

## Hoda Abdou Hussein Bayoumy

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**Current job:** Assistant Professor of Psychiatry, Faculty of Medicine, Cairo University

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## Summary:

I am a psychiatrist with many years of experience in mental health; I have skills in treating mentally ill and disturbed patients; All through I worked in psychiatry department in *El Kasr El-Aini* hospital from 1998 till now as resident then assistant lecturer of psychiatry, lecturer of psychiatry and assistant professor of psychiatry, beside this I worked in clinics for psychiatry in many hospitals ( El-Farouk Hospital, El-Zahraa Hospital, El-Garem Hospital, El-Hady Hospital and Elite Center).

I have the capabilities of teaching course of psychiatry for students of different faculties like Faculty of Medicine and Faculty of Nursing.

## Strengths

1. Extensive experience in the assessment, diagnosis, and treatment of psychiatric disorders across different age groups (child, adolescent, adult and geriatric patients) specially adults and adolescents
2. In-depth knowledge of the various treatment modalities including hospitalization, psychopharmacology, ECT and psychotherapy
3. More interest in general psychiatry, integrative psychiatry, and consultation liaison psychiatry
4. Experience in teaching psychiatric course for undergraduate and post graduate students
5. Experience in examination techniques and students evaluation

## Scientific Qualifications

1. Bachelor degree of medicine and surgery from (faculty of medicine El Kasr El-Aini) Cairo University. Graduation degree: Excellency with honor. Graduation year: Nov. 96.
2. Master degree of psychiatry and neurology from (faculty of medicine El Kasr El-Aini) - Cairo University. Graduation degree: Very good. Graduation year: Nov.2001.
3. Medical doctorate (M.D) in psychiatry from (faculty of medicine El Kasr El-Aini) -Cairo University. Graduation year: May 2007.

## **Thesis for Master degree of psychiatry**

### *Depressive Symptoms In Schizophrenia*

To assess depressive symptoms in a sample of Egyptian schizophrenic patients and we found that depressive symptoms are common in schizophrenic patients specially male patients and is considered a real problem so assessment and treatment is important.

## **Thesis for MD degree of psychiatry:**

### *A Comparative Study Of Dynamic Dimensions In Egyptian Patients With Anxiety And Depressive Disorders.*

This study is concerned with possible differences between anxiety and depressive disorders at a dynamic level In spite of significant overlap between anxiety and depressive disorders at a clinical descriptive level. We assess defense mechanisms, parental styles, and self-esteem in patients suffering from anxiety and depressive disorders; we found that Patients with anxiety disorders tend to use more mature and neurotic defense mechanisms than patients with depressive disorders. On the other hand patients with depressive disorders tend to use more immature defense mechanisms; parental style of low care was common to both anxiety and depressive disorders. However parental overprotection style was related more to anxiety disorders; both anxiety and depressive disorders were characterized by lower self-esteem.

## **Experience**

When I was a resident and assistant lecturer of psychiatry, I was responsible with my colleagues for assessment and treatments of all cases attend to outpatients' clinics and inpatients' department.

As I became a lecturer and assistant professor of psychiatry, I was responsible for difficult clinical cases, supervisor for other residents in management inpatients and outpatients cases.

I was responsible for assessment and management of patients attend to psychiatry outpatients' clinics in many private hospitals ( El-Farouk Hospital, El-Zahraa Hospital, El-Garem Hospital, El-Hady Hospital and Elite Center) and I managed patients from different socioeconomic standards.

I taught psychiatric course for students of medicine (Cairo University and 6<sup>th</sup> October University) when I became lecturer till now, I taught psychiatric course for students of faculty of nursing (Cairo University and Modern Academy) for 4years and I put exams for assessment and evaluation.

I shared in teaching and evaluation of post graduate students.

## **Training courses**

- \*TOEFL certificate English Language from (Languages institute- Faculty of Arts).
- \*Computer course from faculty of computer science – Cairo University.
- \* Course in ways of scientific researches.
- \* Course in University teacher preparation (Cairo University)
- \*Many training courses in faculty and leadership development center of Cairo University.
- \* Course in dyslexia; 28 hours of lectures and workshops on reading and writing difficulties "Dyslexia" conference Feb.17<sup>th</sup> -19<sup>th</sup>, 2005 organized by **The Egyptian learning Disabilities Association (ELDA).**

## **Researches**

1. Methyl tetrahydrofolate reductase polymorphism, folic acid, B12 in a sample of patients with depression and anxiety symptoms
2. The Role of the Brain Derived Neurotrophic Factors in progression of Bipolar Disorders.
3. Shyness and sociability in a sample of Egyptian schizophrenic patients and its relation to resting frontal EEG.
4. The role of vasopressin in stress and stress resilience in Egyptian patients with depressive disorders.
5. Emotional intelligence in patients with temporal lobe epilepsy VS patients with extra temporal lobe epilepsy: A clinico-radiological study.
6. Personality triat and coping strategies in multiple sclerosis: neuropsychological and radiological correlation.
7. Homocysteine level and depression in patients with Ischemic heart disease
8. Cognitive Functions in Euthymic Adolescents with Juvenile Bipolar Disorder
9. Psychodynamic aspects in a sample of Egyptian Vitiligo patients
10. Eating disorders in a sample of Egyptian women with bipolar I disorder
11. Dynamic Aspects of Obesity in a Sample of Egyptian Females
12. Thyroid dysfunction in ADHD and effect of comorbidity

## **Personal information**

- Civil Status: Married with 4 children
- Date of Birth: November 11, 1972