



Curriculum Vitae for Academic Staff

General Information	Name	Mona Talat Mohamed El-Nady		
	Nationality	Egyptian		
	Marital Status	Married		
	Address	Faculty of Nursing, Cairo University		
	E-mail	monatalat2001@cu.edu.eg monatalat2001@yahoo.com		
	Languages	Arabic & English		
Qualifications	Degree	Date	Source	
	PhD	2003	Cairo University	
	Master	1999	Cairo University	
	Bachelor	1993	Cairo University	
Experiences/Scientific and Administrative Positions	Experiences and Positions		Started Date	Ended Date
	Assistant professor at Cairo University		28/12/2011	Until Now
	Assistant professor at King Saud University		2006	2016
	Lecturer		1999	2003
	Clinical Instructor		1994	1999

Membership of Committees and Boards	Started Date	Type	Kind of Participation
	4/4/2016	Graduate Studies Committee	Member
	21/10/2015	Committee to prepare the integration of simulation into the curriculum	Member
	16/10/2014	Mentoring Program	Organizer
	2014	Bridging Committee	Member
	2016-2014	Research Center of Scientific and Medical Colleges	Coordinator
	7/4/2014	Scientific Day of the Community & Mental Health Nursing Department	Organizer
	2/2014	Instructional design for E-course	Member
	2013-2014	Coordinator for Postgraduate Studies and Researches in Community & Mental Health Nursing Department	Coordinator
	2013-2014	Committee for Postgraduate Studies and Researches	Member
	2013-2014	Committee for the receipt of laboratory, College of Nursing King Saud University	Member
	4/9/2012	Psychological Counseling Committee for Students College of Nursing King Saud University	Member
	2012-2015	Research Center, College of Nursing King Saud University	Member
	2014-2012	ISO Committee, College of Nursing King Saud University	Member
	7/10/2012	Strategic Plan Committee, College of Nursing King Saud University	Member
	2012	Students' rights Committee, College of Nursing King Saud University	Member
	17/1/2012	The Student Activities Committee, College of Nursing King Saud University	Member
	17/1/2012	The Student Academic Guidance Committee, College of Nursing King Saud University	Member
	2/1/2011	The Gulf Nursing Day	Coordinator
	2011	Comprehensive Exam Committee, College of Nursing King Saud University	Member

	17/5/2010	The Undergraduate Exams Committee	Member
	17/5/2010	The Undergraduate Clinical Training Committee	Member
	23/4/2010	Committee for Revision of Master Program Curriculum	Member
	15/12/2010	The Academic Accreditation Unit, College of Nursing King Saud University	Member
	2007-2010	The Internship Committee, College of Nursing King Saud University	Member
	2007-2010	Organizing the Internship Training in Alamal Mental Health Complex.	Coordinator
	2008-2009	The Graduate Interview Committee, College of Nursing King Saud University	Member
	2007-2008	The Schedules' Committee, College of Nursing King Saud University	Member
	2007-2008	The Quality and Accreditation Committee, College of Nursing King Saud University	Member
	2004-2005	The Ternary Committee for Revision of Psychiatric Mental Health Nursing Exam, Faculty of Nursing, Cairo University	Coordinator
Professional Memberships	Started Date	Ended Date	Type
	2005	Until Now	Member in the Department Council of Psychiatric/ Mental Health Nursing, Faculty of Nursing, Cairo University
	2006	2016	Member in the Department Council of Community and Mental Health Nursing, College of Nursing King Saud University
	2005	2006	A member of Group of Automation Committee in Control Duties, Faculty of Nursing, Cairo University
Administrative Committees	Started Date	Ended Date	Type
	2005	2006	Reporter of the Department of Psychiatric/Mental Health Nursing Committee, Faculty of Nursing, Cairo University
	2005	2006	Assistant Head of the Nursing Scientific Association, Faculty of

			Nursing, Cairo University	
Research Interests	I believe that the best way to learn is through searching. During the searching process, we can discover new things, new structures, new ideas, and new styles. I am interested to become a consumer of up to date materials. I am interested in searching in the field of psychosocial aspects in nursing, liaison psychiatric nursing, stress and quality of life.			
Grants and Awards	Title	Date	Occasion and Source	
	Award from Gulf Nursing Day	2013	Organizing committee	
	Sharing in a research group from the Department of Community and Mental Health Nursing preparing a program and a guide for psychiatric mental health nurses to guide the families to care for their mentally ill people. This research project is applied in Alamal Mental Health Complex.	2007-2016	This national project is funded (40000 SR) from College of Nursing Research Center	
	Different awards from the fourth school clinic for active participation in their training programs for school health coordinators	2007-2010	Training programs for school health coordinators, the fourth school health clinic	
	Award from the 11th Primary School	2007	For supervising level seven students in giving health education program about healthy diet, personal hygiene and accident prevention for school students.	
	Award from the 28 Secondary School	8/3/2008	For giving a lecture on changes in climate and its effect on health for the secondary school students. Through celebrating the International Health Day	
	Award from Cairo University	12/3/2006	For organizing the second scientific conference	
Academic Visits/Community Service Activities	Kind of Participation	Date	Location	Targeted Party
	Health education program about personal hygiene, physiological and psychological changes for females	5/11/2013	The 29 Intermediate School	Students
	Health education about woman's emotional status during breast feeding	19/10/2010	4 th. School Health Clinic	School Staff
	Health education about anxiety of exams and how to overcome it.	19/5/2009	The 18th Secondary School	Students at School
	Coordinating health education	2011	College of	Students,

