



Curriculum Vitae

11 November 2017

PERSONAL INFORMATION

Name : Amina Mohamed Abd Al-Hameed Awad
Date of Birth: 8th March 1983
Place of Birth: Cairo, Egypt
Address: 28 Al-Fardous Street ,Al-Agoza, Giza , Egypt
E-mail: amina_awad@cu.edu.eg
amina_awad@pt.cu.edu.eg
amina_awad2000@yahoo.com
Nationality: Egyptian
Marital Status : Married
Tel. (Mobile) : 01010085342

EDUCATION & QUALIFICATIONS

2017 PhD Degree in Neuromuscular Disorders and its surgery, Faculty of Physical Therapy, Cairo University

2012-2014 Pre-PhD (courses), Faculty of Physical Therapy, Cairo University.

July 2012 MSc Degree in Neuromuscular Disorders and its surgery, Faculty of Physical Therapy, Cairo University

2008-2010 Pre-MSc (courses), Faculty of Physical Therapy, Cairo University

2005-2006 Practical training year, Cairo University, Egypt

2001-2005 BSc, Cairo University, Egypt

Graduation Date: September 2005 For the 4 years (average grade 86.95%)

CAREER SUMMARY

I worked in the rehabilitation of neuromotor disorders at different private centres.
May 2007 to date, I started working at the out-patient clinic in the Faculty of Physical Therapy at Cairo University, Cairo, Egypt.

Aug 2015-date Working at Enaya Center for neurological rehabilitation, Nasr City, Cairo-Egypt.

Nov 2013 –Dec 2014 Member of students' lab committee

May 2013 –April 2014 Working at motion analysis lab (MAC), Cairo, Egypt.

Sep2012-Dec.2012	Consultant at ALDR Center for pediatric rehabilitation, Heliopolis, Cairo, Egypt.
May2005-March2013	Working at Free2Move (F2M) Center for pediatric rehabilitation, Al-Mohandesen, Cairo, Egypt.
Dec.2005- Feb.2006	Working at AL- Nour center for Physical Therapy, Al-Giza, Egypt.
Dec.2006-June 2007	Working at International Center of Physical Therapy for Neuromotor disorders, Al-Agoza Cairo, Egypt.
July 2012- date	Assistant Lecturer, Department of Neuromuscular disorder and its surgery, Faculty of Physical therapy- Cairo University.
May2007- June2012	Demonstrator, Department of Neuromuscular disorder and its surgery, Faculty of Physical therapy- Cairo University.

RELATED TRAINING COURSES AND WORK SHOPS

March 2017	“Management of the upper limbs after stroke” workshop at the International Conference of Faculty of Physical Therapy, Cairo Uni
Dec 2016	“Neuro-otology workshop” at th 8 th Annual meeting of Neurology Department , Kasr Al Ainy Venue: LRC, Kasr Alainy, Cairo Uni
March-Mai 2016	The assessment and treatment of adult neurological condition –The Bobath Concept (Basic Course).
Nov 2014	Assessment and treatment of neurological cases (part 1 and 2) organized by Primephysio Association. Venue: Cairo-Egypt.
March 2015	NDT workshop organized by Faculty of Physical Therapy. Venue: Conference, Cairo Uni-Egypt.
Jan 2014	General Osteopathic Techniques (GOT). Venue: Cairo-Egypt.
July-Dec 2013	Diploma in Musculoskeletal Physiotherapy organized by; Primephysio Association. Venue: Cairo-Egypt.
Jan 2013	Attending “Precutaneous spinal cord stimulation and recording multisegmental motor responses in upper and lower limbs”. Venue: Faculty of physical Therapy, Cairo-Egypt
Dec 2012	Anatomical consideration in Surface EMG. Venue: F2M center, Cairo-Egypt.
July 2012	Treatment and management of child with Central nervous system dysfunction. Venue: F2M center, Cairo-Egypt.

