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PERSONAL INFORMATION

- **Name** : Ashraf Ahmed Abdelmoneim Darwesh
- **Birth Date** : 22/1/1976
- **Nationality** : Egyptian
- Profession** : Assistant Professor in physical therapy for Neurology and Neurosurgery department – Faculty of Physical Therapy- Cairo University
- **Gender** : Male
- **Mobile** : 00201111462073
- **E- Mail** : ashraf.darwesh@pt.cu.edu.eg

EDUCATION AND TEACHING QUALIFICATION

PhD in physical therapy for Neurology in August 2011 from faculty of physical therapy Cairo university

Msc in Physical Therapy for Neurological disorder in July 2005 from Faculty of Physical Therapy, Cairo University

BSc in physical therapy in May 1998 from Faculty of Physical Therapy Cairo University

- Demonstrator at the Department of Physical Therapy for Neurological and Neurosurgical Disorder, Faculty of Physical Therapy, Cairo University, in the period from November 1999, to October 2005.

- Assistant lecturer at the Department of Physical Therapy for Neurological and Neurosurgical disorders, Faculty of Physical Therapy, Cairo University, from October 2005, till September 2008.

- Lecturer at the Department of Physical Therapy for Neurological and Neurosurgical disorders, Faculty of Physical Therapy, Cairo University, from July 2013, till July 2019.

- Associate Professor at the Department of Physical Therapy for Neurological and Neurosurgical disorders, Faculty of Physical Therapy, Cairo University, from July 2019, till now.

PUBLISHED ARTICLES:

- 1- Adel Hassanein, Magdy Arafa, **Ashraf Ahmed**. Effect of Galvanic Vestibular Stimulation on Recovery from Gaze Palsy. Egypt J Neurol Psychiat Neurosurg 2005; 42(2): 359-364.

- 2- **Ashraf A. Darwesh**, Ashraf A. El-Marakby, Doaa A. Khalifa, Ahmed M. Aboeleneen and Ahmed A. Gad. Low intensity laser therapy versus ultrasound diathermy on hand grip strength, pain sensation and psychological well-being in patients with Lateral epicondylitis. *Advances in Environmental Biology* 2012; 6 (3): 1112-1116.
- 3- Ashraf A. El-Marakby, **Ashraf Darwiesh**, Ehab Anwar, Ahmed Mostafa , Salwa R. El-Gendy , Riziq Allah Gaowgzeh and Ahmed Jad (2013). Aerobic Exercise Training and Incentive Spirometry Can Control Postoperative Pulmonary Complications after Laparoscopic Cholecystectomy. *Middle-East Journal of Scientific Research* 13 (4): 459-463.
- 4- Ahmed M Aboeleneen and **Ashraf Darwesh**. Effect of Pulsed Magnetic Field on Cervical Dysfunction. *Indian Journal of Physiotherapy and Occupational Therapy*. January-March 2015, Vol. 9, No. 1.
- 5- Salwa R. El-Gendy, Enas Elsayed, Amer Alsaif, Isabelle Devreux, Ahmed Aboeleneen and **Ashraf Darwesh**. Awareness of Patients with Chronic Obstructive Pulmonary Disease with Dyspnea and Fatigue Self-Management Guidelines. *Middle-East Journal of Scientific Research* 23 (1): 01-06, 2015.
- 6- Ahmed M. Aboeleneen, Mohamed Samy Abdrabo and **Ashraf Darwesh**. Knee Joint Reposition Accuracy among Chronic Low Back Pain Patients and Healthy Subjects. *Middle-East Journal of Scientific Research* 23 (9): 2213-2218, 2015.
- 7- Mohamed Fawzy El-Banna, **Ashraf Darwesh**, Ahmed M. Aboeleneen, Salwa R. El-Gendy and Enas Elsayed. Effect of Suspension Therapy on Balance in Spastic Diplegic Cerebral Palsied Children. *Middle-East Journal of Scientific Research* 24 (1): 29-33, 2016
- 8- Ahmed M. Aboeleneen and **Ashraf Darwesh**. Knee Joint Proprioception And Quadriceps Muscle Strength Among Diabetic And Non Diabetic Subjects. *Int J Physiother*. Vol 3(6), 687-692, 2016.
- 9- **Ashraf Darwesh**, Moussa A. Sharaf and Ahmed M. Aboeleneen. Isokinetic Testing of Ankle Muscular Strength And Proprioception, Balance And Nerve Conduction In Patients With Polyneuropathy. *Int J Physiother*. Vol 4(6), 335-342, December (2017).
- 10- **Ashraf Darwesh** , Ehab A. Hafez, Ahmed M. Aboeleneen Ehab Mohamed Abd El-Kafy, Ahmed Mohamed Elsodany. Effect of Smart tablet Applications on Hand Function in Children with Bilateral Spastic. *Jokull Journal* Vol 67(5); 2017.
- 11- **Ashraf Darwesh**, Ehab A. Hafez, Ahmed M. Aboeleneen, Mohamed F. El-Banna, , Salwa R. El-Gendy. Three-dimensional gait analysis for spatiotemporal parameters in obese children. *IOSR Journal of Nursing and Health Science*. Vol 7 (3), 11-16, 2018.

