

Resume

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PROFILE

I am a dynamic multidisciplinary physician and clinical preceptor with clinical, research and teaching experiences of 15+ years. Promoted to Assistant Professor, lead clinical practice; teach undergraduates and mentor under and postgraduate students and trainees. I have accumulated complimentary administrative experiences practicing in some of the top (JCI Accredited) private hospitals and IVF Centers in Cairo Egypt. It is with determination that I continue a career of practicing obstetrics, high risk pregnancy cases, gynecology and infertility management.

SUMMARY PROFESSIONAL EXPERIENCE (Details in Following Pages)

Organization	Role	Duration	Experiences
Private practice <ul style="list-style-type: none"><i>Dar Al Fouad hospital</i> “ JCI Accredited Hospital”Wadi Al Nile HospitalEgyptian Center for ICSI (IVF) Abu Al Ghar	From registrar to associate consultant	15 years	<ul style="list-style-type: none">Refer my private casesOn-callOutpatient servicesDirector of Women’s Health at <i>Dar Al Fouad Hospital</i>
Cairo University Cairo, Egypt	Assistant Professor Obstetrics and Gynecology	10 years	Lead clinician (Consultant) Teaching Research

EDUCATION / MEMBERSHIP OF PROFESSIONAL SOCIETIES

2011	Hospital management diploma (American University in Cairo)
2008	Medical Doctorate in Obstetrics and Gynaecology, Cairo University
2002	MSc, Obstetrics and Gynaecology, Cairo University (v.good)
1998	Bachelor of Medicine and Surgery (Excellent with Honors)
1991	College de la SAINTE FAMILLE
1991	Diplome de langue francaise(Alliance Francaise)

CLINICAL AND TEACHING PROFESSIONAL EXPERIENCES

- May 2014 to date Consultant (Private Practice) / Assistant Professor Obstetrics and Gynecology Cairo University, Faculty of Medicine, Egypt (Focus on Lead Clinical Practice, Urogynecology ,Infertility & High Pregnancy Management as well as mentoring under and postgraduate students)
- Dar AlFouad Hospital Consultant*; one of the few top private Joint Commission International Accredited hospitals in Cairo since 2003 till now(temporary Director of WomenHealth for 8 months 2014 – 2015)
- In Kasr Al Aini I provide senior level supervision of the delivery suite team, OR cases, evaluate priorities, take major clinical decisions and allocated tasks to different members of the team. We work in multidisciplinary teams and collaborate with various specialties. The Obstetrics Unit was a busy unit with around 15000 delivers per year.
- I have had sub-specialist training at Cairo University IVF Center and the High Risk Pregnancy Unit. I Followed up high-risk pregnancies as part of the complicated care team in medical antenatal clinics. Cared for emergency gynecology admissions, elective procedures and postoperative care.
- My special interest is urogynecology including meshes and tapes for prolapse and urinary incontinence. Translabial ultrasound for diagnosis of POP and Urinary incontinence.
- Ultrasound basic and advanced in obstetrics and gynecology.
- Involved in undergraduate student tutorials, ward round teaching and junior staff training. Taught courses on medical student clinical skills in obstetrics and gynecology.
- March 2008 – May 2015 Consultant (Private Practice), Clinical Lecturer, Obstetrics and Gynecology Cairo University, Faculty of Medicine, Egypt
- Aug 2005- Feb 2008 Registrar then senior registrar Obstetrics and Gynecology at Wadi ElNile hospital.
- Jan 2004- July 2007 Assistant Lecturer (Specialist Registrar equivalent) Center for Social and Preventive Medicine, Cairo University

2000-2003 House Officer (Intern) / Resident, Obstetrics and Gynecology
Cairo University, Faculty of Medicine, Egypt

EXPERIENCES IN HEALTH MANAGEMENT

Jan 2011 – June 2013 AUC Diploma of hospital management

July 2015- till now Head of Quality assurance at Kasr AlAiny Obstetrics and Gynecology
hospital

July 2018 till now Head of Emergency department of Obstetrics and Gynecology Kasr Al Ainy
hospital

