

Curriculum Vitae

Personal Information:

- Name: Yasmin Saad Ibrahim Yousef
- Date of birth: 31/07/1976
- Place of birth: Cairo, Egypt
- Nationality: Egyptian
- Sex: Female
- Occupation: Physician
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Qualification:

- M.B., B.Ch. Faculty of Medicine, Cairo University.
- Graduation Year: November 1999 with excellent degree.
- Master Degree in Tropical Medicine in November 2003.
- Medical Doctorate (MD) in Tropical Medicine in November 2008
- Hepatogastroenterology consultant from Medical Syndicate in 2013
- Qualification in diagnostic abdominal ultrasonography from Faculty of Medicine, Cairo University.
- Consultant of liver transplantation in living donor liver transplantation center, Manial specialized hospital, Cairo University in collaboration with Kyoto University

Professional Experience:

- **3/2000-3/2001:** House officer in Faculty of Medicine, Cairo University.
- **3/2001-3/2004:** Resident in the Endemic Medicine Department, Cairo University.
- **9/2004-3/2009:** Assistant lecturer in Endemic Medicine Department.
- **3/2009- 3/2014:** Lecturer in Endemic Medicine and Liver unit, Cairo University.
- **4/2014- present:** Assistant Professor in Endemic Medicine and Liver unit, Cairo University
- **2004- till now:** Member of Ultrasonography Unit, Faculty of Medicine, Cairo University.
- **2009 till now:** Consultant in the Liver Center in El-Manial Specialized Hospital, Cairo University
- Consultant in the National Project for HCV treatment (Cairo Fatemic Hospital) Egyptian Ministry of Health.
- Coordinator of scientific committee in liver transplantation unit, El- Manial Specialized Hospital, Cairo University.

Participation in Scientific researches:

1. Completed Research projects:

- Evaluation of Dietary Supplement Liver Support ‘Silymarin’ in Acute Viral Hepatitis. Randomized Double Blind Controlled Study, a collaborative work between Maryland University and Ministry of Health.
- Incidence of occult HCV among cryptogenic hepatitis) funded by sustainable scientific Institute (SSI), San Francisco.
- Anorectal Physiological Assessment in Obstructive Defecation.
- Prevalence of occult HBV in Egyptian patients with nonalcoholic fatty liver disease.
- Demonstration of multislice CT Chest manifestations in Egyptian patients with chronic viral hepatitis.
- Efficacy of short course therapy of pegylated interferon-ribavirin (24 or 36 weeks) for chronic hepatitis C (genotype 4) patients who achieve RVR

2. Running Research projects:

- Validation of liver stiffness measurement by using fibroscan in grading and prediction of the risk of bleeding of gastro-oesophageal varices in HCV related cirrhotic patients.
- Role of serum Neopterin in Egyptian Blood Donors with Hepatitis C virus Infection.
- Role of PNPLA3 gene polymorphism in Progression to NASH in Egyptian patients with NAFLD.

Research grants:

- **Co-Coordinator** in a Randomized Double Blind Controlled Study to evaluate Dietary Supplement Liver Support ‘Silymarin’ in Acute Viral Hepatitis (NIH-USA and Madaus AG-Germany) **(2004-2005)**
- **Principle Investigator** of the project (incidence of occult HCV among cryptogenic hepatitis) funded by sustainable scientific Institute (SSI), San Francisco **(2009-2011)**
- Participating in the clinical trial team as a treating physician for HCV treatment in Faculty of medicine, Cairo University **(2006-2008).**
- Efficacy of short course therapy of pegylated interferon-ribavirin (24 or 36 weeks) for chronic hepatitis C (genotype 4) patients who achieve RVR **(2013-2014).**
- Participating in the clinical trial team as a treating physician in phase IIb/IIIa, Randomized study to evaluate the efficacy and safety pf PPI-668 (NS5A inhibitor) plus Sofosbuvir, with or without Ribavirin, in patients with chronic hepatitis C Genotype-4 **(2015-2016)**

Scientific meetings:

Speaker and sharing in local congresses

Teaching experience:

- Faculty of Medicine Cairo University: Teaching undergraduate and postgraduate students
- Teaching undergraduate in School of Nurse Cairo University.

Training Courses:

- Workshops on **ultrasonography** held annually at Kasr El-Aini and other hospitals.
- **Clinical Research for Investigators** in National Hepatology and Tropical Medicine Research Institute, Cairo November, (2006).
- *Liver transplantation course* during the third Egyptian Digestive Disease Week in collaboration with ESEHG / ESGE / OMGE / OMED (2005)
- *Hepatocellular carcinoma course during* the third Egyptian Digestive Disease Week in collaboration with ESEHG / ESGE / OMGE / OMED (2005)
- *Chronic hepatitis course during* the third Egyptian Digestive Disease Week in collaboration with ESEHG / ESGE / OMGE / OMED (2005)
- Annual conferences held by the Egyptian societies of gastroenterology, hepatology and infectious diseases

International Training Courses

- **Integrated Training Course in Hepatology** at Cairo- Jefferson Ultrasound Research Center, under the supervision of Thomas Jefferson University, Philadelphia, Pennsylvania, United States of America (2001)
- *Tropical Medicine Course*, " Tropical Medicine of Northern Africa and Southwest Asia." Namru-3, in affiliation with the Naval school of health sciences of the uniformed services university (USA) (October 2001).
- *Scientific Proposal Writing Workshop* conducted in Children's Cancer Hospital Egypt 57357 in collaboration with Sustainable Sciences Institute (June 2010).