12- Ehab A. Hafez, Ahmed M. Aboeleneen and **Ashraf Darwesh** Effect of Elliptical Training on Fatigue Rating Among Children With Hemiparetic Cerebral Palsy. *Jokull Journal*, Vol 68(7); 2018.

13- **Ashraf Darwesh**, Ahmed M.Aboeleneen, Ebtehal Milibari , Rawan Alsharif Effect Of Robot Assisted Training On Hand Function In Stroke Patients. *IOSR Journal of Nursing and Health Science*.2018; 7 (3):5-10, 2018

14- Heba Embaby, Ahmed M.Aboeleneen, Racha Hegazy, **Ashraf Darweesh**. Effect of Acupuncture TENS on sciatic pain during pregnancy. *International Journal of ChemTech Research*. 2018;11 (7): 226-234.

15- **Ashraf Darwesh**, Ehab A. Hafez, Ahmed M. Aboeleneen, Mohamed F. El-Banna, , Salwa R. El-Gendy. Three-dimensional gait analysis for spatiotemporal parameters in spastic diplegic cerebral palsied children *IOSR Journal of Nursing and Health Science*. Vol 8 (5), 1-9, 2019

16. Gazal Tareq Bahrawia , Arwa Ismail Fatanib , Heba Embaby,,Rasha Hegazy, , **Ashraf Darwesh** , Ahmed Aboeleneena,e ,Ziyad Neamatullaha , Salwa R. El-Gendy Impact of Mulligan Taping Technique in Patients with Frozen Shoulder. *IOSR Journal of Nursing and Health Science* Volume 9, Issue 3 Ser. XI (May - June 2020), PP 05-09

17. Rasha Hegazy, Afnan Alkhateeb, Bassam Ahmed, Nabil Abd El-Maboud, Heba Embaby, Sabah Mohamed Elkady, Enas Elsayed, **Ashraf Darweesh**.Relationship between Cognitive Function and the Upper Limb Function in Multiple sclerotic Patients *NeuroQuantology* 2022; 20(9): 2161-2164

18- Mohamed Bayoumi Shaheen; Gehan M Ahmed; Nervana M. El Fayoumy ; **Ashraf A Darwesh**; Hossam Mohammed Alsaid: Effect of Activity-based Mirror Therapy on Gait Parameters in Chronic Stroke Patients. *Eur. Chem. Bull.* 2023, 12(6), 1429-143

19. H. Mahmoud, A. ALhathila², A. EL-Fiky^{1,6}, M.S. ALGhamdi, R. Alwafi, M.S. EL-Sayed, A.A. Thabet¹, A.M. ALKhateeb, S.R. ELgendy, R. Hejazy, **A. Darweesh**. Incidence of Guillain-Barré Syndrome post COVID-19: a systematic review of case reports and case series. *European Review for Medical and Pharmacological Sciences* 2023; 27: 2152-2164.

CONFERENCES AND WORKSHOPS

1. Participant in 9th International Scientific Conference titled, Physical therapy is a safe cure – Cairo, Egypt - March 2006.

2. Participant in 10th International Scientific Conference titled, Physical therapy and Fuchure Challenges – Cairo, Egypt - March 2007.

3. Participant in 11th International Scientific Conference titled, Physical therapy and the Art of Caring – Cairo, Egypt - March 2008.
4. Participant in 1st Conference of Orototics, Prothesis Technology Organized by Faculty of Physical Therapy – Cairo University, Egypt – June 2008.
5. Participant in workshop about ABC of dynamic EMG for physical therapists in Jeddah Feb.2010 organized by Saudi Physical Therapy Association (SPTA) .
6. Participant in clinical meeting about Gait Analysis in Cerebral Palsy in Saudi German Hospital in collaboration with Saudi Physical Therapy Association, March 2011.
7. Participant in Workshop about Gait and Balance Analysis Organized by Saudi Physical Therapy Association, March 2011.
8. Participant in 1st Saudi International Rehabilitation Conference titled, Updates in Medical Rehabilitation of Disability Caused by Neurological Diseases, Jeddah, March 2011.
9. Participant in workshop about Vestibular and Cervicogenic Dizziness Diagnosis and Rehabilitation in 1st Saudi International Rehabilitation Conference titled, Updates in Medical Rehabilitation of Disability Caused by Neurological Diseases – Jeddah - March 2011.
10. Participant in workshop about Gait Analysis with Locometer in 1st Saudi International Rehabilitation Conference titled, Updates in Medical Rehabilitation of Disability Caused by Neurological Diseases – Jeddah - March 2011.
11. Participant in workshop about Balance: Assessment and Training in 1st Saudi International Rehabilitation Conference titled, Updates in Medical Rehabilitation of Disability Caused by Neurological Diseases – Jeddah - March 2011.
12. Participant in workshop about Electrotherapy & Shockwaves. Organized by King Fahd Hospital – Jeddah – January 2012.
13. Participant in workshop about Rehabilitation Technology in Disabilities Organized by Saudi Physical Therapy Association, February 2012.
14. Participant in 2nd Saudi International Rehabilitation Conference with the 7th Congress of pan- Arab Association of Physical Medicine and Rehabilitation– Jeddah - March 2013.
15. Participant in Workshop about Back Manipulation in 2nd Saudi International Rehabilitation Conference with the 7th. Congress of pan- Arab Association of Physical Medicine and Rehabilitation– Jeddah - March 2013.
16. Speaker of the lecture titled “Neurological Rehabilitation of Stroke Patients” held in Stroke Day Symposium organized by King Fahd General Hospital and Saudi

stroke association. Jeddah, KSA– Feb 2012.

