



Curriculum Vitae

Name: Eman Taher Elsayed

Date of Birth: 17th January, 1971

Nationality: Egyptian

Marital Status: Married

Phone Numbers: Home; 2 7328124 Mobile: 0 10 – 5109966

Email Address: emantaher100@gmail.com eman.taher@kasralainy.edu.eg

Educational Background

- ❑ **M.D. Public Health, Preventive and Social Medicine (M.D. PHPSM)**
Faculty of Medicine, Cairo University [May, 2005]
Dissertation Title: Chronic Liver Diseases: Pattern And Dietary Counseling
Among Patients Attending Kasr El-Aini Hospital
 - ❑ **M.Sc. Public Health, Preventive and Social Medicine (M.Sc. PHPSM)**
Faculty of Medicine, Cairo University [May, 2000]
Dissertation Title: The impact of breast feeding on growth, morbidity and
mortality among low birth weight infants.
Grade: Excellent with honors
 - ❑ **Bachelor of Medicine and General Surgery (M.B.B.Ch)**
Faculty of Medicine, Cairo University (December, 1994)
Grade: Excellent with Honors
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Career:

- ❑ **Assistant professor of Public Health [november2011-present]**
Public Health Department; Faculty of Medicine, Cairo University
- ❑ **Lecturer of Public Health, [November 2005 – November 2011]**
Public Health Department; Faculty of Medicine, Cairo University
- ❑ **Assist. Lecturer of Public Health, [November 2000 – 2004].**
Public Health Department; Faculty of Medicine, Cairo University
- ❑ **Demonstrator of Public Health, [September 1997-October 2000].**
Public Health Department, Faculty of Medicine, Cairo University.
- ❑ **Anesthesiology resident – Kasr Alaini [March 1996 – December 1996].**
Cairo University Teaching Hospitals – El Kasr El Aini.
- ❑ **House Officer Internship, [March 1995 – March 1996]**
Cairo University Teaching Hospitals – El Kasr El Aini.

Professional Experience

- Participation in the training and teaching courses of Public Health, as well as development of curricula for;
 - Under-graduate 4th year medical students at Cairo University.
 - Post graduate medical students at Cairo University
 - Post graduate students of faculty of dentist Cairo university
 - Under graduate 1st and 2nd year medical student IPKA Cairo University
 - Under-graduate Nursing students at the Technical Institute of Nursing, Cairo University.
 - Under-graduate Nursing students at the Nursing school Cairo University.
 - Under-graduate Nursing students at the Mubarak coll of Nursing, Cairo University.
 - Under-graduate Nursing students at the Collage of Nursing, Cairo University.
 - Post-graduate Nursing students (All specialties).
 - House officer training courses
- Participation in the assessment process of practical, oral and written examinations for under-graduate and post graduate medical students.
- Field training of under-graduate medical students (of 4th year) in;
 1. Urban and Rural Primary Health Care Centers and Units.
 - Visits to MOH&P Central Laboratories.
 - Imbaba Fever Hospital.
 - Center for Environmental Monitoring.
- Research training for the under- graduate medical students

Supervision of Post-Graduate Thesis

1. Promotion of knowledge and attitude towards premarital care. An interventional study among medical students in Fayoum University [M.Sc. thesis – **Discussed** in 2011]
2. Assessment of the dietary risk factor among stunted children visiting the short stature clinic at the National Nutrition Institute [M.Sc. thesis – **Discussed** in 2016]
3. Health related quality of life in children and adolescent with autoimmune hepatitis[M.Sc. thesis – **Discussed** in 2016]
4. Prevalence and risk factors of burnout syndrome among medical students of Cairo University [M.Sc. thesis – still in progress]
5. Comparison between Egyptian preterm anthropometric measures with the internationally established growth chart: preliminary study [M.Sc. thesis – still in progress]
6. Polypharmacy Problem in A Group of Diabetic Patients Attending Kasr Al Ainy Diabetes Clinic: Magnitude and Potential Solution [M.Sc. thesis – still in progress]