- June 2012** Advances in Neurological physiotherapy rehabilitation.
Venue: F2M center, Cairo-Egypt.
- Jan 2012** Treatment and management of child with cerebral palsy.
Venue: F2M center, Cairo-Egypt.
- Dec 2012** Gross anatomy and Kinesiology of lower limbs.
Venue: Anatomy Lab, Kasr Elaini School of Medicine.
- Dec 2012** Workshop about "Establishing self-study for the educational institute"
organized by the QAA, Cairo, Egypt.
- April 2011** The NDT concept in paediatrics workshop
Venue: Cairo, faculty of Medicine, Learning Recourse centre (LRC)
- July 2010** The therapy with the use of the DUNAG 02 dynamic orthosis course (part two)
Venue: Cairo, free2move centre
- February 2010** Clinical Training-Introductory Course for Bobath concept for pediatric
Venue: F2M Centre for pediatric rehabilitation, Al-Mohandesen, Cairo, Egypt
- November 2009** Foot pressure distribution and force plate workshop.
Venue: The Scientific Committee of workshops, faculty of Physical Therapy-Cairo University
- July 2009** The therapy with the use of the DUNAG 02 dynamic orthosis course (part one of two).
Venue: Cairo, Cure &Care centre .
- February 2007** Motion and Gait analysis workshop.
The Scientific Committee of workshops, The international Scientific Conference, faculty of Physical therapy
- December 2007** Attending workshop about “Physical therapy Role in prevention and treating bronchitis in new born”, at Support Education Training for Inclusion(SETI) Center, Cairo, Egypt.
- June 2006** Post graduate course in cupping therapy APT
Faculty of physical therapy, Cairo University
- July 2006** Emergency first aids course
Embaba General Hospital with cooperation with Medical training Department of international cultural center (ICC)
- June 2005** Principles and Practical Applications of Radiodiagnosis, Ahmad Maher Teaching Hospital with cooperation with Medical training Department of international cultural center (ICC)

CONFERENCECS

During my career I attended the following conferences;

- March 2017** The international Scientific Conference of faculty of physical therapy, Cairo University, Egypt.
- April 2013** The 14th international Scientific Conference of faculty of physical

- 4 Dec 2010** therapy, Cairo University, Egypt.
The Scientific Conference of the Department of Neuromuscular disorder and its surgery, Faculty of Physical therapy- Cairo University.
- Venue: Conference Center Al-Kasr Al-Aini-Caio, Egypt.
- 19-20 June 2010** The 2nd international congress of progenitor cell research
Venue: Cairo university Conference center
- 12-13 June 2010** The 6th national conference of Human performance in health and disability
Venue: Kasr AL Aini Hospital
- 27-29 May 2010** The 5th EEMCPDM
Venue: Beirut, Lebanon
- 1-3 April 2010** Neurocritical care , educational symposium
Venue: Cairo, Egypt
- April 2010** The 13th international Scientific Conference of physical therapy, Cairo University, Egypt
- February 2010** The international symposium for CP
Venue: Learning Resource centre, faculty of Medicine, Cairo University
- March 2009** The 12th international Scientific Conference of physical therapy, Cairo University, Egypt
- April 2007** The 3rd national conference for human performance in health and disability
Venue: al- Kasr Al-Ainy, Cairo, Egypt
- April 2007** The first regional of the conferences in the middle east (CDOT), Ean Shams University, Cairo, Egypt.
- March 2003** The 6th international Scientific Conference of physical therapy, Cairo university, Egypt

TEACHING EXPERIENCE

My preferred teaching subject is the neurological rehabilitation for neuromotor disorders. I have experience of teaching undergraduate students, since 2007 up to date, the applied and practical courses concerned with neurological rehabilitation of different neurological diseases at the Faculty of Physical Therapy, Cairo University.

-In addition, I participate in teaching undergraduate students the "Basic Musculo-skeletal anatomy course for upper and lower limbs" during the academic year **2011**, Anatomy Lab, faculty of Physical Therapy, Cairo University.

June 2017, I attend a workshop about "Statistical Analysis of Bio-Experiments" organized by FLDC, Cairo-Uni., Egypt.

May 2017, I attend a workshop about "Principles of Clinical Trials" organized by FLDC, Cairo-Uni., Egypt.

April 2017, I attend a workshop about "Change Management" organized by FLDC, Cairo-Uni., Egypt.

Dec 2016, I attend a workshop about "International Publication" organized by FLDC, Cairo-Uni., Egypt.

-Jan 2015, I attend a workshop about "University Code of Ethics" organized by FLDC, Cairo-Uni., Egypt.

-July 2012, I attend a workshop about "the effective presentation skills" organized by F2M center, Cairo-Egypt.

-June 2012, I attend a workshop about "the effective presentation skills" organized by FLDC, Cairo-Uni., Egypt.

-June 2012, I attend a workshop about "Management of research team" organized by FLDC, Cairo-Uni., Egypt.

-2012, I attend a workshop about "University Legal and financial aspects" organized by FLDC, Cairo-Uni., Egypt.

-2012, I attend a workshop about "Use of Technology in Teaching" organized by FLDC, Cairo-Uni., Egypt.