17. Participant in International conference of Cerebral Palsy update and Advances at Disabled Children Association – Riyadh – KSA. Dec 2012.

18- Participant in workshop about Spinal decompression and update Organized by Saudi Physical Therapy Association, March 2015 in Abdul Latif Jameel Hospital.

19. Attendance of clinical talk about Introduction to Mulligan Concept presented by Dr. Brian Mulligan, June 2015 in King Abdulaziz Medical City in Jeddah.KSA.

20- Participant in workshop about How to use Blueprint to validate students assessment methods, knee held at University education developing center KAU Jeddah – KSA. April 2017.

21- Participant in workshop entitled Diagnostic Radiology of spine and knee held at Radisson Blu Hotel – Jeddah – KSA. March 2018.

22- Participant in workshop of Electoneurography and EMG held at Pyramiza, Cairo, Egypt 7-8 June 2019

23. Attendance of training course titled Course design, at Center for Teaching and Learning Development KAU, Jeddah – KSA. December 2019

24. Attendance of training course titled Discovering Correlation and Regression Techniques using SPSS.at Center for Teaching and Learning Development KAU Jeddah – KSA. November 2021

25- Participant in Symposium for WASM society of Multiple Sclerosis – Jeddah – KSA. December 2021

26. Speaker of the workshop for internship students titled “Hand Rehabilitation in Stroke Patients” held in Faculty of Physical Therapy. Cairo University, November 2022.

27- Participant in Nature Research Academies workshop entitled Clinical Research Methodology 25 September 2023

THE FACULTY AND LEADERSHIP DEVELOPMENT CENTER (FLCD) COURSES:

1. Modern methods of teaching which was held in the period from 4/09/2006 to 6/09/2006

2- International publication which was held from 28 to 30/08/2006

3. Thinking Skills program, which was held in the period from 11/09/2006 to 13/09/2006

4. Using technology in teaching, which was held from: 11/9/2006 to 13/9/2006.
5. Time and meetings management, which was held in the period from 23/6/2008 to 25/6/2008.
6. Credits program, which was held from 24/08/2009 to 26/08/2009.
7. Financial aspects in universities, which was held in 24- 25/07/2017.
8. Managing Research Teams which was held from 20 to 21/06/2018
9. Bio-Statistical analysis which was held from 1 to 2/06/2018
10. Quality trends in teaching which was held from 14 to 15/08/2018
11. Evaluation Standards and Exams which was held from 23 to 24/06/2018
12. Stress management which was held from 25 to 26/06/2018

SUPERVISION OF THESES

Master thesis No. (1)

Thesis title **Relationship of Cognition and Depression to Balance in Patients with Multiple Sclerosis**

Student Name: Rawan Mohammed Batarfi

Institution: (King Abdulaziz University, KSA)

Master thesis No. (2)

Thesis title **EFFECT OF LUMBAR PROPRIOCEPTIVE TRAINING ON CORTISOL LEVEL AND PROINFLAMMATORY CYTOKINES IN LUMBAR RADICULOPATHY PATIENTS**

Student Name: AMIRA ELSAYED ELSAYED BAHLOL

Institution: (Cairo university, Egypt)

Master thesis No. (3)

Thesis title: **EFFECT OF HIGH POWER LASER THERAPY ON PAIN AND ELECTROPHYSIOLOGICAL STUDY IN CERVICAL RADICULOPATHY PATIENTS: RANDOMIZED CONTROLLED TRIAL**

Student Name: DINA AHMED SHERIF SHERIF

Master thesis No. (4)

Thesis title: **RELATIONSHIP BETWEEN DIABETIC PERIPHERAL NEUROPATHY AND COGNITIVE FUNCTIONS**

Student Name: AHMED HAMDY MOKHTAR AHMED

Institution: (Cairo university, Egypt)

Master thesis No. (5)

Thesis title: **Impact of the craniovertebral angle on the cervicogenic dizziness and the risk of falling in patients with cervical radiculopathy**

Student Name: Sara Abdulrahman Alsayed

Institution: (Cairo university, Egypt)

Master thesis No. (6)

Thesis title: **RELATIONSHIP BETWEEN MORPHOLOGICAL CHANGES OF SPASTIC UPPER EXTREMITY MUSCLES AND FUNCTIONAL ABILITY IN POST STROKE PATIENTS**

Student Name: Merna Gamal Helmy Gerges

Institution: (Cairo university, Egypt)