7. Health Promotion of overweight and obese women : An intervention program [M.D. thesis- **Discussed** in 2015]
 8. Strengthening Liver Transplantation Program of Cairo University Hospital[M.D. thesis – **Discussed** in 2015]
 9. Potential Role of Family Health model in Controlling Major Risk factors of End Stage Renal Disease [M.D. thesis – **Discussed** in 2013]
 10. Effectiveness of psycho-social supportive care on quality of life among breast cancer patients; An interventional study at National Cancer Institute [M.D. thesis – still in progress]
 11. Epidemiological profile and predictors of heavily affected fatty liver infiltration [M.D. thesis – still in progress]
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Scientific Publications

1. **Eman Taher** and Rehab Abdel Hai .: Nurses' knowledge, perceptions, and attitudes towards HIV/AIDS:Effects of a health education intervention on two nursing groups in Cairo University, Egypt. Journal of Public Health and Epidemiology, Vol. 3, No. 4, April, 2011: 144-154.
2. Rehab Abdel Hai, **Eman Taher**, Mohamed Abdel Fattah.: Assessing Validity of the Adapted Pediatric Asthma Quality of Life Questionnaire among Egyptian Children with Asthma. Eastern Mediterranean Health Journal, Vol. 16 No. 3 ;March 2010: 274-280
3. **Eman Taher**, Gehan Hamdy, Soad Sultan, and Hebat'Allah Moustafa. Compliance of Diabetic Patients. Pros and Cons. Bulletin of High Institute of Public Health, Vol. 3[^] No. 4; October 2008: 887 – 904.
4. **Eman Taher** and Dalia Ahmed. The extent of computer literacy among medical students and their attitude regarding its use in medical education. The medical journal of Cairo University, Vol.76, No.2, suppl. June 2008: 97-106
5. Manal Kamal, Mona M.Fathy, **Eman Taher**, Manal Hasan. Altered serum lipids and paraoxonase activity: A step toward atherosclerosis among lead exposed Egyptian workers. Bulletin of High Institute of Public Health, vol 39, No. 3, July2009: 537-550
6. Salwa Tawfik Abd Al Azeem, **Eman Taher Elsayed**, Naglaa Abd El Khalek El Sherbiny and Lamiaa Abd El Gawad ahmed. Promotion of knowledge and attitude towards premarital care. An interventional study among medical students in Fayoum University. Journal of Public Health and Epidemiology, Vol 3, No. 3, March 2011: 121- 128
7. **Eman Taher** , Gehan Hamdy , Manal Abu Farha , Eman Awad. Predictors of stroke outcome in Egyptian patients following acute stroke. The Egyptian Journal of Community Medicine, Vol.28. No.1; January 2010: 1-13.

8. Mohammed Hegazy **and** **and Eman Taher**. Validating a new formula for weight estimation in pediatric cancer patients. International Research Journal of Medicine and Medical Sciences. February 2013;Vol. 1(2): 34-39
9. Wahby G and **Eman Taher**. Community Medicine Education Reform throughout 2006/2013: Needs for Reactivating the Reform. International Journal of Academic Research in Progressive Education and Development October 2013; Vol. 2, No. 4: 65-77.
10. Wahby G and **Eman Taher**. Patient - Service Provider Communication is a Key for Patients' Satisfaction in Emergency Department -Cairo University Hospitals – Egypt. The Egyptian Journal of community Medicine. Jan 2016 ;Vol. 34 No.1: 17 – 33.
11. Dalia Ahmed, Inas Helmi El Shair, **Eman Taher** and Fadia Zyada. Prevalence and predictors of depression and anxiety among elderly population living in geriatric homes in Cairo, Egypt. Journal Of The Egyptian Public Health Association. December 2014 ; Volume 89(3):127-135
12. Enas Anwar, Gehan Hamdy; **Eman Taher**; Esmat Fawzy;Sherif Abdulattif; and Mohamed H. Attia. Burden and Outcome of Vitamin D Deficiency Among Critically Ill Patients: A Prospective Study .Accepted for publication: Nutrition in Clinical Practice. October 2016. Impact factor 2.1. 55
13. **Eman Taher**, Monera ElKoly, Sahar Zaghoul, Hebatoallah Mohammed .Predictors of stunting among children attending the National Nutrition Institute in Egypt. Accepted for publication in The Egyptian Journal of community Medicine. February, 2017
14. Mona Said, **Eman Taher**, Engy Adel, Mariam Zaghrou. Quality of life assessment in pediatric patients with autoimmune hepatitis. Accepted for publication in Medical Journal of Cairo University, January, 2017.
15. Manal Kamal, Omer Youssef, Ahmed lofty, and **Eman taher**. Association of folate intake, dietary habits, smoking and COX-2 promotor 765G polymorphism with K-Ras mutation in patients with colorectal cancer. Journal of the Egyptian national cancer Institute, 24:116-122, 2012 IF=2