	program about cancer breast through the Student Activities Committee		Nursing	secretaries and workers	
Teaching Experiences	Course Title		Course Level	Location	
	Psychology of Cognition, Emotion & Motivation		Level Ten	College of Applied Medical Sciences, KSU	
	Developmental Psychology		Level Eight	College of Applied Medical Sciences, KSU	
	Group psychotherapy (clinical part)		Post graduate nursing students	College of Nursing, KSU	
	Community Health Nursing (clinical part)		Post graduate nursing students	College of Nursing, KSU	
	Special Problems in Clinical Specialization		Post graduate nursing students	College of Nursing, KSU	
	Clinical Modalities in Psychiatric Mental Health Nursing		Post graduate nursing students	College of Nursing, KSU	
	Community Health Nursing (Theory and practice)		Level Seven	College of Nursing, KSU	
	Concepts of Psychosocial Nursing		Level Seven	College of Nursing, KSU	
	Socio Cultural Variation in Health		Level Seven	College of Nursing, KSU	
	Primary Health Care Nursing		Level Seven	College of Nursing, KSU	
	Concepts in Nursing		Level Two	College of Nursing, KSU	
	Psychosocial Nursing		Level Four (Diploma nurses)	College of Applied Studies and Community Services, KSU	
	Psychiatric Nursing		Level Four (Diploma nurses)	College of Applied Studies and Community Services, KSU	
	Human Relations and Group Dynamics		fourth year student nurses	Faculty of Nursing, Cairo University	
	Psychiatric Mental Health Nursing		fourth year student nurses	Faculty of Nursing, Cairo University	
Conferences, Seminars and Training Activities	Location	Date	Organizing Party		Kind of Participation
	KSU	2014-2015	E- Course training workshops.		Attendant
	KSU Female Campus	2013	Knowledge Industry Eco-System		Attendant
	King Khalid University Hospital	2013	The first scientific meeting for College of Nursing Research Center		Organizer
	KSU	10/4/2012	Scientific Considerations before Publications in ISI Journals.		Attendant
	School Health Clinic	16/4/2012	Stop Child Abuse		Speaker
College of Nursing, KSU	13/10/2012	Preparation of the Strategic Plan		Attendant	

	Ministry of Health, KSA	29/9/2012	Psychiatric Nursing Training Course, for Psychiatric Nursing Supervisors	Speaker
	King Khalid University Hospital	7/2/2012	Human factors theory application in patient safety communication at high reliability organization	Attendant
	College of Dentistry, KSU	22/11/2011	Governance of Research in Health Specialties". College of Dentistry, King Saud University.	Attendant
	College of Dentistry, KSU	28/1/2010	Principles of Quality Management	Attendant
	The project of faculty and leadership development (FLDP). Cairo University	7-9/9/ 2009	Standards of Quality in Teaching	Attendant
	King Fahd Cultural Center, Riyadh, Saudi Arabia	February 16-18-2009	the First International Conference in Biotechnology	Attendant
	Prince Salman Social Center, Riyadh, Saudi Arabia.	December 2008	New Techniques in Treatment of Children with Cerebral Palsy	Attendant
	The project of faculty and leadership development (FLDP). Cairo University, Egypt.	15-16 May 2006	Active Leadership of Meetings	Attendant
	The project of faculty and leadership development (FLDP). Cairo University, Egypt.	26-28 March 2006	Developing Ethical and Decency Profession in Universities	Attendant
	The project of faculty and leadership development (FLDP). Cairo University, Egypt.	20-23 August 2005	New Trends in Teaching	Attendant
	The project of faculty and	3-6 September	Time Management and Work Stresses	Attendant

	leadership development (FLDP). Cairo University, Egypt.	2005		
	The project of faculty and leadership development (FLDP). Cairo University, Egypt	10-13 September 2005	Skills of Active Presentation	Attendant
	Cairo University Center for Printing and Publication, Egypt	10-15 December 2005	The Training Work Shop Titled "How to Write and Publish a Research Article"	Attendant
	Faculty of Nursing, Cairo University	Oct. 2004	The World Mental Health Day	Attendant
	Faculty of Nursing, Cairo University	Oct. 2004	the workshop titled "Preparing the budgets for the research projects"	Attendant
	Faculty of Nursing, Cairo University.	March 2004	Developing Mental Health of the Egyptian Citizen	Attendant
	Faculty of Nursing, Cairo University.	April 2004	Developing and Testing Research Tools	Attendant
	Faculty of Medicine, Beni-Suef University	April 2004	The forum titled "To Better and Healthier Behaviors"	Attendant
	Faculty of Nursing, Cairo University	December 2003	Action Research	Attendant
	Cairo University, Egypt	23/6-12/7/2001	Participating actively in the training work shop for University Teacher Preparation	Attendant
	EL-Moquawelon EL-Arab Club, Cairo.	June 2000	The annual conference of the Arab Federation of National Group Organization for Drug Abuse Prevention titled "Facing the Reality: Denial, Corruption,	Attendant

