therapeutic Environments, Introductory Game Development for Therapy, SPSS.
- Academic: Academic Research Methodology, Scientific Report Writing, Professional Presentation Design.

## **LANGUAGES**

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- Arabic: Native Proficiency (Professional Medical & Academic Writing).
- English: Professional Working Proficiency (Clinical Reporting & Research Publication).

## **CORE COMPETENCIES**

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- Professionalism: Evidence-Based Practice | Analytical Reasoning | Ethical Clinical Judgment.
- Leadership: Academic Teaching | Clinical Supervision | Public Speaking.
- Soft Skills: Professional Communication | Strategic Planning | Collaborative Teamwork.