Conducted Training Activities:

2. Participation in the training of the *Egyptian Fellowship Program* [2009 – 2010]

Course titles:

1. Epidemiology

2. Statistics

3. Participated in the house officer training conducted at the *Kasr Alaini* [September 2009-june 2010]

Course titles:

- 1- Health education and communication
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Associations / Memberships

- ❑ Head of blue print committee
 - ❑ Head of under-graduate course specification committee
 - ❑ Head of question bank committee and official coordinator
 - ❑ Head of under graduate practical training 2009-2013
 - ❑ Head of under graduate and post graduate control committee
 - ❑ Participant of ethical research committee
 - ❑ Egyptian Association of Community Medicine
 - ❑ House Officer committee
 - ❑ E- Learning committee
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Attended Conferences:

- ❑ The Second Annual Family Medicine Conference on “The Role of Family Physician in Primary Health Care for School-age Children” Cairo – Egypt [19th – 21st March, 2006].
 - ❑ The first conference on safe management of health care risk waste. Medical collage, Cairo University, 11-12 October, 2009
 - ❑ The 25th scientific conference of the Egyptian association of community medicine on” Together in combating accidents” Medical collage , Ain Shams University , 5/6/2010
 - ❑ Common intoxication “ Prevention and treatment” Medical collage, Cairo University, 3-4 November, 2010
 - ❑ The national conference of the faculty of kindergarten, Cairo University 4-6 May 2010
 - ❑ The 2nd Pan-Arab Congress of Evidence-Based Medicine. Kasr El-Ainy Congress Center, Cairo-Egypt [11th -12th April, 2006].
 - ❑ The first conference of Medical Women International association Near East MWIA-EMWA meeting [20th-22th November 2012]
 - ❑ Kasr AlAiny conference Emergency Medicine today and in the future [21st April 2013]
 - ❑ Kasr AlAiny conference Scientific research updated [27th April 2017]
 - ❑ 1st international Public Health and community Medicine conference Preventive medicine: An integrated approach [11-12 May 2014]
 - ❑ 2nd international Public Health and community Medicine conference Health promotion ; integrated life cycle approach [3-4 June 2015]
 - ❑ 3rd international Public Health and community Medicine conference crossing the gap to practice [21-22 December 2016]
 - ❑ 3rd international occupational Health conference Infection control on the run [29-30 March, 2015]
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Attended Workshops and online courses:

- Medical education for expatriates foreigners, Cairo Unversity,1-2 June , 2009
- Uses of technology in teaching

- Exam system and students evaluation
- Medical ethics
- Scientific publication
- Time management
- ***On line courses:***
 - 1-Dietary Fiber May Help Prevent Body Weight, Waist Circumference Gain: 20/1/2010
 - 2-Updated USDA Dietary Guidelines: 28/2/2011
 - 3-Essentials of good clinical practice: 2/3/2011
 - 4-Research ethics: 17/3/2011
 - 5-Antiviral Treatment and Chemoprophylaxis for Influenza: Making the Right Choices: 2/3/2011
 - 6-Assessment of the Safety of the Older Driver: Keeping the Roads Safe: 14/4/2011
 - 7- How to Write an Essay 28/10/2015
 - 8- I Heart Stats: Learning to Love Statistics 6/7/2015
 - 9- Introduction to Nutrition - Food For Health 16/3/2015
 - 10- Food for Thought 18/12/2014
 - 11- Global Health: Case Studies from a Biosocial Perspective 28/5/2
 - 12- Fundamentals of Clinical Trials 17/2/2014
 - 13- Introduction to Statistics: Descriptive Statistics 1/4/2013
 - 14- Health in Numbers: Quantitative Methods in Clinical & Public Health Research 1/2/2013

Languages

- **Arabic;** Mother tongue
- **English;** Fluent Spoken & Written