			Aggression”	
	Cairo University, Egypt	3/8-17/8/2000	The training work shop titled “Computer Sciences”	Attendant
	Faculty of Nursing, Cairo University	March 1999	Issues and Concerns on Lactation Management	Attendant
	Faculty of Nursing, Cairo University	June 1998	Participated actively in the seminar titled “Oncology: An Overview	Attendant
	Faculty of Nursing, Cairo University	July 1998	Evaluation and Test Construction	Attendant
	Faculty of Nursing, Cairo University	December 1998	The symposium titled “Infections Transmitted by Blood, New Trends in Blood Transfusion	Attendant
	Faculty of Nursing, Cairo University	October 1997	Kasr El Eini as a Clinical Teaching Setting for Student Nurses	Attendant
	Cairo University	7 October-16 November 1997	Attended “Toefl” Training in the Language and Specialty Translation Center	Attendant
	Faculty of Nursing, Cairo University	March 1996	Staff Development in Psychiatric Nursing Practice	Attendant
	Faculty of Nursing, Cairo University.	December 1995	Curriculum Review, Formative Stage: Phase II	Attendant
	Faculty of Nursing, Cairo University	September 1994	Curriculum Review, Why and How?	Attendant
Publications	Journal Articles:			
	“Emotional problems of Infertile Egyptian women. To be published in Journal of Nursing Education and Practice, Vol. 7, No. , 2017, PP. 1-11.			
	“Infertility Related Stressors in Saudi Women Initiating In Vitro Fertilization (IVF)”. Published in Journal of Nursing and Health Science (IOSR-JNHS). Vol. 4, Issue 5 Ver. II (Sep.- Oct. 2015), PP. 24-29.			
	“Factors Affecting Client’s Satisfaction with Primary Health Care Services”. Published in Egyptian Journal of Health Care, Faculty of Nursing, Ain Shams University. Vol. 5 (2), September, 2014. PP.15-26.			

/"Relationship between caregivers' burnout and elderly emotional abuse". Published in Scientific Research and Essays, Vol. 7(41), pp. 3535-3541, 27 October, 2012.
"Sources of Stress as Perceived by Nursing Students at King Saud University". Published in Cairo University Medical Journal, Vol. 79 (1), September, 2011. PP.541-553.
"Awareness of Care Needed for Children with Autism among Their Mothers". Published in New Egyptian Journal of Medicine, 2011.
"Psychological Distress and Suicidal Tendency of Depressed Patients". Published in New Egyptian Journal of Medicine, 2010.
"Student's Knowledge, Attitude and Practices toward Patients with HIV/AIDS at College of Nursing, King Saud University". Published in Cairo University Medical Journal, December, 2010.
"The Impact of Social Skills Training on Social Competence and Quality of Life of Depressed Patients". Accepted to be published in WIDU Health Care Review Magazine at 10/2/2009.
"Coping with Life Stressors among Clients with Type II Diabetes in Kuwait". Published in Cairo University Medical Journal, at 15/12/2008.
"The Effect of a Structured Program for Family Caregivers on Their knowledge and Coping Strategies with Their Children Undergoing Chemotherapy". The Third Annual International Scientific Conference of Maternal Newborn Health Nursing Department, 9 th May 2006 Faculty of Nursing, Cairo University-Egypt, PP. 125-138.
Conference Articles:
April 2005: Attended and actively participated in the second international ESPHO Congress titled comprehensive care of hematological disorders in children with an article titled " The child with sickle cell anemia: the effect of illness on the intra-family ties and emotional status". (Speaker)
20 March 2005: Participating in the 6 th forum titled "The Health Care in Egypt and the Future Challenges" at Faculty of Medicine, Beni-Suef University, with an article titled "Health Care for Clients with Schizophrenia". (written article)
2006 "The Effectiveness of Stress Reduction Psychoeducational Intervention on Affective State of Hospitalized High-Risk Pregnant Women". The Third Annual International Scientific Conference of Maternal Newborn Health Nursing Department, 9 th May 2006 Faculty of Nursing, Cairo University-Egypt. (Speaker)
2005 "Effect of Organizational Stressors and Leadership Behavior On Level of Emotional Exhaustion Among Staff Nurses at El-Kaser EL-Aini Hospital "The Eight International Nursing Congress "First Obstetric and Gynecology Congress", September, 4 th - 5 th 2005 Ain Shams University, Cairo-Egypt.
Other Publications:
2002 "Impact of a Structured Nursing Intervention on Self Care Skills and Quality of Life of Schizophrenic Patients", Ph.D. thesis, Department of Psychiatric Mental Health Nursing, Faculty of Nursing, Cairo University, Egypt.
1999 "Assessing the Quality of Life of Schizophrenic Patients Undertaking Neuroleptic Medications", M.Sc. thesis, Department of Psychiatric Mental Health Nursing, Faculty of Nursing, Cairo University, Egypt.