

# MARWA F. Helmy resume

Address : 5<sup>th</sup> settlement, Dar Masr 2, New Cairo , Egypt.      Mobile: 01013986134 / 01147130256  
Email: marwafathy017@gmail.com.

## Professional summary

- ✓ Dedicated and highly capable Doctor with over 10 years of impeccable medical service.
- ✓ Extensive experience in hospitals and clinical settings.
- ✓ Comfortable with presenting information in an understandable way.
- ✓ I can work closely with hospital staff in enforcing all policies and exceeding regularly compliance standards.



## Career Objective

Seeking a challenging career opportunity, where my academic and professional background is fully utilized.

## Clinical & Procedural skill

- Performance of history and physical exam
- Admit, evaluate, diagnose and treat patient suffering endocrine diseases.
- Interpretation of laboratory studies, including the effect of non-endocrine disorders.
- Interpretation of hormone assays.
- Performance of and interpret stimulation and suppression tests.
- Performance of fine needle aspiration of thyroid (under supervision).
- Ordering radioactive isotopes for thyroid as well as other endocrine glands.
- Interpretation of radiologic as well as other imaging studies for diagnosis and treatment of endocrine and metabolic diseases .
- Interpretation and evaluation of bone density assessment.
- Perform routine medical procedures.
- Intubation, ACLS.

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## Current Projects and Areas of Interest

**JobTitle :** Endocrinologist .

**Job Preferences:** Internist & Endocrinology specialist in Kasr El Aini Hospital (Lecturer of internal medicine ,Faculty of medicine Cairo university).

## Assignment History/Experience

### 10-2019 till present (Endocrinologist & Internist in Kasr El Aini Hospital)

- Lecturer of internal medicine ,Faculty of medicine Cairo university,2023 .
- Assistant lecturer of internal medicine ,Faculty of medicine Cairo university (2019-2023).
- Giving lectures to students in Faculty of (Medicine,Dentistry,Nursing)with continuous evaluation.
- Responsible for Follow up diabetic patients in diabetes outpatient clinic.
- Responsible for all endocrine & internal medicine cases in clinic & those admitted in ward.
- Follow up chronic cases as well as reviewing their monthly medications.
- Endocrinology consultations for other departments.
- Working at Kasr El –Ainy Diabetes, Endocrinology&Metabolism and Clinical Nutrition Outpatient Clinic (managing about 120 cases per month) .
  - Endocrinology & internal medicine outpatient clinic.
  - Managing & monitoring admitted endocrinology as well as internal medicine cases.
  - Long term follow up for chronic endocrine cases.
  - Manage ICU endocrine cases.

### 12-2017 till 10-2019: Internist in New Kasr El Aini hospital& South Sinai (Cairo, Egypt)

- Responsible for follow up all endocrine & internal medicine cases in those admitted in ward.
- Follow up chronic cases as well as reviewing their monthly medications.
- Providing first aid,ACLS, ITLS life saving procedures for critical cases in ER.
- Manage ER cases and referral to other departments if admission is needed.
- Attending CME sessions.
- Working at different hospitals in South Sinai including Sharm El-Sheikh International Hospital, Abou Rudeis Hospital as a part of Cooperation Protocol between Cairo University and South Sinai Hospitals.

### 12-2014 till 12-2017 Internal Medicine Resident at Cairo University Hospitals (Cairo, Egypt)

- Handling & monitoring inpatients as well as planning & updating the management plan for the patients including medications ,Diet, lab investigations ,radiology.....
- Assessment for patient prior admission in the ward.
- Reviewing patient's medications on daily basis.
- Providing first aid, life saving procedures for critical cases in ER and arrange their transfer into wards.
- Internal medicine consultations for other departments.
- ICU admitted internal medicine cases.
- Involved in code blue team.
- Writing a monthly updated report for all patients.

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### 3-2014 till 12-2014: A Primary Health Care Doctor at Port said General Hospitals

- Ensuring people receive quality comprehensive care - ranging from promotion and prevention to treatment, rehabilitation and palliative care - as close as feasible to people's everyday environment .
- Managing ER cases.
- Providing first aid, life saving procedures for critical cases in ER and arrange their transfer to tertiary hospital.
- Attending CME sessions.