CONFERENCES AND WORKSHOPS

1. 26th African Health Sciences Congress, 2005
الكونجرس الافريقي للعلوم الصحية في العين السخنة مصر, 2005
2. 12th annual international scientific conference of the department of obstetrics & gynecology Cairo University... Aril 2011. 2011 أبريل... أوبريل 2011 بجامعة القاهرة... أوبريل 2011
3. 13th annual international scientific conference of the department of obstetrics & gynecology Cairo University... Aril 2012. 2012 أبريل... أوبريل 2012 بجامعة القاهرة... أوبريل 2012
4. 7th World Congress of Perinatal Medicine in Developing Countries, Alexandria, 2012. الكونجرس العالمي في طب الجنين في الدول النامية, الاسكندرية 2012
5. 14th annual international scientific conference of the department of obstetrics & gynecology Cairo University... Aril 2013. 2013 أوبريل... أوبريل 2013 بجامعة القاهرة... أوبريل 2013
6. 17th Annual International Conference of the Obstetrics & Gynecology Department, Ain Shams University, May 2013 المؤتمر الدولي العلمي السنوي لقسم التوليد وأمراض النساء بجامعة عين شمس... مايو 2013
7. FIGO Regional Conference for Obstetrics and Gynecology in Africa, Addis Abada, October 2013 مؤتمر الفيجو عن التوليد وأمراض النساء في افريقيا اثيوبيا
8. 15th annual international scientific conference of the department of obstetrics & gynecology Cairo University... April 2014. 2014 أوبريل... أوبريل 2014 بجامعة القاهرة... أوبريل 2014
9. ICC (international cosmetic conference) years 2015 ,2016,2017,2018,2019
10. IMCAS (international master course on aging science) Paris years ,2019 , 2020
11. All Kasr Al Ainy Obstetrics and gynecology conferences from 2005 till 2019.
12. Al Azhar Obstetrics and gynecology conferences from 2010 till 2019.

SELECTED RESEARCH

1. **Evaluation of the Clinical and Biochemical Effects of Medical Therapy in Women with Polycystic Ovary Syndrome .**

Med. J. Cairo Univ., Vol. 77, No. 2, September: 59-67, 2009

www.medicaljournalofcairouniversity.com

MARYAM MAHMOOD, M.D.*; EMAN A. EL-KATTAN, M.D.*; HODA ABD EL-AAL, M.D.*

AHMED EL LITHY, M.D.*; NEVEIN K. GHAMRY, M.D. and MARWA SHETA, M.D.**

2. Journal of Obstetrics and Gynaecology, 2014; Early Online: 1–4 © 2014 Informa UK, Ltd.

ISSN 0144-3615 print/ISSN 1364-6893 online

DOI: 10.3109/01443615.2014.960823

Effect of aerobic exercise on premenstrual symptoms, haematological and hormonal parameters in young women

A. El-Lithy1, A. El-Mazny1, A. Sabbour2 & A. El-Deeb2

B.

3. **Group B streptococcal maternal colonization and early-onset neonatal disease in premature rupture of membranes:**

the role of intrapartum antibiotic prophylaxis

Ahmed El-Lithya, Akmal El-Maznya, Nermeen Abou-Salema, Mohamed Abd-Allahb, Eithar El-Adhamc and Ahmed Khalild

Evidence Based Women's Health Journal 2013, 3:9–13

4. **Gel-instillation versus saline infusion during sonohysterography: Any advantages?**

Yahia El-Faissal *, Ahmed El lithy Middle East Fertility society journal (2015) 20,6-10

5. **The relationship between low maternal serum vitamin D levels and glycemic control in gestational diabetes assessed by HbA1c levels: an observational cross-sectional study**

Ahmed El Lithy1†, Rana M Abdella1†, Yahia M El-Faissal1*, Ahmed M Sayed1† and Rasha M Abdel Samie2† . BMC Pregnancy and Childbirth 2014, 14:362

6. **Screening for Chlamydia trachomatis in Egyptian women with unexplained infertility, comparing real-time PCR techniques to standard serology tests: case control study**

Rana M. A. Abdella1, Hatem I. Abdelmoaty1, Rasha H. Elsherif2, Ahmed Mahmoud Sayed1, Nadine Alaa Sherif1,

Hisham M. Gouda1, Ahmed El Lithy1, Maged Almohamady1, Mostafa Abdelbar1, Ahmed Naguib Hosni1,

Ahmed Magdy1 and Youssef MA1,3 Abdella et al. BMC Women's Health (2015) 15:45

7. Sherif, N., R. Abdella, ahmed el lithy, and A. M. E. Sayed, "Evaluation of the impact of fetal extraction time during planned cesarean section on the neonatal Apgar score: Prospective cohort study ", FIGO 2015, Vancouver- Canada, 7 October, 2015.

8. The Role of 3-Dimensional Ultrasound for the Diagnosis of LPSVC and A Review of the Literature

Wael El Guindia1*, Ahmed Ellithy2, Sondos Salem3, Islam Badr3, Sameh Abdelsalam3 and Mahmoud Alalfy3 *Gynecol Obstet (Sunnyvale)* 4:202. doi:10.4172/2161-0932.1000202