International Publications:

1. **Early Postoperative Infectious Problems in Living Donor Liver Transplantation among Egyptians.** Iman Ramzy, Ashraf Omar Abdelaziz, Amany El-Kholy, Gamal Esmat, Ayman Yosry, Magdy El-Serafy, Wahid Doss, Mohamed Said, **Yasmin Ibrahim**. Arab J Gastroenterol 2006; 7(1):19-22.
2. **Impact of past HBV exposure on virological response to combined interferon ribavirin therapy in patients with chronic HCV genotype 4.** M. Said, M.S. El-Raziky, M. Abdel-Hamid, **Y. Saad**, M. Hashem, S. Zakaria, M.K. Mohamed, G. Esmat. Open Journal of Internal Medicine, 2011, 1, 38-43.
3. **Prevalence of occult hepatitis C in Egyptian patients with non alcoholic fatty liver disease.** **Yasmin Saad**, Soheir Zakaria, Iman Ramzy, Maissa El Raziky, Olfat Shaker, Wafaa elakel, Mohamed Said, Mona Noseir, Mai El-Daly, Mohamed Abdel Hamid, Gamal Esmat. Open Journal of Internal Medicine, 2011, 1, 41-45
4. **HLA Tissue Typing Has No Effect on the Outcome of Patients Undergoing a Living-donor Liver Transplant: A Single-center Experience in Egypt.** Ayman Yosry, Mohamed Said, Gamal Esmat, Magdy Al-Serafy, Ashraf Omar, Wahid Doss, Dalia Omran, **Yasmin Saad**, Sanna Kamel, Akram Abdel-Bary, Yaser Hatata, Adel Hosny. Experimental and Clinical Transplantation (2012) 2: 136-140.
5. **Lack of estrogen receptors expression in malignant and pre-malignant colorectal lesions in Egyptian patients.** Mohamed Said, Marwa Khairy, Aly El-Hendawy, Osama A. Khalf, Mohamed S. Abdelbary, **Yasmin Saad**, Ayman Yosry. Open Journal of Gastroenterology, 2013, 3, 155-163
6. **Hepatitis C genotype 4 with normal transaminases: Correlation with fibrosis and response to treatment, a cohort Egyptian study of 4277 patients.** Abdel-Rahman M, **Saad Y**, El-Raziky M, Zayed N, El-Akel W, Said M, El-Beshlawy M, Esmat G. Clin Res Hepatol Gastroenterol. 2013 Mar 26. [Epub ahead of print]
7. **Adipokines and insulin resistance, predictors of response to therapy in Egyptian patients with chronic hepatitis C virus genotype 4.** **Saad Y**, Ahmed A, Saleh DA, Doss W. Eur J Gastroenterol Hepatol. 2013 Aug; 25(8):920-5.

8. **Caspase Recruitment Domains. New potential Markers for Diagnosis of Hepatocellular Carcinoma associated with HCV in Egyptian Patients.** Zekri AR, El-Kassas M, **Saad Y**, Bahnassy A, El-Din HK, Darweesh SK, Abdel Hafez H, Esmat G. Ann Hepatol. 2013 Sep-Oct; 12(5):774-81.
9. **New Genetic Markers for Diagnosis of Hepatitis C Related Hepatocellular Carcinoma in Egyptian Patients.** **Saad Y**, El-Serafy M, Eldin MS, Abdellatif Z, Khatab H, Elbaz T, Elgarem H. J Gastrointest Liver Dis. 2013 Dec; 22(4):419-25.
10. **Liver Stiffness Measurement by Fibroscan Predicts the Presence and Size of Esophageal Varices in Egyptian Patients with HCV Related Liver Cirrhosis.** **Saad Y**, Said M, Idris MO, Rabee A, Zakaria S. J Clin Diagn Res. 2013 Oct;7(10):2253-7.
11. **Promotor methylation: does it affect response to therapy in chronic Hepatitis C (G4) or fibrosis?** N Zekri AR, Raafat AM, Elmasry S, Bahnassy AA, **Saad Y**, Dabaon HA, El-Kassas M, Shousha HI, Nassar AA, El-Dosouky MA, Hussein N. Ann Hepatol. 2014 Sep-Oct; 13(5):518-24.
12. **A polymorphism in the microsomal triglyceride transfer protein can predict the response to antiviral therapy in Egyptian patients with chronic hepatitis C virus genotype 4 infection.** **Saad Y**, Shaker O, Nassar Y, Ahmad L, Said M, Esmat G. Gut Liver. 2014 Nov; 8(6):655-61.

Signature:

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