-June 2012, I attend a symposium about "Academic Advisor" organized by the training committee, Quality Assurance unit at Faculty of physical Therapy, Cairo-Egypt

-In November 2011, I attend a workshop about "internal auditor" organized by training committee at faculty of Physical Therapy, Cairo University, Egypt.

-April 2011, I attend a workshop about "preparing and analysis of questionnaires" organized by quality assurance and accreditation center (QAAC), Cairo University, Egypt.

-May- June 2008, I attend workshops about "time and meeting management" and "credit hours system" organized by FLDP Centre, Cairo University, Egypt.

PUBLICATIONS

Awad A, Shaker H, Shendy W, Fahmy M: Effect of shoulder girdle strengthening on trunk alignment in patients with stroke. *J. Phys. Ther. Sci.* 27: 2195–2200, 2015.

Awad A, Shaker H, Shendy W; Effect of shoulder girdle strengthening on trunk alignment in patients with stroke. In WCPT Congress proceedings; *Physiotherapy* 2015; Volume 101, Supplement(1). (Poster Number: RR-PO-22-22-Mon).

Awad A, Shaker H , El Gohary A , Marzouk S , Hassan A.: Effect of Balance Training on Multiple Sclerosis Related Fatigue: A Randomized Controlled Trial. *International Journal of ChemTech Research*: 10 (5): 443-450, 2017.

OUTREACH ACTIVITIES

July 2017 Practical lecture about rehabilitation of cerebellar ataxia, Primephysio study cycle, organized by Primephysio Association, Cairo, Egypt.

March 2017 Practical lecture about vestibular rehabilitation, Primephysio study cycle, organized by Primephysio Association, Cairo, Egypt.

21,22 Jan 2017 Speaker in a workshop about “Movement Analysis for Clinical Reasoning in Adults Neurological Rehabilitation”. Organized by Training Unit, Faculty of Physical Therapy, Cairo University, Egypt.

- 31 Jan 2017** Practical lecture about reaching and grasping normal movement, Primephysio study cycle, organized by Primephysio Association, Cairo, Egypt.
- Jan 2016** Speaker in a workshop about Gait Deviations, LRC, Kasr Al Ainy, Egypt.
- Dec 2015** Speaker in a workshop about Bobath concept in adult neurology, Faculty of Physical Therapy, Cairo University, Egypt.
- Sep 2015- November 2016** Coordinator of PhysioLearn group; continuous education group, Egypt.
- August 2013:** Shared in a practical training about (Motor control of reaching and grasping) and (Motor control of up and down stairs activities) as a part of the student activity (P3 Power program) at Faculty of Physical Therapy- Cairo Uni, Egypt.
- March 2013** Shared in organization of the 14th international Scientific Conference of Faculty of Physical Therapy, Cairo University, Egypt.
- April 2013:** Speaker in the 2nd student scientific conference-Faculty of Physical Therapy, Cairo University, Egypt.
- October 2012:** Shared in establishing and teaching a practical training about "Normal Development and NDT concept" at Al-Eman Center-Tanta, Egypt.
- March 2011:** Shared in establishing and teaching a practical course about "the therapy with the use of the DUNAG 02 dynamic orthosis- Part II" at free2move Ped Rehab center-Cairo, Egypt.
- Sep 2010 -2016** Member of the Quality Assurance Unit at Faculty of Physical Therapy, Cairo University, Egypt.
- 2016-up to date** Member of the Quality Assurance group at the Department of Neuromotor disorders, Faculty of Physical Therapy, Cairo University, Egypt.
- Dec 2010:** Shared in establishing and teaching a practical course about "the therapy with the use of the DUNAG 02 dynamic orthosis-Part I " at free2move Ped Rehab center-Cairo, Egypt.
- October 2010:** Shared in establishing and teaching a practical day under the title of "Running across children with cerebral palsy" at free2move Ped Rehab center-Cairo, Egypt.
- Nov 2009- Sep 2010:** Participant in the Project of Continuous and Qualification for Accreditation (CIQAP) at Faculty of Physical Therapy, Cairo University, Egypt
- July 2010:** Volunteer in Campaign to the Qena Public Hospital for evaluating patients with neuromotor disorders- Free2move Ped Rehab Center-Cairo, Egypt.
- July 2009:** Volunteer in Cairo University Campaign for evaluating pediatric and adult cases with neuromotor disorders.

July 2008: Shared in establishing and teaching a practical course about rehabilitation for therapists working at health insurance organized by F2M and Allergan company, Cairo, Egypt.

LANGUAGE SKILLS:

- Mother tongue : Arabic (spoken/written excellent)
- Second language: English (spoken/written, very good)
- I passed English language exam (**TOFEL**, the local testing program) with score 590.