- 13. A Report of Four Cases of Caesarean Scar Pregnancy in a Period of 24 Months**
Wael El Guindi1*, Mahmoud Alalfy2, Amr Abasy2, Ahmed Ellithy1, Ahmed Nabil1, Omar Abdalfatah1, Mohamed Ramadan 1 and Sondos Salem2
Guindi et al., *J Med Diagn Meth* 2013, 2:
- 14. Effects of preincisional surgical site infiltration of Ketamine or levobupivacaine for analgesia in patients undergoing abdominal hysterectomy under general anaesthesia: A randomized, double-blind study**
Nasr Mahmoud, Atef Salama, Ahmed el lithy. *Saudi Journal of Anaesthesia* 2017
- 15. Impact of subcuticular skin suturing in comparison to interrupted suturing on postpartum inflammation of episiotomy.** *Obstetrics & Gynecology International Journal* 2018
- 16. Physical endometrial manipulation and its impact on success rate and live birth rate in ICSI in patients with unexplained infertility after recurrent ICSI failure, a double blinded randomized controlled trial.** *The Journal of Maternal-Fetal Medicine* 2018
- 17. Impact of surgical site infection in obstetric emergency Department: Kasr Al Ainy Hospital on healthcare costs and patient outcome: retrospective review..** under press *Journal of Women's Health and Complications*
- 18. Role of bilirubin and albumin in cord blood as predictors for Neonatal hyperbilirubinemia** *Journal of Gynecology Research* volume 4 issue 2 ISSN:2454-3284
- 19. Effect of low-level laser therapy versus Electropuncture on postnatal scanty milk secretion: a randomized controlled trial** *Amj Perinatol*
- 20. Case report: Role of 3D HD live in diagnosis of Iniencephaly** *ARC Journal of Gynecology and Obstetrics* volume 3, issue 3, 2018 ISSN 2456-0561
- 21. The role of body mass index of husband and wife on the neonatal BMI and clinical outcome in ICSI** volume 9 issue 5-2018 *Obstetrics & Gynecology International Journal*
- 22. Prophylactic vaginal dinoprostone administration six hours prior to copper-T380A intrauterine device insertion in nulliparous women: a randomized controlled trial** under press *Fertility Sterility Journal*
- 23. Perioperative nonhormonal pharmacological interventions for bleeding reduction during open and minimally invasive myomectomy: a systematic review and network meta-analysis** under press *Fertility Sterility Journal*

REVIEWER EXPERIENCES

1. Reviewer for *Journal Middle East Fertility Society Journal*.
2. Reviewer for *African Journal of Gynecology and Obstetrics*.

SELECTED TRAINING COURSES

1. Participation and contribution as trainer in the International Representative Committee of the RCOG in Egypt and the Fetal Medicine Unit, Cairo University 3rd-5th March 2014.

2. Participation and contribution in the faculty of Urogynecology and vaginal surgery workshop 22nd -24th March ,2014,15th Annual Conference of the Department of obstetrics & gynecology- Cairo University 27th -28th March,2014.
3. Participation in the female urology Workshop on 13th, 2005 at Urology Department, Cairo University hospitals.
4. Certificate course in Advanced Ultrasound on Fetal Abnormalities held in kasr El Aini Hospital , Cairo University in collaboration with the university of Nottingham, from 29th April-1 May,2006
5. Attended the 2nd ASJOG Scientific Club, held on May 26th 2005 at Cairo International Conference Center and has attended workshop on repair of small intestinal injuries during gynecologic surgery and minimal invasive procedures for stress urinary incontinence(SUI).
6. Certificate of attendance in the international cosmetic congress ICC 2016 in collaboration with European University of Benelux, Practice Perfection through Plastic Surgery and Aesthetic Dermatology Union 25th- 27th August 2016.
7. Certificate of attendance in the women health perinatology Symposium Inter-University School of Medical Ultrasound -Ian Donald Course 24th Feb.2016, Cairo- Egypt.
8. Certificate basic course in Ultrasound in Gynecology and Obstetrics at the fetal medicine unit, kasr El Aini Hospital , Cairo University from 16th-18th November, 2013.
9. Certificate advanced course in Ultrasound in Gynecology and Obstetrics at the fetal medicine unit, kasr El Aini Hospital , Cairo University from 19th-21st November, 2013.
10. Participation and presentation of comparative study between TVT and TVTO in managing stress incontinence, in the 14th annual conference of the department of obstetrics & gynecology, Cairo University 21st-22nd March 2013.
11. Participation and presentation of urodynamics and translabial ultrasound in diagnosis of female genuine stress incontinence in the 16th annual conference of the Department of obstetrics & gynecology- Cairo University 26th -27th March,2015.
12. First Arab African congress for Urogynecology
13. Instructor in Aesthetic gynecology (laser vaginal applications, threads ,fillers,fat injection, PRP) in ICC conferences 2015 ,2016, 2017,2019

SKILLS

Software Experiences	Communication skills	Languages
ICDL -Egypt (Windows 97, MS Office, MS Word, PowerPoint, Excel)	Interpersonal skills	Mother tongue: Arabic
	Oral and written skills	Full proficiency: French
	Organizational skills	V,good knowledge: English

References :

- 1.Professor Dr / Ahmed El Minawi professor of Obstetrics and gynecology Cairo University
Mail: Minawimedical@gmail.com
- 2.Professor Dr/Ahmed Zakarya professor of Obstetrics and gynecology Cairo University(MRCOG)
Mail: Ahmadelsheikhah@hotmail.com
- 3.Professor Dr/ Wael Samir professor of Obstetrics and gynecology Fayoum University(MRCOG)

Mail: walsamirragab@gmail.com

4.Professor Dr/Wael Fayek professor of Obstetrics and gynecology Cairo University(MRCOG)

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