### 3-2013 till 3-2014 : A House Officer at Cairo University Hospitals (Egypt, Cairo)

## Qualifications obtained & Education

- **Doctorate degree in " Internal Medicine, DM& Endocrinology" May, 2023. Faculty of Medicine, Cairo University.**
- **Master degree in " Internal Medicine" Nov,2018.** Faculty of Medicine, Cairo University .**Overall grade :Very good .2<sup>nd</sup> part: Excellent.**
- **MB Bch (Bachelors of Medicine & Surgery), 2012.** Faculty of Medicine, Cairo University. **Overall Grade: Excellent with honour.**
- **Second Preliminary ER training (course)** Of 24h lectures, 2days skill labs and 27/36h clinical observership in Kasr Al-Ainy Hospitals.2012
- **International Congress of NIDE ( National Institute of Diabetes &Endocrinology) .{conference }.2016**
- **The Clinical Day of the Diabetes, Endocrinology, Metabolism and Clinical Nutrition Unit of the Challenging Cases (adrenal cases), Kasr Al-Ainy Hospital {conference } . 2017**
- **The 12<sup>th</sup> Annual International AASD conference(Arabic Association for the Study of Diabetes and Metabolism) .{conference +workshop}.2017**
- **Endocrinology Clinical Day (Diabetes Cases){conference }.2017**
- **The 9<sup>th</sup> National Egyptian Diabetes Congress(DiAEGYPT){conference +workshop }.2017**
- **DiaCard CME program . {conference }.2017**
- **EASD Postgraduate Education course.(European Association for the Study of Diabetes) {course}.2017**

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- The 4<sup>th</sup> Annual Clinical Lipidology Forum of **ESDL** (Egyptian Society of Diabetes and Lipidology) {conference} . 2017
- The Scientific Day of **AASD**(Arabic Association for the Study of Diabetes and Metabolism) ,New Kasr Al Ainy Teaching Hospital {conference} .2018
- The Scientific Day of **AASD/ EAVA**(Arabic Association for the Study of Diabetes and Metabolism/ Egyptian Association of Vascular Biology and Atherosclerosis).2018
- The 5<sup>th</sup> Endocrinology Day of the Diabetes, Endocrinology, Metabolism and Clinical Nutrition Unit of the Challenging Cases (Parathyroid Gland), Kasr Al-Aini Hospital {conference} . 2018
- The 7<sup>th</sup> International Conference of **NIDE** ( National Institute of Diabetes &Endocrinology) .2018
- The Geriatric & Endocrinology Day Meeting, Kasr Al-Aini -Faculty of Medicine. 2018
- The 11<sup>th</sup> National Egyptian Diabetes Congress(**DiAEGYPT**){conference +workshop }.2019
- Communication in Health Care (course) .2015-2016
- Medico legal Aspects (course) .2015-2016
- Infection Control (course) .2015-2016
- Annual Conference of the Dep. Of Internal Medicine { Faculty of Medicine , Cairo University }.2017
- The 19<sup>th</sup> Annual Conference of the Dep. Of Internal Medicine { Faculty of Medicine , Cairo University }.2018
- The 15<sup>th</sup> Annual Congress of ESIM (Egyptian Society of Internal Medicine), Pitfalls In Internal Medicine Practice.2018

Many other courses & educational programs in Internal medicine & Endocrinology 2012 till Present.

### Registrations and Affiliations

- LISENCE OF SPECIALIST AS - Internist from Cairo University .
- Egyptian medical liscence as adoctor from the ministry of health and the syndicate .

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## Research Activities

- Master degree essay: Screening of primary aldosteronism among Egyptian hypertensive population.
- M.D degree essay: Assessment of early vascular changes in adult females with Polycystic Ovary Syndrome in correlation with insulin resistance.

## References:

1. Prof Dr.Assem saif (MD, MRCPUK, consultant endocrinologist &Head of internal medicine department, Faculty of Medicine, Cairo University, Egypt) Mobile: 01222131204
2. Prof Dr.Amr El Meligy (MD consultant endocrinologist &Head of Endocrinology speciality, Faculty of Medicine, Cairo University, Egypt) Mobile: 01001440782
3. Prof Dr. Mohammed Eissa (MD, consultant endocrinologist& Professor of Internal Medicine, Faculty of Medicine, Cairo University, Egypt) Mobile: 01006546431
4. Prof Dr. Mona Mansour (MD, consultant endocrinologist& Professor of Internal Medicine, Faculty of Medicine, Cairo University, Egypt) Mobile: 01223103358

I MARWA FATHY HELMY MARIE declare that my Curriculum Vitae is true and correct

Marwa Fathy,MD.