

Curriculum Vitae

Personal information:

- Name: Kyrillos Maher Aziz Meshreky
- Date of birth: 12th June 1988
- Marital status: Single
- Nationality: Egyptian
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Academic Qualifications and Registration:

☐ May 2017:

Master Degree (MSc) in Psychiatry. Faculty of Medicine, Cairo University.

☐ June 2011:

M. B. B. Ch., December 2004. Faculty of Medicine, Cairo University.

Excellent grade with honor.

☐ The Egyptian Medical Syndicate: Registered (No 241102)

☐ Completed Short-term research training program 'Tri National Training Program with a focus on Schizophrenia' with the University of Pittsburg.

Employment:

☐ October 2018 till now: Demonstrator of Psychiatry , Faculty of medicine, Cairo University

- ☐ December 2016-October 2018: senior registrar at Department of Psychiatry, Cairo University.
- ☐ January 2014 – December 2016: Resident of psychiatry, Cairo University, psychiatry and addiction hospital
- ☐ April 2013-December 2013: General Practitioner in the ministry of Health-Cairo Governorate.
- ☐ March 2012- March 2013: Medical intern in Cairo University Hospitals.

Clinical training and experience:

March 2012- March 2013: Medical intern in Medicine and Surgery for 12 months, Cairo University Hospitals

General medicine, general surgery, pediatrics, obstetrics and gynecology (2 months each).

Emergency, speech and Phonetics (1 month each) Elective rotation in the National Institute of Cancer.

- Clinical pathology (1 month)
- Anesthesia (1 month)

January 2014 – December 2016: Resident, Cairo University, Psychiatry and Addiction Hospital Residency training:

It is a didactic training with continuous supervision in clinical and psychotherapy settings. Training includes the fundamental skills of assessment, diagnosis, and management of the common psychiatric disorders encountered in the mental health settings.

Methods of training include: case presentations, individual supervision, supervised research involvement.

Adult Psychiatry Unit: January 2014-January 2015

Outpatient Clinic: 4 days per week, Training included:

- Interviewing and diagnosing new cases, Outline the initial management plan
- selection of ECT cases,
- administration of ECT as an outpatient service,
- follow up of cases under various forms of treatments and communication with families

Inpatient Unit: 2 days per week and 2 night shifts every week, Training included:

- Initial assessment and preparation of full psychiatric history post admission,
- Management of admitted cases under senior supervision,
- Attendance of twice weekly rounds with the senior professors,
- Preparation and presentation once weekly of admitted case summary and follow up reports,
- ECT administration under supervision to selected inpatients,
- Communication skills & cooperation with the inpatient staff including psychiatric nurses, psychologists and social workers,
- Attending all unit administrative and teaching activities.

Geriatric Unit: February 2015-April 2015

Assessment skills of cognitive functions, Management of old age depression & anxiety in inpatient and outpatient cases and Communication with staff members (physical therapist, nurses, social workers & psychologists).

Liaison Unit: June 2015- August 2015: Training included:

- Liaising with other medical services

- Documenting history – mental and physical examination, initial diagnosis and management plan in the patient file.
- Responding to any emergency calls during regular working hours.
- Assessment & management of psychiatric conditions in patients with chronic medical disease (e.g. renal, hepatic and endocrinal).
- Present all referrals to the team or discuss each case with the service supervisor on daily basis

Child Psychiatry Unit: September 2015-January 2016

- Perform a thorough assessment by interviewing the child and his family
- Diagnosis and treatment of young people with primary and co-morbid neurodevelopmental disorders.
- Attendance of clinical rounds on weekly basis with senior staff.
- Individual child psychotherapy.
- Psychoeducation for parents.

Neurology Department: February 2016-June 2016:

Neurological examination skills, management of inpatient and outpatient cases, attendance of weekly staff rounds and reading reports of radio-diagnostic tools

e.g. CT, MRI and EEG

Addiction unit: July 2016 - October 2016:

Assessment of newly admitted cases including type of abuse, history taking, family background, co-morbidity, legal problems, social and functional impairment.

Care planning and medical management of patients with addictions to drugs.

Working alongside multi-disciplinary psycho-social interventions for managing addictions.

Psychotherapy practicing

Practicing psychotherapy since 2014 till present

Individual psychotherapy 2014-2016:

- Official personal training in individual psychotherapy by Prof. Yehia El Rakhawy as a part of the residency training program in Psychiatry.
- Psychotherapy case presentation on weekly basis under supervision of Prof. Magdy Arafa (psychodynamic formulation, process of therapy)

2014 till present: Weekly peer supervision in individual psychotherapy at the Department of Psychiatry, Cairo University.

Group psychotherapy

2016: Adult group therapy under supervision of Prof. Yehia EL Rakhawy, at the Department of Psychiatry, Cairo University.

Academic activities

- Lectures by professors of psychiatry twice weekly
- Journal club once weekly
- Grand staff round case discussion once weekly
- Regular staff round for inpatient unit twice weekly
- One to one supervision with Professors on weekly basis

Training in the Western Psychiatric Institute, Pittsburgh, PA, USA (July 1st till September 31st, 2018) including:

Academic training:

CBT for Personality Disorders Course: held 10/16/2018 - 11/27/2018
online led by Judith Beck, PhD

Clinical training:

- Shadowing *Dr. Dean F. Salisbury* at the Clinical Neurophysiology lab (EEG and MEG data acquisition and analysis for research in Schizophrenia and Psychosis).
- Shadowing *Dr. Vishwajit L. Nimgaonkar* in the Diagnostic & Evaluation Center (DEC), Western Psychiatric Institute (Adult psychiatry)
- Shadowing *Dr. Hader Mansour* in the Diagnostic & Evaluation Center (DEC), Western Psychiatric Institute (Adult psychiatry)
- Attendance of inpatient clinical rounds in Western Psychiatric Institute.
- Attendance of weekly lab meetings, Western Psychiatric Institute.

Research

Retinal micro vessels and retinal optical coherence tomography findings in patients with schizophrenia; Cairo university. (MSc thesis)

Training courses received as part of Cairo University staff training:

- o August 2012: Ethics in medical profession
- o February 2013: Communication Skills
- o April 2016: Arabic and English Scientific Writing
- o January 2018: International publication of scientific research
- o February 2018: Exams and student evaluation system
- o March 2018: Conference Organization

Meetings :

- Participated in Kasr El Ainy International psychiatry conferences (2014, 2015, 2016, 2017, 2018 and 2019), Active participant in 2016 and 2019.
- Participated in Kasr Al Ainy Child and Adolescent Psychiatry Conferences (2014 till 2018).
- Attended and participated in the 2018 annual joint conference of the electroencephalography and clinical neuroscience society, University of Pittsburgh September 5 through 9, 2018.

Language skills:

- English: advanced
- Arabic: native speaker

References will be provided upon request.