

# **CURRICULUM VITAE**

## **Personal Data**

**Name:** Esraa Tarek Mohammed Hashem

**Date of Birth:** 1/ 8/ 1994

**Nationality:** Egyptian

**Foreign Language:** English, German

**Address:** 6-October City

**Mobile Number:** 01150176783

**E-mail Address:** esraatarek94@gmail.com

## **Educational Experience**

Master's degree, faculty of physical therapy, Cairo university

## **Professional Experience**

Assistant lecturer at surgery department, Faculty of physical therapy

## **Scientific Activities:**

-Attendance and participation in conferences, workshops....

## **Conferences**

<b>Activity</b> Attendance/ Participation	<b>Date</b>	<b>Title of Conference</b>	<b>Type</b> Local/ International	<b>Organiser</b>
<b>attendance</b>		<b>23rd international physical therapy conference Cairo university</b>		
<b>attendance</b>	<b>17- 18 July 2025</b>	<b>24th international physical therapy conference Cairo university</b>		

### **Workshops and Training Courses**

<b>Activity Attendance/ Participation</b>	<b>Date</b>	<b>Title of workshop/ course</b>	<b>Organiser</b>
<b>attendance</b>	<b>17/7/2025</b>	<b>Lymphedema introduction and diagnosis</b>	<b>On the sidelines of 24th international physical therapy conference Cairo university</b>
<b>attendance</b>	<b>18/7/2025</b>	<b>Sports injuries management with physical therapies</b>	<b>On the sidelines of 24th international physical therapy conference Cairo university</b>

### **Theses (Doctoral and Master) Supervision**

<b>No</b>	<b>Thesis Doc./ Master</b>	<b>Year</b>	<b>Student's Name</b>	<b>Title of Thesis</b>	<b>Co-authors</b>
1					
2					
3					

### **Scientific Publications**

<b>N</b>	<b>Type of paper</b>	<b>Year</b>	<b>Title</b>	<b>Participants (Co- authors)</b>	<b>Journal/ Conference</b>	<b>Type Local/ International</b>
1	Original Article	2022	Impact of scapular mobilization and strengthening exercises on shoulder function post mastectomy	-Ass.prof. nancy abo elnour -Dr.shaimaa el sayeh -Prof. salah abdel ghany	Egyptian journal of hospital medicine	international
2	Conference Paper					
3	Book chapter					
4	Systematic review					

### **Scientific Research Review**

**Editor/Reviewer in international or local scientific journal**

Journal Title	Type Local/ International	Number of reviewed researches

### **Other Activities**

e.g.

- Teaching.....
- Coordinator ....
- Membership in committee/ council/ control
- Participation in exams/ ....

### **Appreciation and Honoring:**

**Last updated**  
**month/year**  
**09/ 2025**